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### **Stoic Boxing - Highlands Ranch**

highlands ranch



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## highlands ranch

# Stoic Boxing - Highlands Ranch

# Welcome to STOIC Boxing: A Unique Gym Experience in Highlands Ranch, Colorado

At STOIC Boxing, now rebranded as "Stoogis Boxing," you'll find a unique environment that combines quality training with a commitment to inclusivity. Whether you're a seasoned boxer or just starting out, this gym offers a range of \*\*amenities\*\* designed to enhance your experience.

#### A Welcoming Atmosphere for Everyone

STOIC Boxing identifies as a \*\*women-owned\*\* facility that aims to create a safe and inviting space for all. It is recognized as a \*\*transgender safe space\*\*, ensuring everyone feels comfortable regardless of their identity. The gym also features \*\*gender-neutral toilets\*\*, promoting an inclusive atmosphere for both members and visitors.

#### Family-Friendly Services

STOIC Boxing is not just for adults; it's also \*\*good for kids\*\*. Parents can utilize the \*\*child care\*\* services while they train, providing peace of mind. This is a great option for families looking to engage in physical fitness together. The gym features a \*\*wheelchair-accessible car park\*\*, making it accessible for everyone in the community.

#### **Comprehensive Training Options**

With a focus on individualized training plans, the coaching staff takes the time to understand each member's unique goals. This approach has received praise from many, stating that the coaching is phenomenal and tailored to fit diverse needs. From expert guidance to high-quality training, STOIC Boxing emphasizes the importance of a personalized experience.

#### Health and Wellness Amenities

In addition to boxing, the gym offers additional \*\*on-site services\*\* like a \*\*sauna\*\*, perfect for those looking to relax after a tough workout. Members also have access to \*\*outdoor services\*\*, allowing them to enjoy fresh air while engaging in training sessions.

#### **Commitment to the Community**

STOIC Boxing is proud to support the local community by offering \*\*active military discounts\*\*. This initiative highlights their dedication to giving back to those who serve, making it a gym that truly cares about its members.

#### From the Business

Despite some mixed reviews regarding the owner's demeanor, many members express gratitude for the supportive culture and outstanding training programs. The gym fosters a positive environment for improvement in physical fitness and mental health.

#### Conclusion

Whether you are looking to learn self-defense, improve your boxing skills, or simply stay fit, STOIC Boxing in Highlands Ranch has something for everyone. With its focus on inclusivity, personalized training, and community engagement, it stands out as a premier choice in the area. Join today and be part of a gym that celebrates diversity and encourages growth!

#### Our establishment is located at

The contact phone of the mentioned **Boxing gym** is  $\pm 1720-627-8102$ And if you want to send a WhatsApp, you can do so at $\pm 1720-627-8102$ 

#### Our opening hours are:

Day Hours Monday 10?AM-7?PM Tuesday 5-7?PM Wednesday 10?AM-7?PM Thursday 10?AM-7?PM Friday 6-7?AM Saturday Closed Sunday 10?AM-12?PM

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## Tags

Highlights, Child care, Sauna, Wheelchair-accessible car park, Planning, Gender-neutral toilets, Amenities, Active military discounts, Appointment required, Children, LGBTQ+ friendly, Good for kids, Service options, Accessibility, Transgender safe space, Crowd, On-site services, Identifies as women-owned, From the business, Outdoor services

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