

Mariner Square Athletic Club - Alameda

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Mariner Square Athletic Club - Alameda

Welcome to Mariner Square Athletic Club in Alameda, California

Your Premier Fitness Destination Mariner Square Athletic Club is a standout fitness center located in the vibrant city of Alameda, California. Known for its diverse range of activities and welcoming atmosphere, it is an excellent choice for individuals and families alike.

Accessibility Features

Mariner Square Athletic Club is committed to ensuring accessibility for all

members. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for everyone to enjoy the amenities.

A Variety of Amenities

This fitness center offers an extensive list of **amenities** that cater to both recreational and serious fitness enthusiasts. Members can enjoy a spacious **swimming pool**, perfect for both leisure swims and serious lap training. Additionally, the club features steam rooms, saunas, and hot tubs for post-workout relaxation, enhancing your overall experience. Furthermore, there are diverse workout areas—ranging from weightlifting zones to cardio equipment—ensuring that you can find the right space for your exercise needs.

Family-Friendly Environment

Mariner Square Athletic Club is **good for kids**, offering programs that incorporate family activities. However, it's essential for parents to supervise their children closely, especially in pool and hot tub areas. While family nights are enjoyable, some members suggest that reducing them to two hours instead of three may be beneficial for those who have evening workouts.

Connectivity and Convenience

The club offers complimentary **Wi-Fi**, allowing you to stay connected while working out or relaxing in the lounge area. Nearby amenities such as shopping malls and grocery stores, including Safeway, add to the convenience of the location.

Membership Details

A **membership is required** to access the facilities, which provides benefits like free classes and a variety of fitness options. The club has various membership plans, accommodating different schedules and preferences, including cheaper daytime memberships. Many members appreciate the diverse activity offerings, including racquetball, CrossFit, yoga, and more, making it a great place for group classes as well as individual workouts.

Conclusion

Mariner Square Athletic Club stands out as a comprehensive fitness facility that caters to a wide range of needs. With its focus on **accessibility**, family-friendly programs, and ample amenities, it continues to be a popular choice among Alameda residents. Although some updates and improvements have been suggested, the welcoming environment and supportive staff make it a beloved community hub for fitness. Whether you're looking to swim, lift weights, or relax in the sauna, Mariner Square Athletic Club is ready to meet your fitness goals.

Our address is

2227 Mariner Square Loop, 94501 Alameda, California - United States (US)

The phone number of said **Fitness center** is +1510-523-8011

And if you want to send a WhatsApp, you can do so at +1510-523-8011

Our service hours are:

Day	Hours
Monday	6?AM–9?PM
Tuesday	6?AM–9?PM
Wednesday	6?AM–9?PM
Thursday	6?AM–9?PM
Friday	8?AM–5?PM
Saturday	8?AM–5?PM
Sunday	6?AM–9?PM

The website is Mariner Square Athletic Club

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Images



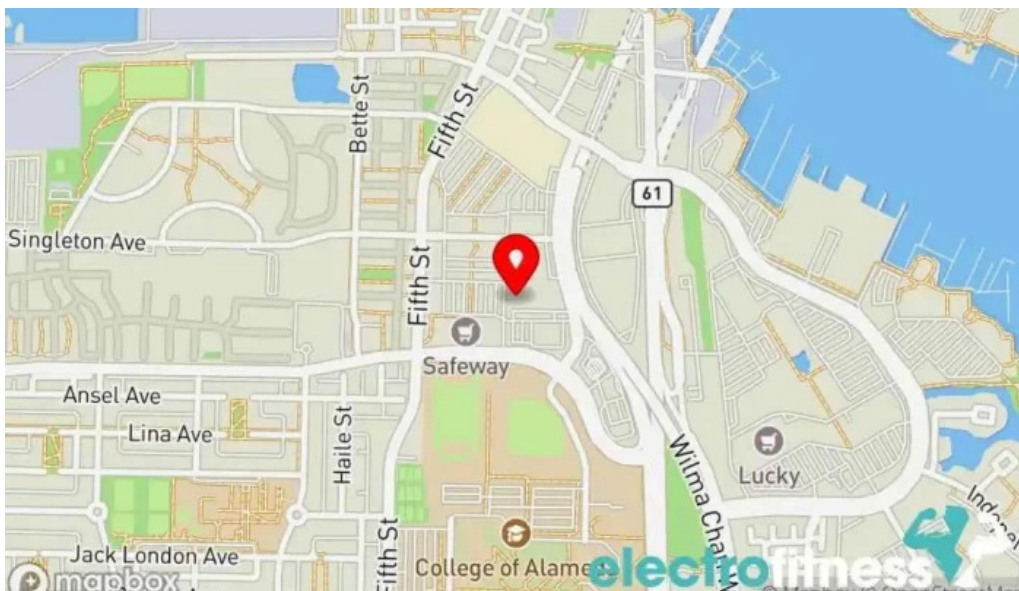
Mariner square athletic club street view 360deg



