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King's Boxing Gym - Oakland

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King's Boxing Gym - Oakland

Welcome to King's Boxing Gym in Oakland, California

If you're searching for an authentic boxing experience in the heart of Oakland, look no further than **King's Boxing Gym**. Known for its rich history and strong sense of community, this gym has been a foundation for local boxers for over 35 years.

Accessibility Features

King's Boxing Gym is committed to ensuring that everyone can enjoy their facilities. The gym features a **wheelchair-accessible entrance** and a

wheelchair-accessible car park, making it easier for individuals with mobility challenges to participate in the training sessions.

A Family-Friendly Environment

This gym is not just for adults; it's also **good for kids**! Many families have shared their experiences of training together at King's. One parent reminisced about bringing their child when they were just two years old, showcasing how the gym fosters a welcoming environment for youth. It's a perfect place to teach your children the discipline of boxing while keeping them active.

Membership Requirements

While **membership is required** to train at King's Boxing Gym, many patrons find that the investment is worthwhile. Members rave about the quality of coaching, the camaraderie, and the no-nonsense approach to boxing. Coach Frosty, among other trainers, has received high praise for their attention to detail and focus on functional strength.

High-Quality Training Experience

King's Boxing Gym is renowned for its **old school feel** and authenticity. As one patron described, it's a place without modern luxuries but filled with dedicated trainers and serious boxers. Whether you're a novice wanting to learn the basics or a seasoned fighter aiming to refine your skills, this gym offers an atmosphere conducive to growth and learning.

A Community Hub

The Kings – Mr. and Mrs. King – are celebrated for their contributions to the Oakland community, embodying the spirit of perseverance, truth, and strength. Their leadership and welcoming demeanor create a friendly atmosphere where members can feel at home. Many visitors have expressed appreciation for the support and friendliness they receive from both the staff and fellow gym-goers. In conclusion, if you're in Oakland and looking for a real boxing gym that caters to all ages and abilities, consider joining **King's Boxing Gym**. With its accessible facilities, family-friendly environment, and outstanding coaching, it is truly a gem in the boxing community. Don't miss out on the chance to push your limits and achieve your fitness goals in an inspiring space!

You can visit us at the address:

843 35th Ave, 94601 Oakland, California - United States (US)

The phone number of the respective **Boxing gym** is $\pm 1510-261-2199$ And if you want to send a WhatsApp, you can do so at $\pm 1510-261-2199$

We look forward to seeing you at:

Day Hours
Monday
2-8?PM
Tuesday
10?AM-8?PM
Wednesday
2-8?PM
Thursday
10?AM-8?PM
Friday
9?AM-1?PM
Saturday
Closed
Sunday
10?AM-8?PM

The website is King's Boxing Gym

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Tags

Children, Planning, Wheelchair-accessible car park, Accessibility, Good for kids, Membership required, Wheelchair-accessible entrance

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basketball court
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golf instructor
grocery store
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gymnasium school
gymnastics center
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rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic

sports nutrition store
sports school
summer camp organizer
supermarket
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