

Better Body Fitness - Clinton

clinton

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clinton

Better Body Fitness - Clinton

Discover Better Body Fitness: Your Premier Fitness Center in Clinton, Maryland

Welcome to **Better Body Fitness**, the ultimate destination for fitness enthusiasts in Clinton, Maryland. Our facility offers a wide range of amenities and services designed to help you achieve your health and fitness goals.

Accessibility for Everyone

At Better Body Fitness, we believe that fitness should be accessible to all. Our **wheelchair-accessible car park** ensures that everyone can enjoy our state-of-the-art facilities without barriers. We are committed to creating an inclusive environment where everyone feels welcome and empowered to pursue their fitness journey.

State-of-the-Art Equipment

Our fitness center is equipped with the latest exercise machines and free weights. Whether you are looking to build strength, improve your cardiovascular health, or enhance flexibility, Better Body Fitness has everything you need to succeed.

Personal Training Services

For those seeking personalized guidance, our certified personal trainers are here to help. They will work with you to create a tailored workout plan that aligns with your goals and preferences.

Group Classes for All Levels

Join our variety of group classes, ranging from yoga to high-intensity interval training (HIIT). These classes are designed to cater to different fitness levels, making it easy for everyone to find a workout that suits them.

Community Focus

Better Body Fitness isn't just a gym; it's a community. We encourage members to support one another and celebrate each other's achievements, fostering a motivating atmosphere.

Visit Us Today!

Come experience the positive impact of our **accessibility** features and top-notch facilities at **Better Body Fitness**. We invite everyone in Clinton, Maryland, to visit us and take the first step towards a healthier lifestyle!

We are established at

11807 Mary Catherine Dr, 20735 Clinton, Maryland - United States (US)

The contact phone of this **Fitness center** is +1301-357-0054

And if you want to send a WhatsApp, you can do so at +1301-357-0054

We are open during the following hours:

Day Hours
Monday

Closed

Tuesday

4:30?AM–6:30?PM

Wednesday

4:30?AM–6:30?PM

Thursday

4:30?AM–6:30?PM

Friday

4:30?AM–6:30?PM

Saturday

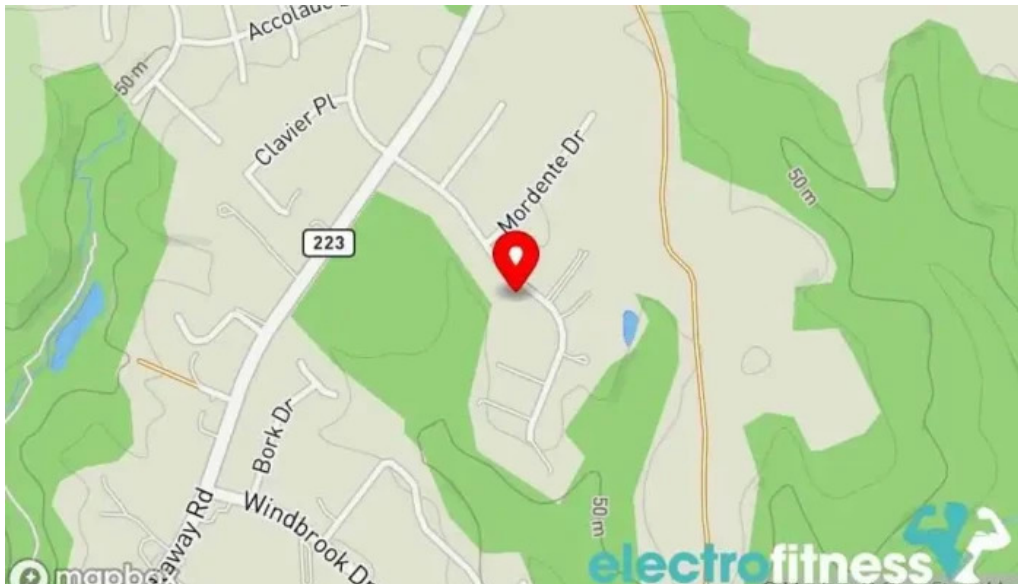
4:30?AM–6:30?PM

Sunday

4:30?AM–12?PM

If you need to change any information that you consider is not precise related to this portal, we ask send a message and we will fix it promptly. With anticipation thanks.

Images



Better body fitness map



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Better body fitness all

Tags

[Wheelchair-accessible car park](#), [Accessibility](#)

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5.0 *	<i>Huffington Pilates and Fitness Studio - Abilene</i>
5.0 *	<i>Hyperthrive Athletics Texas - Abilene</i>

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amusement park ride
arena
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indoor cycling
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kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
non-profit organization
park
personal trainer
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
spa
spa and health club
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio