

## Box 2 Burn - Westford

westford

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## *Box 2 Burn - Westford*

### **Box 2 Burn: The Premier Boxing Gym in Westford, Massachusetts**

Box 2 Burn is not just any gym; it's a community-focused boxing gym that offers an unparalleled experience for fitness enthusiasts of all ages and levels. With a recent move to a larger facility, the gym has expanded its offerings and improved its **amenities** to provide members with the best workout environment possible.

### **Accessibility and Amenities**

This gym boasts a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, making it easy for everyone to join the fitness journey. Box 2 Burn ensures that all members have access to essential facilities, including clean **toilets** and free **Wi-Fi**. The gym's thoughtful design includes various **on-site services**, like a sauna and cold plunge, which enhance recovery after rigorous workouts.

## **Family-Friendly Environment**

One of the highlights of Box 2 Burn is its commitment to being **good for kids**. The gym offers high-energy classes specifically tailored for children, keeping them active while providing a fantastic introduction to boxing. Parents can feel at ease knowing that their children are in a safe and motivating environment, guided by knowledgeable instructors who make learning fun.

## **A Unique Training Experience**

Box 2 Burn is renowned for its diverse class offerings that cater to all fitness levels, whether you're a beginner or an experienced boxer. From strength and endurance classes to cardio boxing sessions, there's something for everyone. Members rave about the unique opportunity to train alongside boxing legend Micky Ward, which is a once-in-a-lifetime chance to learn from the best in the sport.

## **Online Classes and Service Options**

For those who prefer working out from home, Box 2 Burn offers **online classes** that allow members to engage in high-intensity workouts from the comfort of their own space. This flexibility makes it easier for busy individuals or families to maintain their fitness routines without compromising on quality.

## **Community and Support**

The sense of community at Box 2 Burn sets it apart from other gyms. Members describe the atmosphere as supportive and welcoming, with staff and fellow gym-goers encouraging each other through tough workouts. Sean, the owner, and his team ensure that every new member receives personalized attention, making it an ideal place for anyone looking to improve their fitness.

## **Conclusion**

If you are in Westford, Massachusetts, and searching for a gym that provides a comprehensive approach to fitness, look no further than Box 2 Burn. With its

stellar amenities, accessibility features, and a variety of classes suitable for all ages, it truly stands out as one of the best boxing gyms in the area. Join today and experience the difference for yourself!

**We are found at**

174 Littleton Rd, 01886 Westford, Massachusetts - United States (US)

The phone number of said **Boxing gym** is +1978-496-1870  
And if you want to send a WhatsApp, you can do so at +1978-496-1870

**We open at the following schedule:**

Day	Hours
Monday	6–10:30?AM 12–1?PM 4–8?PM
Tuesday	6–10:30?AM 12–1?PM 4–7?PM
Wednesday	8:30–11:30?AM
Thursday	8:30–11:30?AM
Friday	6–10:30?AM 12–1?PM 4–8?PM
Saturday	6–10:30?AM 12–1?PM 4–8?PM
Sunday	6–10:30?AM 12–1?PM 4–8?PM

The website is Box 2 Burn

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**Images**



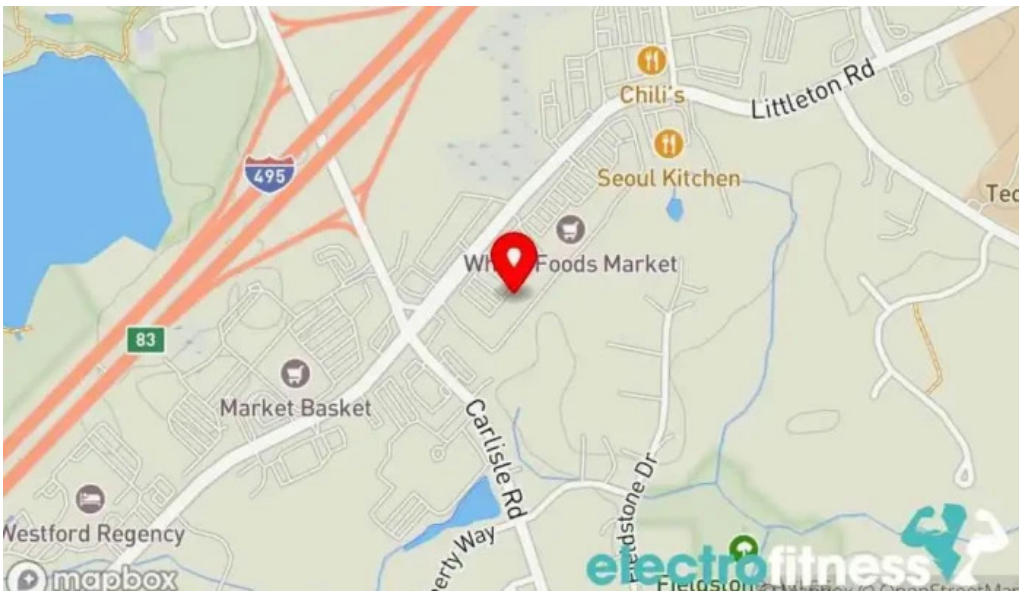
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*Box 2 burn boxing gym*



*Box 2 burn area*





*Box 2 burn all*

## Tags

*Wi-Fi, Good for kids, Amenities, Service options, Children, On-site services, Accessibility, Sauna, Online classes, Wheelchair-accessible car park, Toilet, Wheelchair-accessible entrance*

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spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
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swimming instructor
swimming school
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thrift store
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wellness center
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