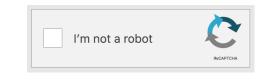


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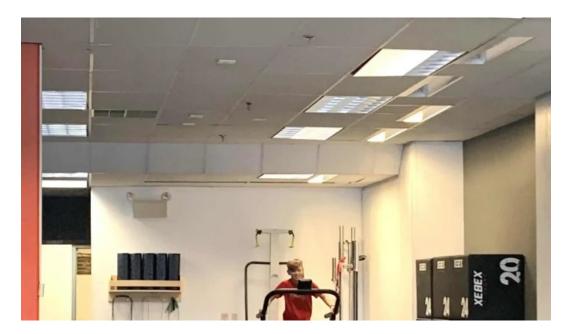
The Shop Crossfit - Augusta

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The Shop Crossfit - Augusta

The Shop CrossFit: Your Ultimate Fitness Destination in Augusta, Maine

Welcome to **The Shop CrossFit**, a premier fitness center located in Augusta, Maine. This facility is not just about workouts; it's a community that welcomes everyone, no matter their fitness level. Here, we'll explore the highlights, services, and the inclusive atmosphere that makes The Shop a standout choice for fitness enthusiasts.

On-Site Services and Accessibility

The Shop CrossFit prioritizes accessibility for all members. The

wheelchair-accessible entrance and **car park** ensure that everyone can enjoy the facilities comfortably. Additionally, the gym features **gender-neutral toilets**, making it a truly **LGBTQ+ friendly** environment.

Planning Your Visit

An **appointment is required** for first-time visitors to ensure personalized attention and guidance. The welcoming coaches, Shawn and Bethany, are known for their supportive approach, accommodating all abilities, from beginners to experienced athletes.

Amenities That Enhance Your Experience

The Shop is equipped with top-notch amenities, including: - A **swimming pool** for refreshing recovery - An extensive range of **equipment** suitable for all workouts - **Online classes** that provide flexibility for members - **Toilet facilities** that cater to various needs These amenities contribute to an enriching fitness experience, ensuring everyone feels comfortable and supported.

Community Spirit and Support

The heart of The Shop lies in its community. Members express how the **atmosphere for fitness and fun** creates lasting friendships and support networks. Many have noted the importance of the **community spirit**, which fosters teamwork and encouragement during workouts. New members are quickly welcomed, making it easy to integrate into this vibrant family.

Active Military Discounts and Commitment to Inclusivity

The Shop offers **active military discounts**, showing appreciation for those who serve. This commitment to inclusivity extends to creating a **transgender safe space**, ensuring everyone feels welcome.

From the Business: Feedback from Real Members

Real testimonials speak volumes about the quality of service at The Shop. Members praise the **wonderful and knowledgeable owners/trainers** who provide personalized guidance. Comments highlight the clean facilities, ample space, and the **friendly environment** where "everyone is encouraged to do their best," regardless of their physical shape.

Final Thoughts: Join the Movement at The Shop CrossFit

Whether you're looking to kickstart your fitness journey or enhance your athletic skills, **The Shop CrossFit** is the perfect place. With a supportive community, knowledgeable trainers, and comprehensive facilities, you are bound to find everything you need to achieve your fitness goals. So why wait? Come experience the warmth and dedication at The Shop CrossFit today!

We are positioned at

The phone number of the respective **Fitness center** is $\pm 1207-669-2583$ And if you want to send a WhatsApp, you can do so at $\pm 1207-669-2583$

Our business hours are:

Day Hours Monday 5–11:30?AM 4:15–6:30?PM Tuesday 5–11:30?AM 4:15–6:30?PM Wednesday 7–9?AM Thursday 9:30–11:30?AM Eriday 5–11:30?AM 4:15–6:30?PM Sunday 5–11:30?AM 4:15–6:30?PM

The website is The Shop Crossfit

If necessary to modify any element that you feel is not accurate concerning this web, please forward a message and we will fix it at the earliest convenience. Thanks beforehand thanks for your cooperation.

Images



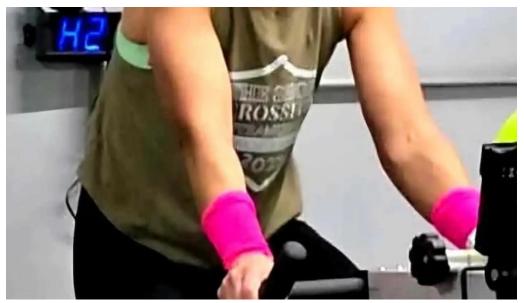
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The shop crossfit gym



The shop crossfit fitness center



The shop crossfit by owner



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Tags

Wheelchair-accessible car park, Amenities, From the business, Transgender safe space, Appointment required, Identifies as women-owned, Service options, Accessibility, LGBTQ+ friendly, Active military discounts, Online classes, Planning, Gender-neutral toilets, Crowd, Swimming pool, On-site services, Toilet, Highlights, Wheelchair-accessible entrance

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