

## Take Charge Fitness - Clinton

clinton

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### *Take Charge Fitness - Clinton*

#### **Explore Take Charge Fitness Center in Clinton, Tennessee**

Take Charge Fitness Center (TCFP) is a premier destination for fitness enthusiasts in Clinton, Tennessee, offering a wide range of amenities and programs tailored to meet the diverse needs of its members.

#### **Accessibility Features**

One of the standout features of TCFP is its commitment to **\*\*accessibility\*\***. The facility boasts a **\*\*wheelchair-accessible car park\*\***, ensuring that everyone can enjoy their fitness journey without barriers. The **\*\*wheelchair-accessible**

entrance\*\* allows easy access for individuals with mobility challenges, making it inclusive for all.

## **Amenities for All Members**

TCFP offers a variety of amenities that cater to different fitness levels and preferences. For those seeking a more comprehensive experience, \*\*membership required\*\* options include access to state-of-the-art land-based machines and invigorating classes. Upgraded memberships grant additional perks, such as access to the \*\*swimming pool\*\*, perfect for low-impact workouts and relaxing swims. In addition to standard facilities, TCFP provides well-maintained \*\*toilets\*\* and changing rooms, ensuring comfort and convenience for all users.

## **Classes and Community**

The center's class schedule is designed to accommodate various age groups and fitness levels. With numerous classes available for seniors in the mornings and lively \*\*Zumba classes\*\* offered on Monday and Thursday evenings at 5:30 PM, members can find the perfect fit for their routines. Furthermore, the indoor walking track allows for a comfortable workout environment regardless of the weather conditions, making it a favorite among many members.

## **Member Experiences**

While many reviews highlight the friendly and caring staff at TCFP, noting their supportive approach to fitness and personalized coaching, some experiences signal areas for improvement. Feedback about customer service indicates that while the majority of interactions are positive, there have been instances where members felt undervalued. It's important for any fitness center to foster a welcoming atmosphere for all patrons. Members often speak highly of the clean environment and the variety of equipment available, making TCFP an appealing alternative to home gyms. The community-oriented approach of the owners and staff further enhances the overall experience, encouraging a supportive and motivating ambiance.

## **Conclusion**

Take Charge Fitness Center in Clinton, Tennessee, stands out as a well-equipped facility with excellent \*\*amenities\*\* and commitment to \*\*accessibility\*\*. While most feedback praises the environment and staff, addressing service issues could enhance the experience for all members. Whether you're looking to swim, take a class, or simply enjoy a workout, TCFP caters to all fitness journeys.

## **The location of our premises is**

1921 N Charles G Seivers Blvd Suite 400, 37716 Clinton, Tennessee - United States (US)

The phone of the respective **Fitness center** is +1865-457-8237  
And if you want to send a WhatsApp, you can do so at +1865-457-8237

### **You can visit us at the following hours:**

Day Hours  
Monday  
*Closed*  
Tuesday  
*6?AM–7?PM*  
Wednesday  
*6?AM–7?PM*  
Thursday  
*6?AM–7?PM*  
Friday  
*6?AM–6:30?PM*  
Saturday  
*Closed*  
Sunday  
*Closed*

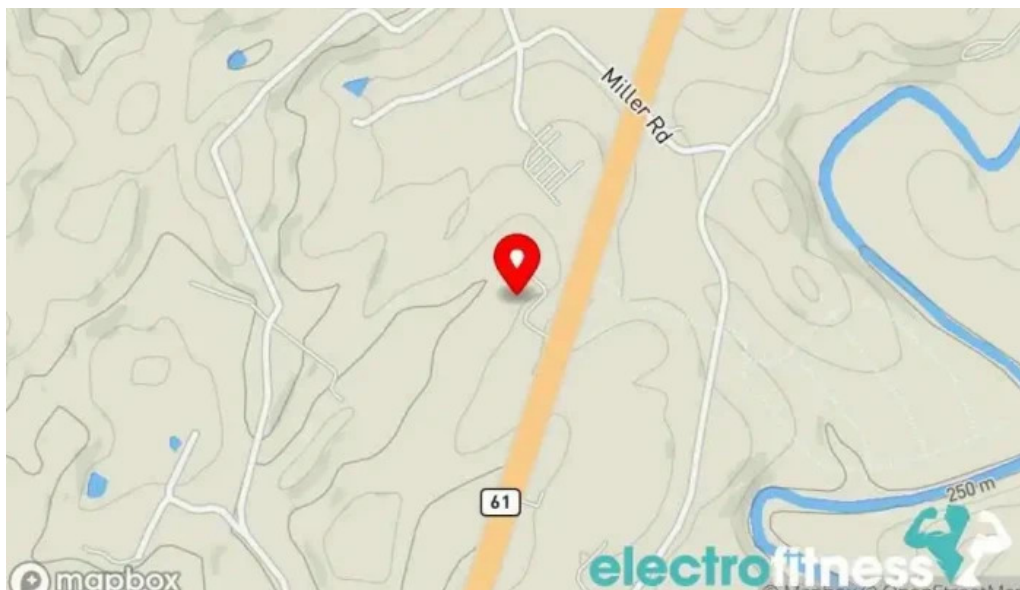
The website is Take Charge Fitness

If you need to adjust any information that you consider is not correct regarding this page, we urge you to send us a message so that we will adjust it as soon as possible. In advance thank you very much.

### **Images**



*Take charge fitness street view 360deg*



*Take charge fitness map*



*Take charge fitness gym*





*Take charge fitness fitness center*



*Take charge fitness clinton*



*Take charge fitness by owner*



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## Tags

*Accessibility, Amenities, Membership required, Swimming pool, Wheelchair-accessible entrance, Toilet, Wheelchair-accessible car park, Planning*

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<b>4.5 *</b>	<i>Emler Swim School of Fort Wayne - Fort Wayne</i>
<b>4.6 *</b>	<i>Allison Swimming Pool - Allison</i>
<b>4.3 *</b>	<i>Salvador Perez Swimming Pool - Santa Fe</i>
<b>4.8 *</b>	<i>Aqua-Tots Swim School Ahwatukee - Phoenix</i>
<b>5.0 *</b>	<i>British Swim School at 24 Hour Fitness - Altadena - Altadena</i>

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe

children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor



grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic

park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store

sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization