

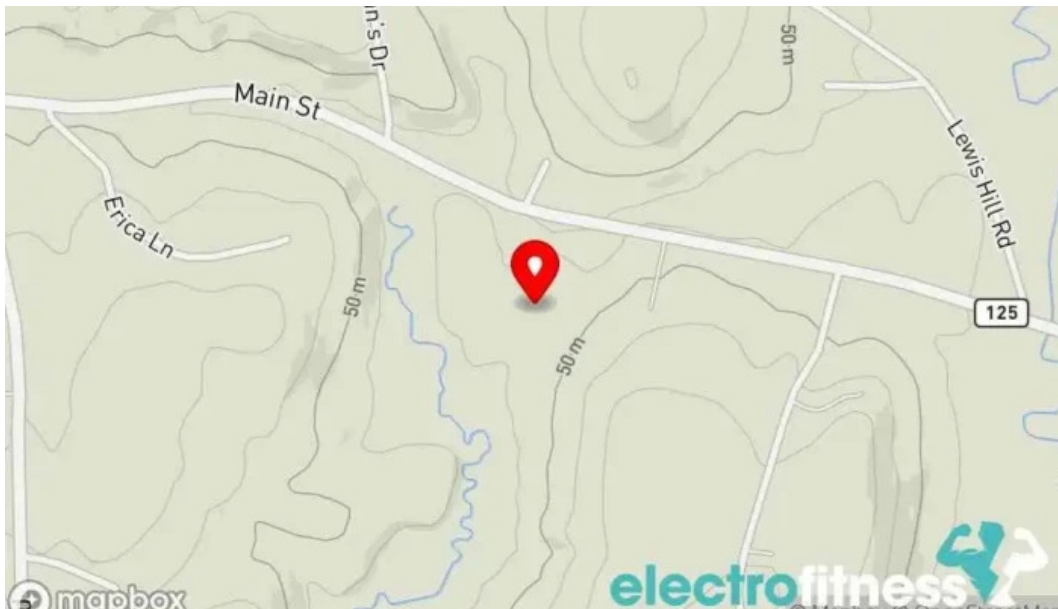
Cathance Fitness Center - Bowdoin

bowdoin



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https://www.electrofitness.com/fitness-center/bowdoin/cathance-fitness-center-bowdoin_353183.php



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Cathance Fitness Center - Bowdoin

Cathance Fitness Center: A Community Hub for Health and Wellness

Cathance Fitness Center, located in Bowdoin, Maine, serves as a vital resource for fitness enthusiasts in the area. With its convenient location and comprehensive facilities, it has become a go-to spot for many locals. However, potential members should be aware of certain conditions and considerations before joining.

Membership Required

To access the amenities at Cathance Fitness Center, a **membership is

required**. Interested individuals can easily order their membership online, and the center promptly sends out key cards by mail. This streamlined process provides convenience for new members looking to join the community and start their fitness journey.

Accessibility Features

Cathance Fitness Center prioritizes inclusivity. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone has the ability to access the gym regardless of mobility challenges. These features make it easier for all members of the community to engage in physical activities and promote a healthy lifestyle.

Current Conditions and Feedback

While the fitness center offers a great variety of equipment, some users have raised concerns about cleanliness. Recent feedback notes issues such as unpleasant odors in the women's locker room and water leaks in the cardio room during rainy weather. It's essential for management to address these concerns to enhance the experience for all patrons, particularly as the center aims to cater to a diverse demographic, including elderly members.

Community Engagement

Despite some drawbacks, many members appreciate the center's atmosphere. Some have highlighted that the gym is generally not too crowded, which allows for a more enjoyable workout experience. This convenience has become especially valuable since the gym reopened after COVID-19 closures, making it easier for community members to stay active without making lengthy trips into town.

Conclusion

In conclusion, Cathance Fitness Center stands out as a crucial part of the Bowdoin community. While it faces challenges regarding cleanliness and maintenance, its commitment to accessibility and member convenience makes it a compelling option for anyone looking to improve their fitness. If you're considering becoming a member, keep these factors in mind to ensure that your experience aligns with your expectations.

We are situated in

1201 Main St, 04287 Bowdoin, Maine - United States (US)

The phone of the mentioned **Fitness center** is +1207-666-5651

And if you want to send a WhatsApp, you can do so at +1207-666-5651

Our business hours are:

Day Hours
Monday

4?AM–10?PM

Tuesday

4?AM–10?PM

Wednesday

4?AM–10?PM

Thursday

4?AM–10?PM

Friday

4?AM–10?PM

Saturday

4?AM–10?PM

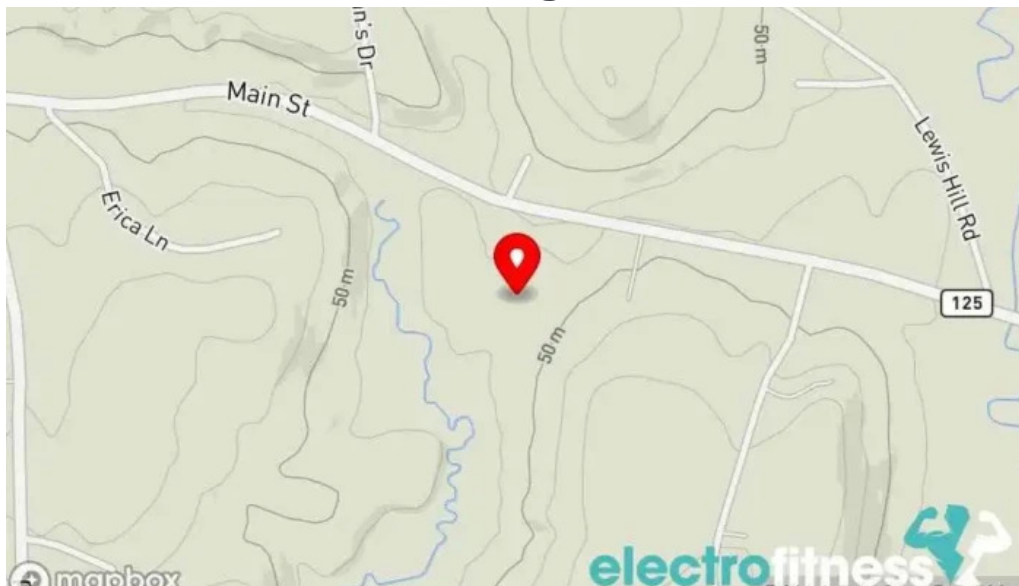
Sunday

4?AM–10?PM

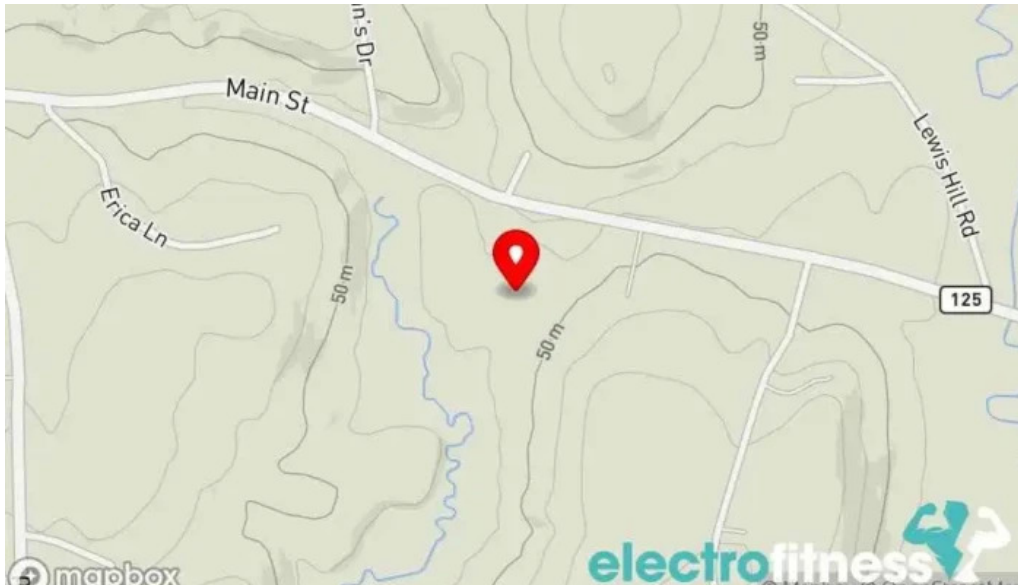
The website is [Cathance Fitness Center](#)

If necessary to update any detail that you consider is not correct about this page, we ask forward a message so we can we will fix it at the earliest convenience. With anticipation thanks for your cooperation.

Images



Cathance fitness center map



Cathance fitness center bowdoin

Tags

Membership required, Accessibility, Wheelchair-accessible entrance, Planning, Wheelchair-accessible car park

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gun club
gym
gymnasium school
gymnastics center
gymnastics club
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health consultant
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health spa
hiking area
historical landmark
hospital
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indoor cycling
indoor golf course
indoor lodging
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kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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medical group
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physical therapy clinic
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rv park
sauna
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shopping mall
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social club
software company
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spa and health club
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sports massage therapist
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supermarket
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swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon

tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
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