

Soulstice Yoga & Fitness - Bloomsburg

bloomsburg

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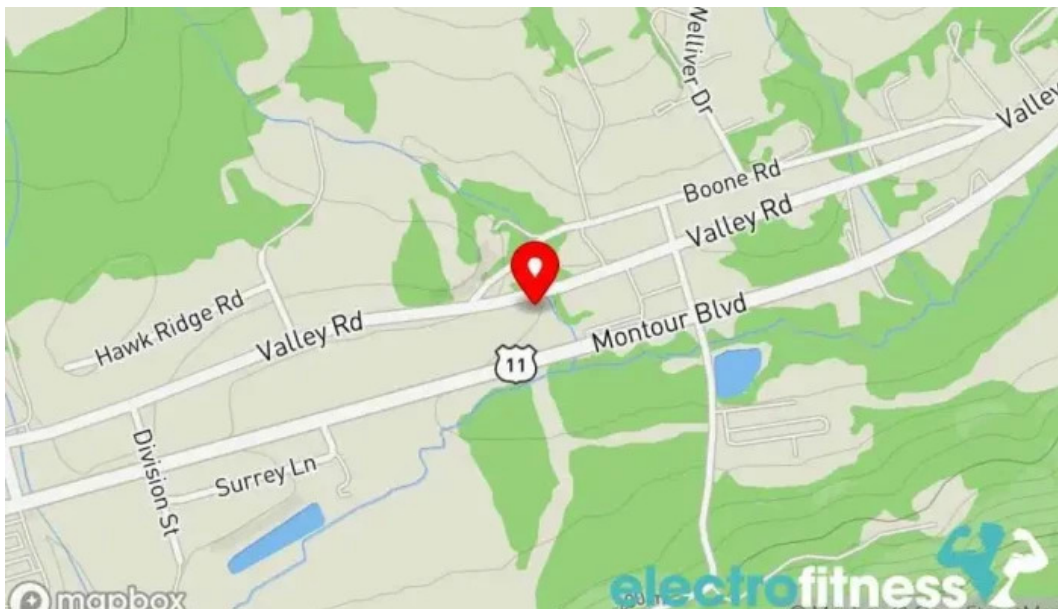


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bloomsburg

Soulstice Yoga & Fitness - Bloomsburg

Discover Soulstice Yoga & Fitness in Bloomsburg, Pennsylvania

Soulstice Yoga & Fitness is a unique fitness center located in Bloomsburg, Pennsylvania, that has become a favorite among local fitness enthusiasts. This women-owned business prides itself on creating an inclusive environment that supports individuals of all skill levels.

Accessibility at Soulstice Yoga & Fitness

One of the standout features of Soulstice Yoga & Fitness is its **wheelchair-accessible car park**, making it easy for everyone to access the facility. The management prioritizes accessibility, ensuring that all members can enjoy their fitness journey without barriers

From the Business: A Welcoming Community

From the moment you step into Soulstice Yoga & Fitness, you're greeted with warmth and positivity. Many members have shared their experiences of feeling welcomed, especially during their first classes. One participant stated, "Had so much fun at my very first hot yoga session! The room is cozy, but everyone is there to have fun." This sense of community is what makes Soulstice feel like a second home.

Diverse Class Offerings for Everyone

Soulstice offers a wide range of classes designed to cater to different fitness levels and personal goals. While some may find the classes challenging, they provide an excellent opportunity for growth. For instance, one member with rheumatoid arthritis noted, "Weekly hot yoga significantly helped me to feel stronger and less pain in my joints." The variety ensures that there truly is something for everyone!

Effortless Registration and Payment

The convenience of signing up and paying for classes via the MindBody app adds to the positive experience at Soulstice. As one reviewer mentioned, "So easy to register for classes on the MindBody app, great instructors, and an affordable price." This modern approach enhances accessibility, allowing members to focus on their fitness without hassles.

A Commitment to Excellence

The instructors at Soulstice Yoga & Fitness are another highlight. Renowned for their motivating styles, such as Kristina C's spin classes, members have praised their ability to provide great workouts while fostering a supportive environment. One user shared, "I will be taking all my spin classes with her!!! So glad she is an instructor here."

Challenges in Finding the Location

While many enjoy their experience at Soulstice Yoga & Fitness, some have encountered challenges finding the location. Despite this, once members know

where to go, they often remark on the convenience of the site. Clearer signage and communication regarding directions could further enhance the overall experience.

Join the Soulstice Community Today!

If you're looking for a place that prioritizes accessibility, offers diverse classes, and fosters a strong sense of community, look no further than Soulstice Yoga & Fitness. This women-owned business not only ignites your fitness journey but also transforms you into a better version of yourself. Join the welcoming family today!

We are found at

309 Montour Blvd, 17815 Bloomsburg, Pennsylvania - United States (US)

Our opening hours are:

Day Hours
Monday

5–9:30?AM

Tuesday

7:30–9?AM

Wednesday

6–7?PM

Thursday

5–6?AM 8:30?AM–9:30?PM

Friday

8:30–10:30?AM 4:30–7:30?PM

Saturday

5–6?AM 8:30–9:30?AM 4:30–7:30?PM

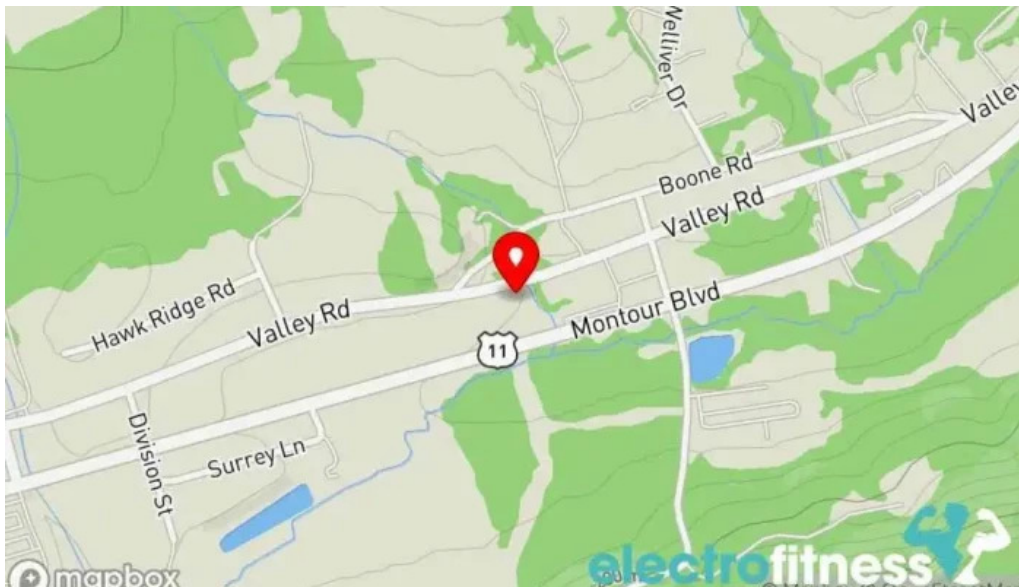
Sunday

8:30–10:30?AM 5:30–8:30?PM

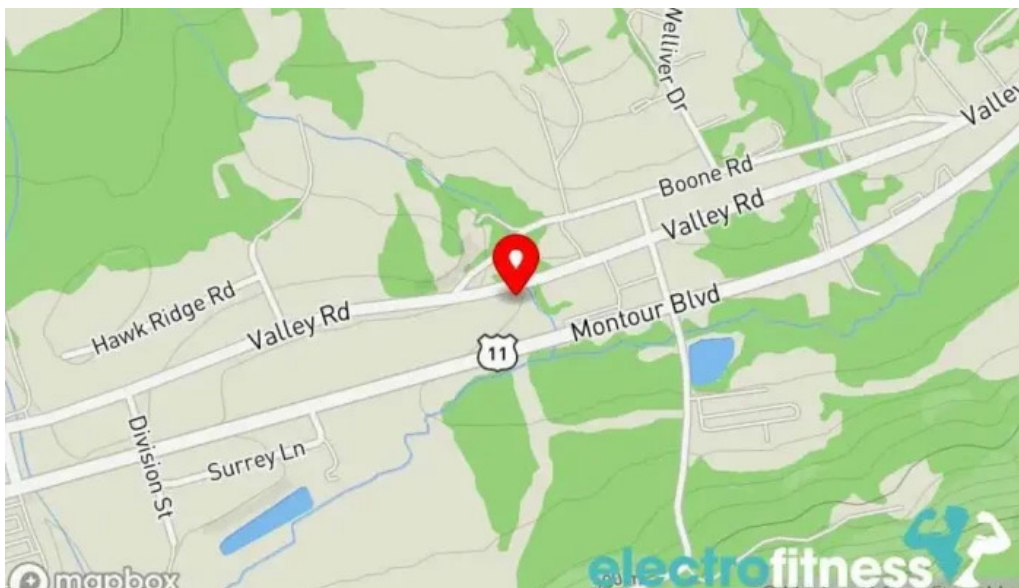
The website is [Soulstice Yoga & Fitness](#)

If you need to modify any detail that you consider is not accurate related to this page, please send us a message so we can we will fix it as soon as possible. Thanks beforehand thanks.

Images



Soulstice yoga fitness map



Soulstice yoga fitness bloomsburg

Tags

Identifies as women-owned, From the business, Accessibility, Wheelchair-accessible car park

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public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
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school district office

self defense school
senior citizen center
shooting range
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training centre
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wrestling school
yoga instructor
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youth center
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