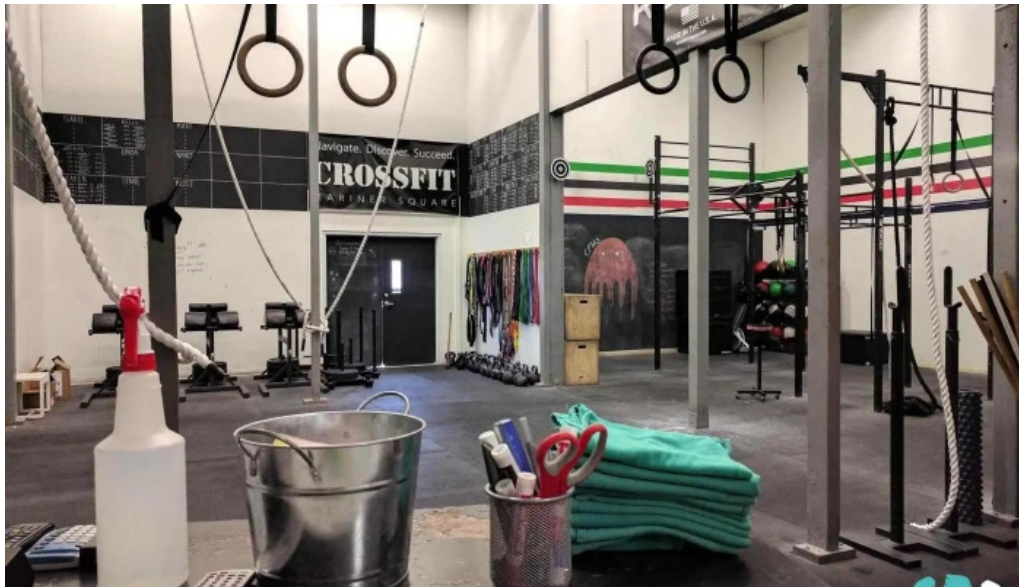
Mariner square athletic club score



Mariner square athletic club number



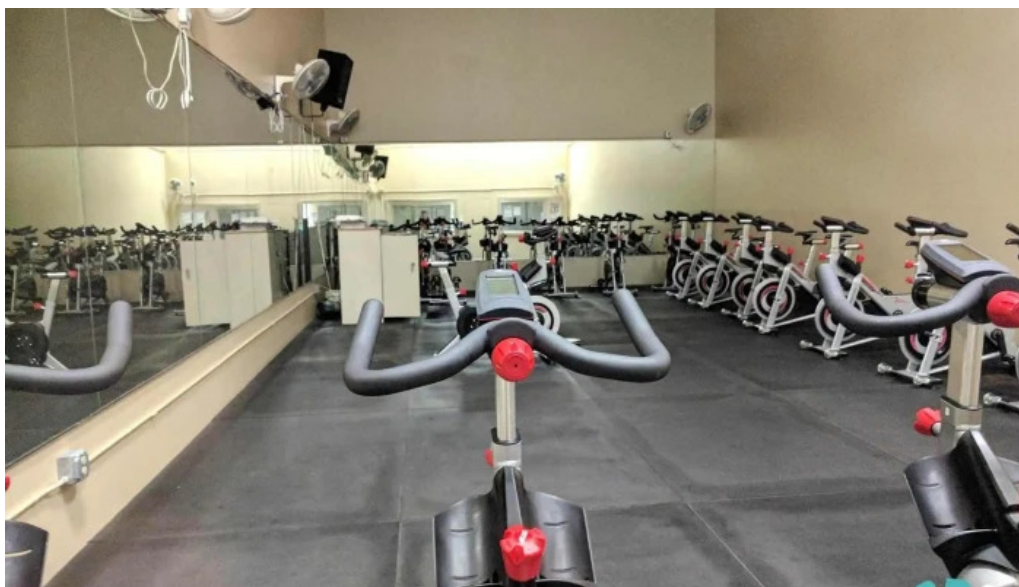
Mariner square athletic club map



Mariner square athletic club gym



Mariner square athletic club fitness center



Mariner square athletic club exercise machine



Mariner square athletic club all



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Tags

Membership required, Good for kids, Amenities, Wi-Fi, Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility, Swimming pool, Children, Planning, Sauna

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fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
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rehabilitation center
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rock climbing gym
rv park
sauna
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shooting range
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