

Urban Boxing Bethesda - Bethesda

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Urban Boxing Bethesda: A Premier Boxing Gym Experience

If you're looking for an outstanding boxing gym in **Bethesda, Maryland**, look no further than **Urban Boxing Bethesda**. This facility offers a blend of professional training, community spirit, and an engaging atmosphere perfectly suited for both beginners and experienced boxers.

Service Options and Amenities

Urban Boxing Bethesda caters to a diverse clientele with various **service options**. Whether you're interested in group classes, personal training, or

online classes, this gym has it all. The **amenities** include a well-maintained space, top-notch equipment, and a clean environment. Members appreciate that they have access to a **wheelchair-accessible car park**, ensuring that everyone can enjoy the facilities.

Community and Coaching

The gym boasts a welcoming community with instructors who are not only knowledgeable but also incredibly supportive. As one member shared, "The environment is motivating and encouraging." Whether you're a seasoned boxer or just starting, you'll find that the coaches at Urban Boxing take the time to explain techniques clearly while pushing you to reach your potential. From **Coach Sula** to **Coach David**, each instructor brings their unique style, making every class enjoyable and effective.

Family-Friendly Environment

Urban Boxing Bethesda is **good for kids**, offering specialized classes where young learners can engage in physical activity in a safe environment. Parents have noted how their children feel welcomed and encouraged, which helps build confidence and camaraderie among peers. One parent even remarked, "My son hasn't seen many of his friends since the pandemic started; this gym made it easy for him to meet new age mates."

Accessibility and Planning

With thoughtful **accessibility** features, such as a **wheelchair-accessible car park**, Urban Boxing ensures that everyone can partake in its offerings. Moreover, the gym provides flexibility in **planning** your workouts, allowing members to pause memberships during inconvenient times, like cold winter months without needing a car.

Conclusion: Join the Urban Boxing Community

Urban Boxing Bethesda is more than just a place to exercise; it's a community where members support each other in achieving their fitness goals. The combination of expert coaching, a welcoming atmosphere, and a commitment to inclusivity makes it a top choice for anyone looking to get fit through boxing. If you're ready to take your first step, don't hesitate to try a class—your journey towards fitness begins here!

The premises are located at

4834 Cordell Ave, 20814 Bethesda, Maryland - United States (US)

The phone number of the respective **Boxing gym** is +1301-656-2186
And if you want to send a WhatsApp, you can do so at +1301-656-2186

Our service hours are:

Day	Hours
Monday	8:30?AM–2:30?PM
Tuesday	8:30?AM–2:30?PM
Wednesday	5:30?AM–8?PM
Thursday	7?AM–8?PM
Friday	5:30?AM–8?PM
Saturday	7?AM–8?PM
Sunday	5:30?AM–8?PM

The website is [Urban Boxing Bethesda](#)

In case you want to adjust any detail that you think is not accurate concerning this portal, we kindly request deliver a message so we can we will adjust it at the earliest convenience. Thank you in advance thanks.

Images



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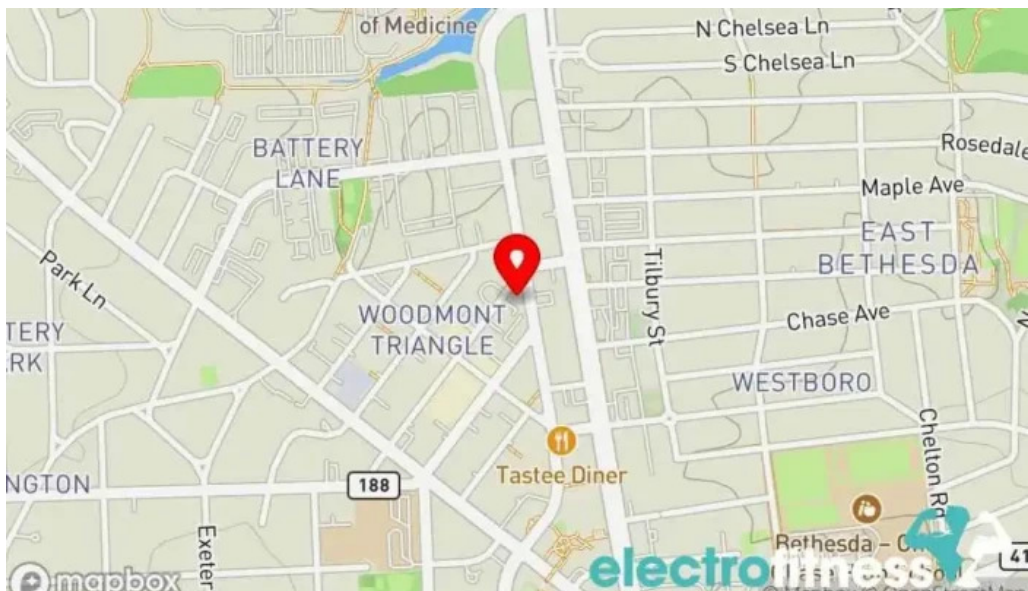
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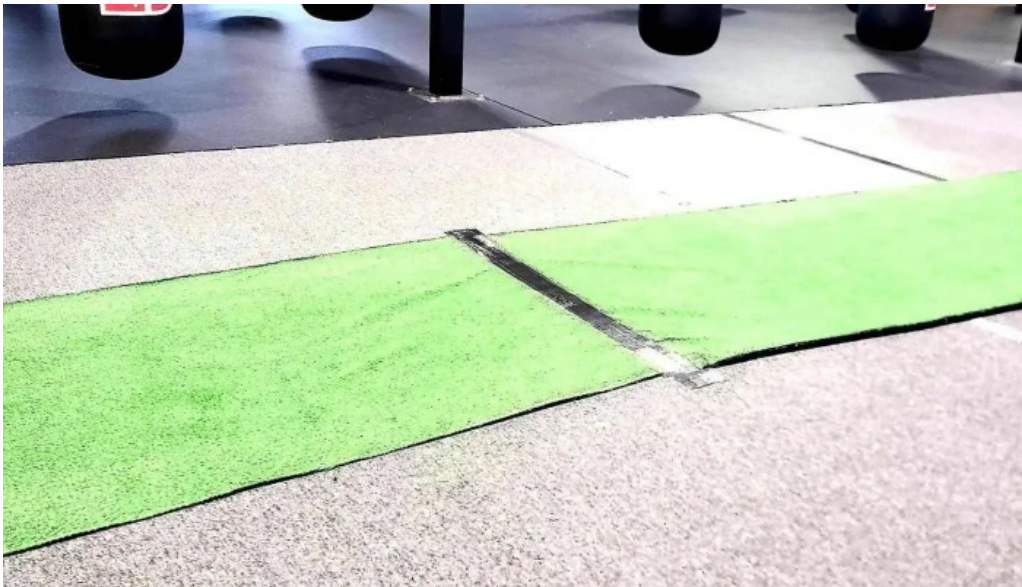
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Tags

Wheelchair-accessible car park, Good for kids, Accessibility, Planning, Online classes, Children, Membership required, Service options, Wi-Fi, Amenities

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