

Cutting Edge Fitness & Martial Arts Center - Adams

adams

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Cutting Edge Fitness & Martial Arts Center - Adams

Discover Cutting Edge Fitness & Martial Arts Center in Adams, Massachusetts

Cutting Edge Fitness & Martial Arts Center stands out as a premier destination for fitness enthusiasts and families alike in Adams, Massachusetts. With a focus on accessibility and community, this center provides a welcoming environment for everyone, including individuals in the LGBTQ+ community and those identifying as women-owned.

Accessibility and Amenities

The fitness center features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that all members of the community can enjoy their facilities without barriers. The **wheelchair-accessible toilet** is an added convenience for families and individuals who require additional assistance.

Safe Space and Community Engagement

Cutting Edge Fitness prides itself on being a **transgender safe space**, promoting inclusivity and respect among its members. It serves as a supportive environment not only for fitness but also for personal growth and empowerment.

Children's Programs and Family Activities

With a variety of **on-site services** aimed specifically at youth, such as engaging **martial arts classes**, parents can rest assured that their children are learning valuable life skills, discipline, and self-defense. Comments from satisfied parents highlight how their kids thrive in this nurturing atmosphere, noting the **great instructors** who create a welcoming setting for children of all ages and skill levels.

Adult Classes and Personal Training

For adults, Cutting Edge offers an extensive range of classes tailored to meet varied schedules, including early morning sessions starting at 5 am. Their **online classes** add flexibility for those with busy lifestyles, making it easy to integrate workouts into everyday life. Members rave about the creative and challenging nature of their workouts, contributing to consistent progress and a sense of community among participants.

Special Offers and Memberships

In addition to an inclusive environment, Cutting Edge Fitness also offers **active military discounts** and encourages potential members to secure their spots through a simple **appointment required** process for certain classes. While **membership is required**, the benefits greatly outweigh the costs, providing access to various amenities and expert instruction.

Swimming Pool and Outdoor Services

To enhance its offerings, the facility includes a **swimming pool** for aquatic workouts, as well as **outdoor services** that allow members to take advantage of fresh air while staying active. This holistic approach to fitness encourages participation in diverse activities, fostering a healthy lifestyle.

Final Thoughts

Overall, Cutting Edge Fitness & Martial Arts Center is more than just a gym; it is

a vibrant community committed to health, wellness, and support. With a strong focus on ****planning programs**** that suit all skill levels, they provide the best environment for personal transformation. Whether you are a seasoned athlete or just starting your journey, this fitness center is dedicated to guiding you every step of the way. Don't miss out on the opportunity to be part of this empowering and supportive community!

You can reach us at

73 ½, 73 Summer St, 01220 Adams, Massachusetts - United States (US)

The phone number of said **Fitness center** is +1413-841-0494

And if you want to send a WhatsApp, you can do so at +1413-841-0494

Visit us during the following hours:

Day Hours
Monday

4:45–10:30?AM 3–6:30?PM

Tuesday

5:45–9:30?AM 3:30–5:30?PM

Wednesday

8–9:30?AM

Thursday

8:30–11:30?AM

Friday

5:45–11?AM 3–8?PM

Saturday

4:45–9:30?AM 3:30–7?PM

Sunday

5:30–11?AM 3:30–8?PM

The website is Cutting Edge Fitness & Martial Arts Center

If you need to update any data that you think is incorrect related to this page, we kindly request deliver a message so we can we will adjust it at the earliest convenience. With anticipation thanks.

