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#### **CrossFit Cedar Park - Austin**

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Published on: 28/05/25	Hits: 290
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# CrossFit Cedar Park - Austin

# Welcome to CrossFit Cedar Park: A Community-Oriented Fitness Center in Austin, Texas

CrossFit Cedar Park stands out not just for its exceptional fitness programs, but also for its commitment to inclusivity and accessibility. Whether you're a seasoned athlete or a beginner, this gym caters to all fitness levels while ensuring everybody feels welcome.

## **Accessibility Features**

One of the highlights of **CrossFit Cedar Park** is its **wheelchair-accessible entrance** and **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey without barriers. The facility also boasts **gender-neutral toilets**, promoting an inclusive environment.

#### A Family-Friendly Atmosphere

This fitness center is truly **good for kids**, with programs that engage younger members and encourage them to stay active. Many parents have reported how their children thrive in the supportive environment, participating in teen programs designed to welcome beginners and foster a love for fitness.

#### **Community and Coaching**

At CrossFit Cedar Park, the sense of community is palpable. Members often describe it as a place where friendships flourish, whether you're tackling a challenging WOD or simply enjoying a chat post-workout. The coaches are dedicated and knowledgeable, offering personalized attention to help every member achieve their goals.

#### **Programs and Memberships**

The fitness center offers a variety of **service options** including **online classes**, group sessions, and personal training tailored to individual needs. While **membership is required**, many find the commitment leads to significant lifestyle changes. Members appreciate the emphasis on mobility and functional fitness, making workouts safe and effective.

## **Supported by Discounts and Amenities**

CrossFit Cedar Park values its members, which is why they offer **active military discounts** among other benefits. The facility includes a **free parking lot**, further simplifying the experience for all visitors.

## From the Business Perspective

This gym proudly identifies as **Latino-owned**, promoting diversity and community engagement. As stated by long-time members, the coaching staff consistently adapts to the evolving needs of clients, making it a perfect environment for anyone looking to grow.

#### **Final Thoughts**

If you are in Austin and considering trying CrossFit, CrossFit Cedar Park is a

must-visit destination. Enjoy a welcoming atmosphere that feels like family, outstanding coaching, and a variety of programs crafted to help you achieve your fitness goals. Don't hesitate; come experience the supportive community and start your fitness journey today!

#### The business is situated at

12112 Anderson Mill Rd Suite 8B, 78726 Austin, Texas - United States (US)

The contact line of the mentioned **Fitness center** is <u>+1512-354-1921</u> And if you want to send a WhatsApp, you can do so at+1512-354-1921

#### You can visit us at the following hours:

Day Hours
Monday
5?AM-8?PM
Tuesday
5?AM-8?PM
Wednesday
5?AM-7?PM
Thursday
9:30-11:30?AM
Eriday
Closed
Saturday
5?AM-8?PM
Sunday
5?AM-8?PM

#### The website is CrossFit Cedar Park

If you require to change any detail that you believe is not correct about this site, we urge you to forward a message so we can we will correct it at the earliest convenience. In advance thank you very much.

## **Images**



Crossfit cedar park videos



Crossfit cedar park street view 360deg



Crossfit cedar park map



Crossfit cedar park gym



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Crossfit cedar park all

## **Tags**

Service options, Wheelchair-accessible entrance, Membership required, Active military discounts, Amenities, Free parking lot, Parking, Planning, Online classes, Wheelchair-accessible car park, Children, From the business, On-site services, Accessibility, Identifies as Latino-owned, Gender-neutral toilets, Highlights, Good for kids

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nealth food restaurant
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pilates studio
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school district office
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software company
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sports club
sports complex
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taekwondo school
tanning salon
tennis club
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weightlifting area
wellness center
wellness program
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