

## Valley Wellness Center - Allentown

allentown



Published on: 14/05/25	Hits: 2620
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## *Valley Wellness Center - Allentown*

### **Valley Wellness Center: Your Premier Fitness Destination in Allentown, Pennsylvania**

If you're looking for a wellness center that caters to families and individuals alike, look no further than **\*\*Valley Wellness Center\*\*** in Allentown, Pennsylvania. This facility offers an array of impressive amenities and serves as a perfect environment for both fitness enthusiasts and casual visitors.

### **Amenities Tailored for Everyone**

Valley Wellness Center boasts facilities that cater to every member of the family. The **indoor swimming pool** and **outdoor pool** are ideal for those looking to enjoy water activities all year round. For **children**, the center features dedicated kids' programs and birthday party services, making it a great venue for family fun.

For those who enjoy team sports, the **basketball court** provides ample space for games and practice. Furthermore, the **sauna** and relaxing steam room offer rejuvenation after an intense workout. The center's focus on **accessibility** ensures that everyone can enjoy these offerings, with features like a **wheelchair-accessible entrance** and **wheelchair-accessible toilets** available throughout the facility.

## **Service Options That Elevate Your Experience**

Members will appreciate the variety of service options at Valley Wellness Center. From personal training sessions to specialized classes, there's something for everyone. The facility also includes a **cafe** where members can buy healthy snacks and drinks, although some reviews suggest that improvements could be made in food quality and pricing.

For parents, the **kids club** serves as a welcoming space for children, allowing adults to work out while their little ones are supervised by friendly staff. This focus on family makes the center not only good for kids but also convenient for busy parents planning their fitness routines.

## **An Atmosphere of Wellness**

The overall atmosphere at Valley Wellness Center is designed to promote relaxation and motivation. Many reviews highlight the spacious lobby and the luxurious feel of the facility. However, it's essential to note that cleanliness has been a concern for some members, with calls for better maintenance of shower stalls and other high-traffic areas.

## **Membership Insights and Accessibility**

While a membership is required to access the facilities—a standard practice in fitness centers—it's generally regarded as worth the cost due to the extensive amenities. Fees start at around \$85 per month, which include full access to the gym, sauna, and even outdoor services during warmer months. However, some members have voiced concerns regarding additional charges for towels or food, suggesting a review of the pricing structure could enhance customer satisfaction.

## **Your Feedback Matters**

Management at Valley Wellness Center seems open to suggestions, with many members requesting a more streamlined feedback process. Enhancing communication can help the center address some of the cleanliness and service issues that have been reported.

## **Join the Valley Wellness Community Today!**

If you're in the Allentown area and searching for a fitness center that combines a variety of amenities with a focus on **\*\*family wellness\*\***, consider joining the Valley Wellness Center. With offerings that suit all activity levels, from swimming to basketball and beyond, this facility invites you to embark on your health journey in a comfortable and accommodating environment.

### **The address of our establishment is**

4415 Innovation Way, 18109 Allentown, Pennsylvania - United States (US)

The phone number of this **Fitness center** is +1610-443-2221

And if you want to send a WhatsApp, you can do so at +1610-443-2221

## **We are open during the following hours:**

Day	Hours
Monday	5?AM–10?PM
Tuesday	5?AM–9?PM
Wednesday	6?AM–7?PM
Thursday	8?AM–7?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	5?AM–10?PM

The website is Valley Wellness Center

If you require to adjust any data that you consider is not precise concerning this page, please deliver a message and we will handle it promptly. Thank you in advance thanks.

## Images



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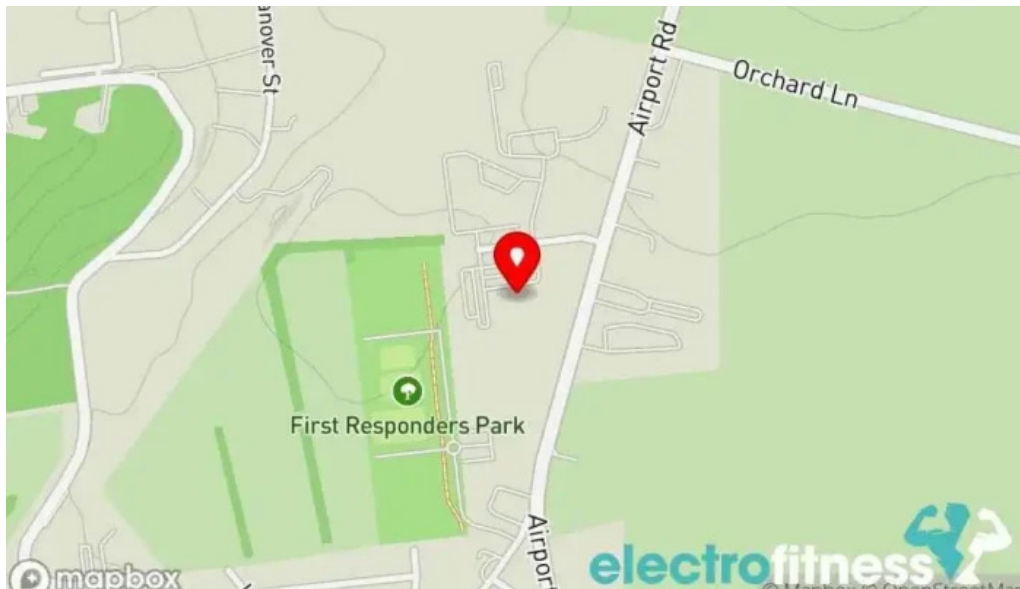




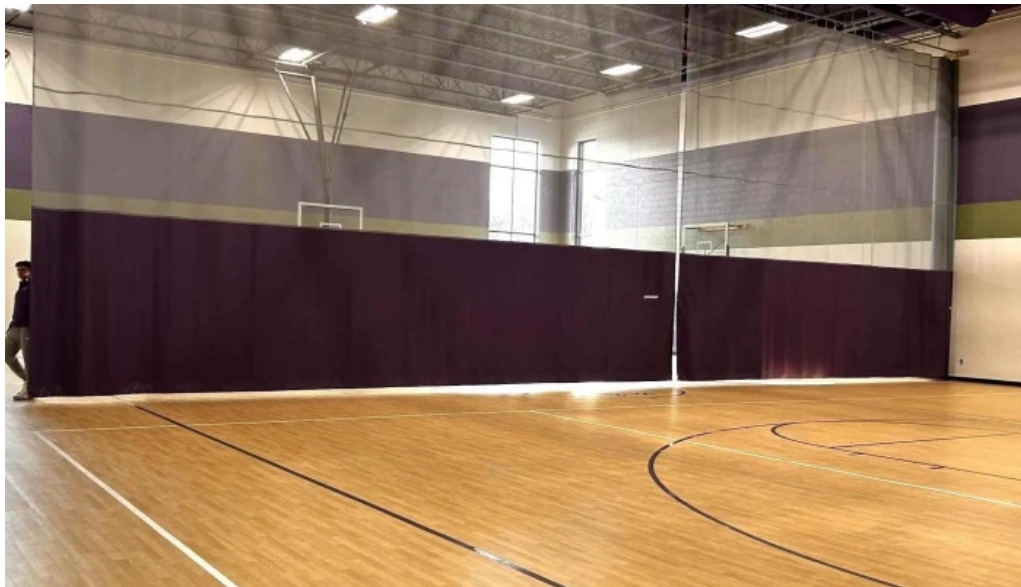
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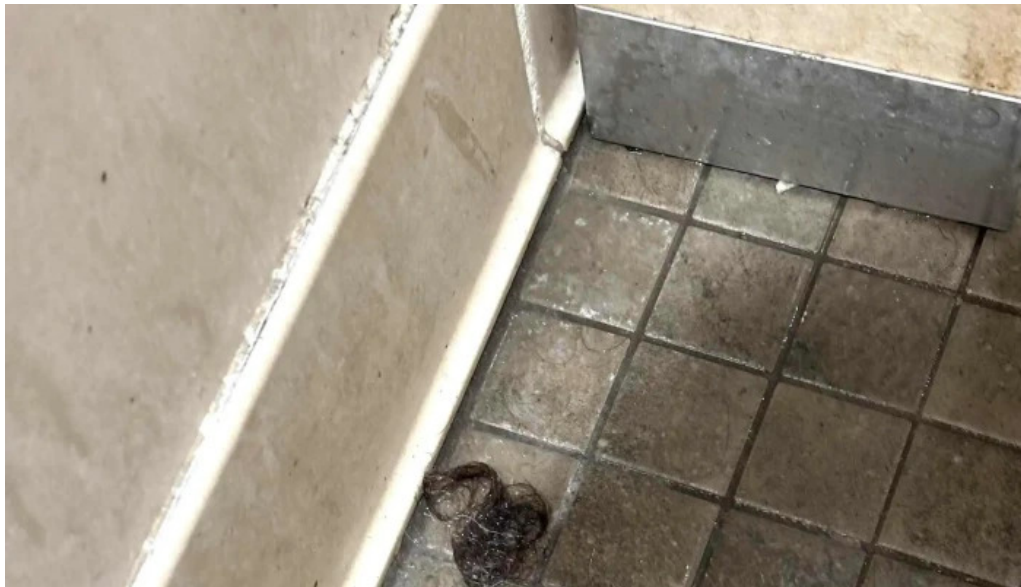
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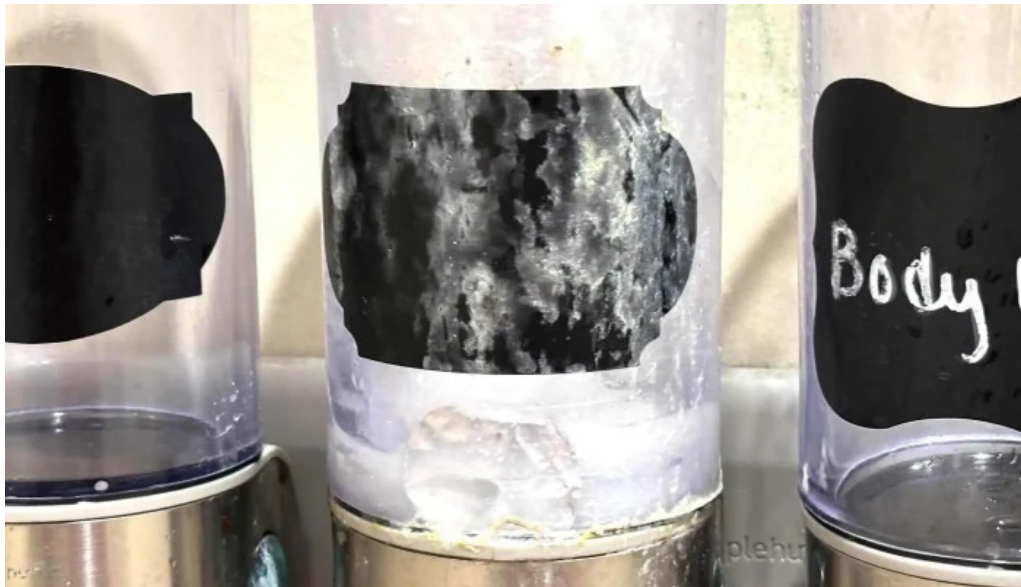


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## Tags

*Toilet, Membership required, Offerings, Outdoor services, Service options, Good for kids, Accessibility, Sauna, Swimming pool, Atmosphere, Basketball court, Wheelchair-accessible toilet, Shower, Children, Wheelchair-accessible car park, Planning, Wheelchair-accessible entrance, Amenities*

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basketball court
batting cage center
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boot camp
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boxing gym
boxing ring
children's party service
chiropractor
church
club
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community center
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