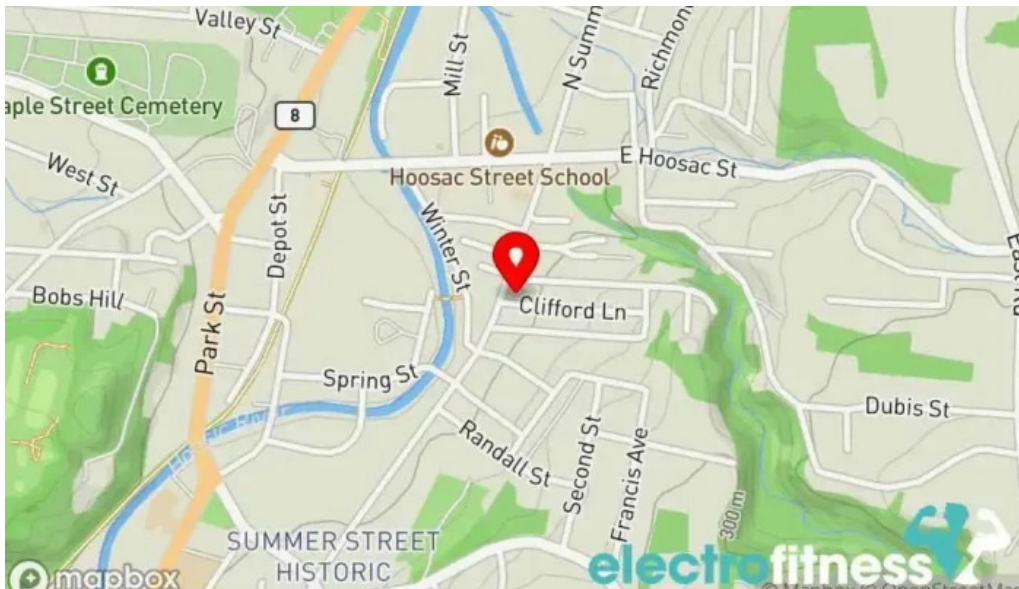
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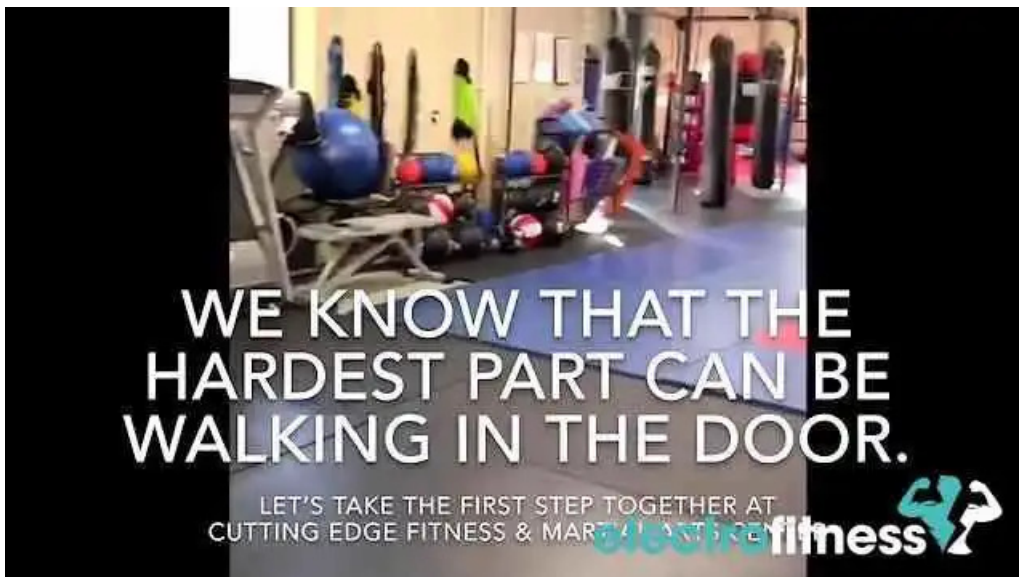
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Cutting edge fitness martial arts center map



Cutting edge fitness martial arts center gym



Cutting edge fitness martial arts center by owner



Cutting edge fitness martial arts center all



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Tags

Wheelchair-accessible entrance, Appointment required, LGBTQ+ friendly, Highlights, Outdoor services, Transgender safe space, Swimming pool, Online classes, Children, Amenities, Membership required, Crowd, From the business, Service options, Wheelchair-accessible car park, Active military discounts, Good for kids, Toilet, Accessibility, Planning, On-site services, Wheelchair-accessible toilet, Identifies as women-owned

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