

Sol Box Fitness Club - Miami

miami

☐ I'm not a robot
 

Published on: 07/05/25	Hits: 600
Comments: 0	See comments
Votes: 60	Score: 4.6

https://www.electrofitness.com/boxing-club/miami/sol-box-fitness-club-miami_278322.php



miami

Sol Box Fitness Club - Miami

Welcome to Sol Box Fitness Club: Miami's Premier Boxing Destination

Sol Box Fitness Club, located in the vibrant city of Miami, Florida, stands out as an exceptional boxing gym that caters to both beginners and seasoned fighters. With its focus on proper boxing techniques and strategy, it's no wonder that members rave about their experiences here.

Accessibility and Planning at Sol Box

One of the standout features of Sol Box Fitness Club is its commitment to ****accessibility****. The gym boasts a ****wheelchair-accessible car park****, ensuring

that everyone can join in on the action. The ****wheelchair-accessible entrance**** provides easy access for all members, making it a welcoming environment for those with mobility challenges.

Membership Required for an Exclusive Experience

To become a part of this amazing community, a ****membership is required****. Members appreciate the intimate atmosphere of the gym, which allows for personalized coaching and attention. Coach Djinji Brown, known for his passion and expertise, has been highlighted by members for his ability to provide constructive feedback and teach the nuances of boxing effectively.

A Positive and Supportive Environment

Many members describe Sol Box as their second home. With its friendly vibe and positive energy, people look forward to their workouts. Members report feeling like champions each time they step into the gym, thanks to the motivating instructors and supportive peers. The club's unique decor, featuring graffiti and artwork, adds to the inspiring atmosphere. This combination of creativity and athleticism fosters a sense of belonging and community among members.

High-Intensity Classes That Deliver Results

The classes at Sol Box are designed to be high-energy and engaging. Whether you're looking to improve your technical boxing skills or simply get fit, the dynamic classes cater to all fitness levels. Members who initially struggled with their fitness have shared incredible success stories, noting significant weight loss and overall improvements in strength and endurance.

Why Choose Sol Box Fitness Club?

1. ****Expert Coaching****: The staff at Sol Box, particularly Coach Djinji, are praised for their extensive knowledge and dedication to teaching. They focus on proper movement mechanics and tailor workouts to meet individual needs. 2. ****Community Feel****: Unlike larger gyms, Sol Box offers a close-knit environment where members feel comfortable and supported. The welcoming atmosphere encourages newcomers to push past their limits. 3. ****Unique Experience****: Sol Box is not just about hitting bags and working out; it's about joining a tribe. Many members express the sentiment that training here transcends traditional gym experiences, as it fosters personal growth and camaraderie. In conclusion, if you are looking for a boxing club that prioritizes technique, community, and accessibility, Sol Box Fitness Club in Miami is the ideal choice. With a variety of classes and an environment that makes every workout enjoyable, you will find yourself motivated to return again and again.

Our business is found at

7101 N Miami Ave # 107, 33150 Miami, Florida - United States (US)

The phone number of the respective **Boxing club** is +1305-759-7685
And if you want to send a WhatsApp, you can do so at +1305-759-7685

In case you want to adjust any detail that you think is incorrect about this portal, we kindly request forward a message so that we will fix it quickly. With anticipation thanks.

Images



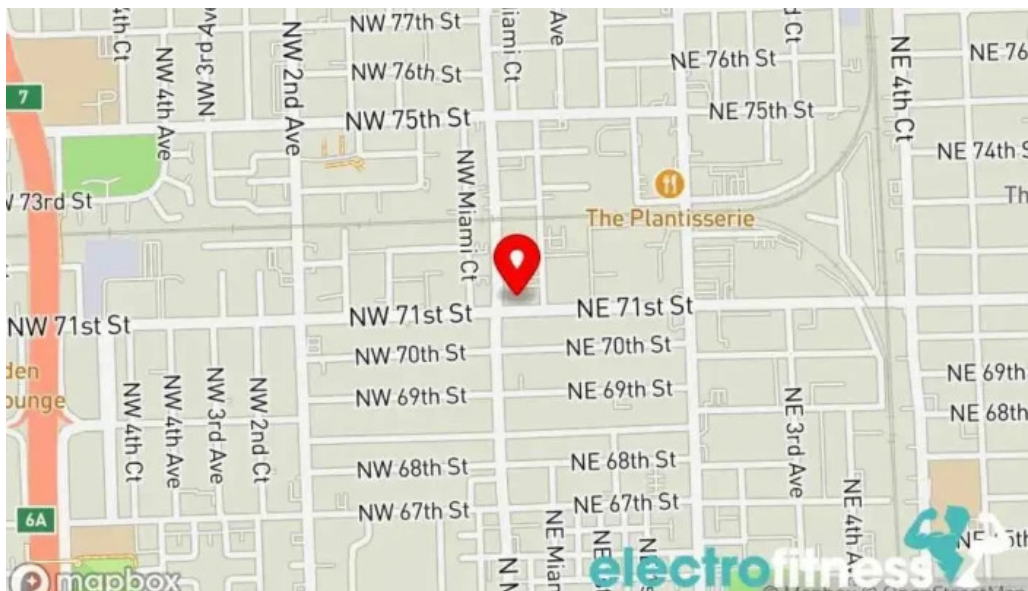
Sol box fitness club videos



Sol box fitness club street view 360deg



Sol box fitness club miami



Sol box fitness club map



Sol box fitness club gym



Sol box fitness club by owner



Sol box fitness club boxing



Sol box fitness club boxing club



Sol box fitness club all

Tags

Planning, Membership required, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility

Related content

- 5.0 *** *Miami Strong Gym - Miami*
- 4.8 *** *Box 2 Burn - Westford*
- 4.2 *** *Jam Box Fitness Lounge - Farmers Branch*
- 5.0 *** *Ross Fitness - Out of the Box Training - Ayer*
- 4.7 *** *Yachtside Fitness: Downtown Miami - Miami*
- 4.6 *** *The Paseo Club - Valencia*
- 4.8 *** *Hard Training Club Llc - Washington*
- 4.5 *** *The Thoreau Club - Concord*
- 5.0 *** *Koko Fit Club - North Attleborough*
- 4.3 *** *Club Studio - Walnut Creek*

Categories

academic department

acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness

fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer

pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service

weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization