

## Cap Fit - Breaux Bridge

breaux bridge

 I'm not a robot   
reCAPTCHA

Published on: 19/03/25	Hits: 660
Comments: 0	See comments
Votes: 60	Score: 4.2

[https://www.electrofitness.com/fitness-center/breaux-bridge/cap-fit-breaux-bridge\\_166114.php](https://www.electrofitness.com/fitness-center/breaux-bridge/cap-fit-breaux-bridge_166114.php)



*breaux bridge*

### *Cap Fit - Breaux Bridge*

#### **CAP FIT: Your Ultimate Fitness Center in Breaux Bridge, Louisiana**

If you're **\*\*planning\*\*** to kickstart your fitness journey or elevate your current routine, look no further than CAP FIT, a top-notch fitness center located in Breaux Bridge, Louisiana. With its commitment to accessibility and a welcoming atmosphere, this gym offers an excellent environment for everyone, including those who require special accommodations.

#### **Accessibility at CAP FIT**

One of the standout features of CAP FIT is its **\*\*wheelchair-accessible car**

park\*\* and \*\*wheelchair-accessible entrance\*\*. This ensures that all members and guests can enjoy the facility without any barriers. The gym values \*\*accessibility\*\*, making it a suitable place for individuals of all abilities.

## **Membership and Facilities**

To get the full experience that CAP FIT has to offer, \*\*membership is required\*\*. Many members have expressed their satisfaction with the high-quality, state-of-the-art equipment. The gym boasts a variety of machines and free weights, accommodating different fitness levels. Despite some feedback on the maintenance of a few machines, the overall range of facilities remains impressive.

## **The Community Vibe**

Members frequently highlight the friendly atmosphere cultivated by the ownership. Many describe the owners as approachable and dedicated to helping individuals achieve their fitness goals. This strong sense of community makes CAP FIT stand out among other gyms in the area.

## **Fitness Classes and Options**

The fitness classes offered at CAP FIT cater to various fitness levels, making it a great choice for both beginners and seasoned gym-goers. From aerobics to specialized classes like ZUMBA®, there's something for everyone. Members appreciate the professionalism and helpfulness of the staff, which contributes to a supportive workout environment.

## **Concerns and Improvements**

While many praise the gym, there have been some concerns regarding customer service and accounting practices. Some members have faced issues regarding automatic withdrawals and cancellations. Addressing these areas may enhance the overall experience for existing and new members alike.

## **Conclusion**

In summary, CAP FIT offers a fantastic fitness experience in Breaux Bridge, Louisiana. With its focus on accessibility, a range of high-quality equipment, and a welcoming community, it's a gym that caters to everyone's needs. If you're looking for a place to work out, consider visiting CAP FIT to see how it can help you on your fitness journey.

## **You can find us at**

*415 E Mills Ave, 70517 Breaux Bridge, Louisiana - United States (US)*

The phone number of said **Fitness center** is +1337-414-6361

And if you want to send a WhatsApp, you can do so at +1337-414-6361

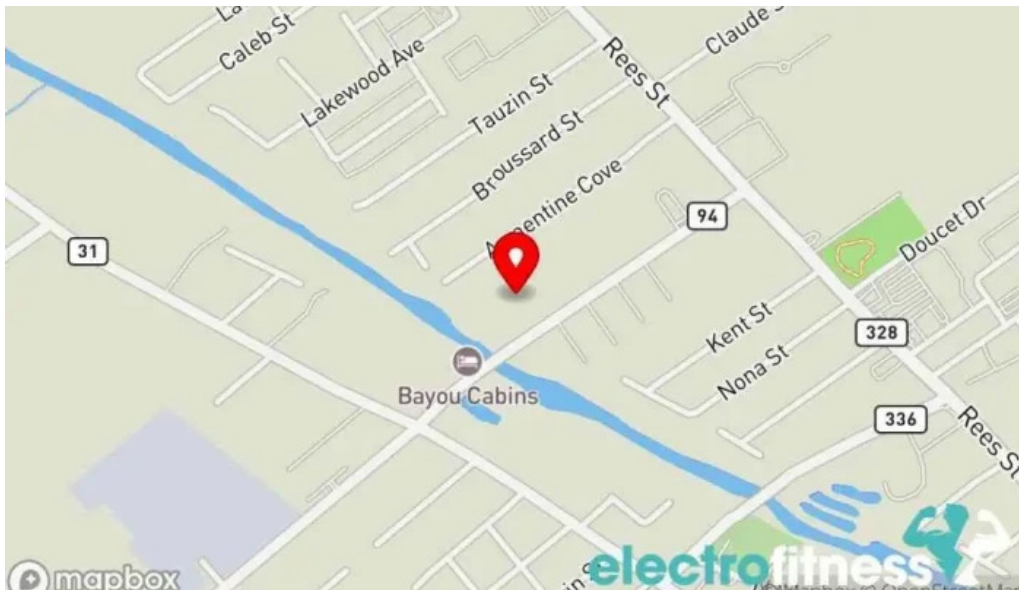
**We open at the following schedule:**

- Day Hours
- Monday  
7?AM–12?PM
- Tuesday  
4?AM–8?PM
- Wednesday  
4?AM–8?PM
- Thursday  
4?AM–8?PM
- Friday  
4?AM–8?PM
- Saturday  
4?AM–8?PM
- Sunday  
6?AM–6?PM

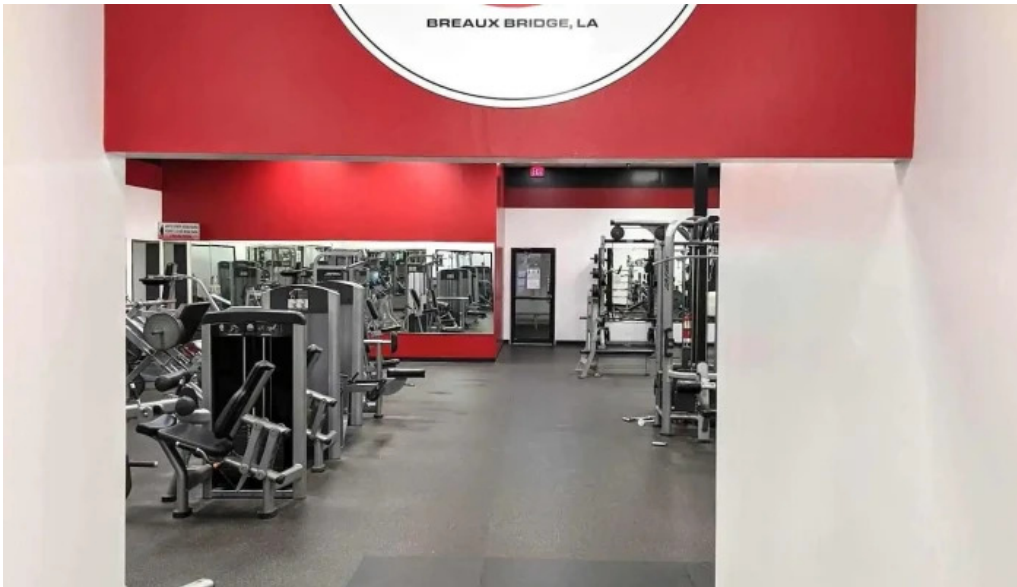
The website is [CAP FIT](#)

If you need to update any data that you consider is not precise about this site, please send a message so that we will fix it promptly. Thanks beforehand thank you very much.

**Images**



Cap fit map



*Cap fit gym*



*Cap fit exercise machine*





*Cap fit by owner*



*Cap fit breaux bridge*



*Cap fit all*

## Tags

*Accessibility, Wheelchair-accessible car park, Membership required, Wheelchair-accessible entrance, Planning*

## Related content

4.9 \* *Valpo Tru Fit - Valparaiso*

4.8 \* *Fit Pointe - Valparaiso*

5.0 \* *Fit and Fire Studios - Aberdeen*

5.0 \* *The Fit Body Coach - Abilene*

5.0 \* *Wee Fit Kids Gym and Activity Center - Abilene*

4.8 \* *Royal Fit Nutrition - Abbeville*

4.3 \* *Workout Anytime Aberdeen - Aberdeen*

5.0 \* *Triforce Training - Valparaiso*

4.9 \* *Orangetheory Fitness - Dyer*

5.0 \* *Hyperthrive Athletics Texas - Abilene*

## Categories

amusement park ride

arena
association / organization
bar
body shaping class
boxing gym
boxing ring
church
coffee shop
community center
convenience store
country club
dollar store
elementary school
exercise equipment store
fitness center
golf club
grocery store
gym
gymnastics center
health consultant
hospital
hotel
indoor cycling
jujitsu school
karate school
kickboxing school
martial arts club
martial arts school
non-profit organization
personal trainer
physical fitness program
physical therapy clinic
pilates studio
public educational institution
recreation center
rock climbing gym
school district office
shooting range
sports complex
sports school
tennis club
thrift store

vitamin & supplements store
-----------------------------

wellness center
-----------------

yoga studio
-------------