

## Factum Performance and Wellness - Centennial

centennial



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### *Factum Performance and Wellness - Centennial*

#### **Factum Performance and Wellness: Your Inclusive Fitness Center in Centennial, Colorado**

If you're searching for a place to transform your fitness journey, look no further than **Factum Performance and Wellness**. This gym is not just a fitness center; it's a community that embraces everyone, regardless of their fitness levels. With a focus on accessibility, Factum provides a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, ensuring that everyone can

participate in their health journey.

## **Top-Notch Facilities and Equipment**

At Factum, you will find **top-of-the-line workout equipment** that caters to a variety of training needs. Reviewers consistently praise the facility for being a **phenomenal place to go for a workout**. Whether you're an athlete pushing your limits or someone new to exercising, you'll find the equipment you need to succeed.

## **A Holistic Approach to Health**

What truly sets Factum apart is their holistic approach to health and fitness. The gym emphasizes not only strength training but also nutrition and recovery. As noted by many clients, the trainers genuinely care about your success. They have developed effective workout plans tailored to individual needs, ensuring that everyone can achieve their goals.

## **Expert Trainers Who Care**

Clients rave about the expertise of trainers like Tyler and Adam, who build strong relationships with their members. Their commitment to personal training goes beyond simple workouts. For example, one client shares how Tyler helped his son recover from a baseball injury while focusing on strength training and proper form. It's clear that **the people at Factum know what they're doing** and are passionate about helping others succeed.

## **A Community Focused on Growth**

The supportive environment at Factum Performance and Wellness is a major draw for many. People leave feeling motivated and inspired, as highlighted in numerous testimonials. One member expressed a profound transformation, losing over 100 pounds and gaining not just physical strength but happiness and confidence.

## **Conclusion: A Home for Everyone**

In conclusion, Factum Performance and Wellness is more than just a gym—it's a community where **everyone can feel included** and supported. With accessible features like a **wheelchair-accessible entrance** and **car park**, coupled with exceptional trainers and a holistic approach to fitness, Factum is dedicated to helping you achieve long-term success. Don't hesitate to reach out and set up a consultation; your fitness journey starts here!

## **Our premises are located at**

*8085 S Chester St, 80112 Centennial, Colorado - United States (US)*

The phone of the mentioned **Fitness center** is [+1860-324-3373](tel:+1860-324-3373)  
And if you want to send a WhatsApp, you can do so at [+1860-324-3373](whatsapp://send?phone=18603243373)

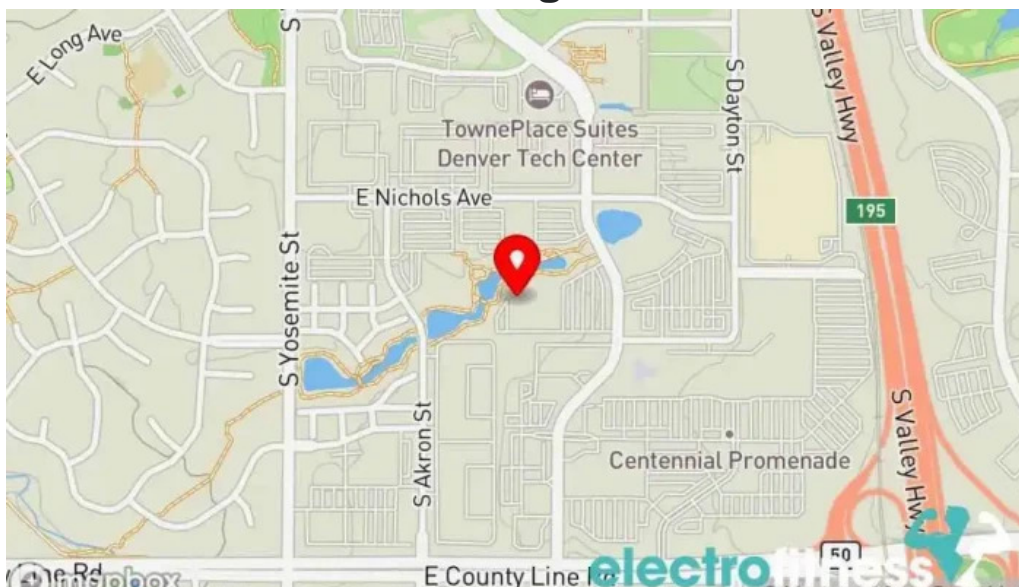
## Our opening hours are:

Day Hours  
Monday  
6?AM–9?PM  
Tuesday  
6?AM–9?PM  
Wednesday  
6?AM–9?PM  
Thursday  
6?AM–9?PM  
Friday  
6?AM–9?PM  
Saturday  
6?AM–9?PM  
Sunday  
5?AM–9?PM

The website is [Factum Performance and Wellness](#)

In case you want to adjust any data that you feel is incorrect about this portal, we ask deliver a message so we can we will handle it as soon as possible. With anticipation thank you very much.

## Images



*Factum performance and wellness map*



*Factum performance and wellness fitness center*



*Factum performance and wellness centennial*





*Factum performance and wellness all*

## Tags

*Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility*

## Related content

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5.0 \* *Raw Sports Performance - Walnut Creek*

5.0 \* *Cap's Sports Performance - Breaux Bridge*

4.6 \* *Avera Human Performance Center — Aberdeen - Aberdeen*

5.0 \* *Body Worx Physical Therapy & Performance - Abilene*

5.0 \* *Elevate Performance and Fitness - Abilene*

5.0 \* *Excel Strength and Performance - Lafayette*

5.0 \* *Rhino Performance Center - Valparaiso*

4.9 \* *Royce and Pam Money Student Recreation and Wellness Center - Abilene*

5.0 \* *Revive Performance Training - Youngsville*

## Categories

amusement park ride

arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist

non-profit organization
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization