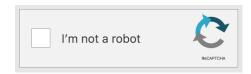


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Title Boxing Club Oakland Central - Oakland

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Title Boxing Club Oakland Central - Oakland

Welcome to TITLE Boxing Club Oakland Central

TITLE Boxing Club Oakland Central is not just another gym; it's a vibrant community where fitness meets fun, and everyone is welcomed with open arms. Nestled in the heart of Oakland, California, this boxing gym is perfect for anyone looking to get fit, improve their boxing skills, or even introduce their children to a new and exciting sport.

Why TITLE Boxing Club is Good for Kids

Parents searching for a fitness routine that is **good for kids** will find TITLE Boxing Club to be an excellent choice. The instructors are not only knowledgeable but also exceedingly supportive and patient. Comments from satisfied parents highlight how their children feel welcomed and encouraged from the moment they step inside the gym. The trainers focus on technique while ensuring the class is enjoyable, making it an ideal environment for young beginners who want to learn boxing fundamentals.

A Welcoming and Inclusive Environment

Accessibility is a cornerstone of TITLE Boxing Club's philosophy. The gym boasts a **wheelchair-accessible entrance**, ensuring that everyone can enjoy the benefits of boxing workouts. Members often mention the warm and inviting atmosphere that makes them feel like part of a family, regardless of their fitness level. Whether you're a beginner or an experienced boxer, the supportive community here encourages everyone to push themselves and achieve their personal best.

High-Energy Workouts for All Ages

Workouts at TITLE Boxing Club are invigorating and designed for all fitness levels. Multiple reviews celebrated the high-energy classes led by enthusiastic coaches like Byron, Michael, and Galia. Their training methods combine striking techniques with a solid workout that gets your heart pumping. "You won't just think about the workout; you'll feel the adrenaline and excitement," said a member who was thrilled after her first class. The adjustment options offered by instructors allow participants to engage at their own pace, which is especially beneficial for children and newcomers.

Facilities and Equipment

One of the standout features of TITLE Boxing Club Oakland Central is its well-maintained facilities. Cleanliness and organization are top priorities, providing a comfortable space for members to focus on their fitness journey. With a variety of equipment available, including heavy bags and light weights, participants have everything they need for effective training sessions. Families can rest assured that the environment is both safe and suitable for younger members.

Join the TITLE Boxing Community

In conclusion, TITLE Boxing Club Oakland Central is more than just a place to work out; it's a community that prioritizes inclusivity and accessibility for everyone, including children. With expert coaching, motivating classes, and a welcoming atmosphere, it's the perfect spot for families looking to incorporate fitness into their lives. Don't miss out on the opportunity to join this fantastic gym where everyone can thrive—sweating together, learning together, and getting stronger together.

The location of our premises is

360 22nd St Suite 360A, 94612 Oakland, California - United States (US)

The contact line of the mentioned **Boxing gym** is <u>+1510-250-9149</u> And if you want to send a WhatsApp, you can do so at<u>+1510-250-9149</u>

Our public attention hours are:

Day Hours Monday

6:15?AM-8?PM

Tuesday

6:15?AM-8?PM

Wednesday

6:15?AM-8?PM

Thursday

6:15?AM-8?PM

Eriday 8?AW-1?PM

Saturday

8?AM-1?PM

Sunday

6:15?AM-8?PM

The website is TITLE Boxing Club Oakland Central

If you need to alter any data that you believe is not accurate about this page, we kindly request send a message so we can we will fix it at the earliest convenience. Thank you in advance thank you very much.

Images



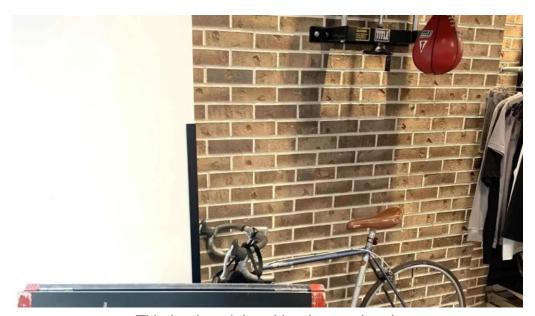
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Tags

Wheelchair-accessible entrance, Children, Accessibility, Good for kids

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