

## Let's Move Fitness - Cudahy

cudahy

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### *Let's Move Fitness - Cudahy*

#### **Welcome to Let's Move Fitness: Your Premier Fitness Center in Cudahy, California**

Let's Move Fitness is not just another gym; it's a community that nurtures your fitness journey. Located in Cudahy, California, this fitness center stands out with its exceptional services and welcoming atmosphere.

#### **On-Site Services & Accessibility**

At Let's Move Fitness, we pride ourselves on providing **\*\*on-site services\*\*** that cater to all fitness levels. Whether you are a beginner or a seasoned athlete, our

knowledgeable coaches, Hector and Eddie, are dedicated to guiding you through personalized training programs. The facility features a **wheelchair-accessible car park**, ensuring convenient access for everyone.

### **Service Options Tailored to You**

Our **service options** include not only one-on-one personal training but also group sessions that foster a motivating environment. Our clients appreciate the flexibility of scheduling, which accommodates busy lifestyles. With a variety of classes available, you can easily find a workout that fits your needs.

### **Wheelchair-Accessible Facilities**

We are committed to inclusivity. Our **wheelchair-accessible entrance** ensures that everyone can enjoy their workout in a safe and comfortable environment. We believe that fitness should be accessible to all, and our facility reflects that philosophy.

### **Online Classes for Everyone**

For those who prefer to work out from home, Let's Move Fitness offers **online classes** designed to keep you engaged and motivated. These classes provide all the energy and positivity you expect from our in-person sessions, all from the comfort of your own space.

### **A Positive Atmosphere and Community Support**

Members frequently highlight the **positive atmosphere** at Let's Move Fitness. The friendly interactions start the moment you walk in, greeted by our wonderful receptionist, Jules, who makes everyone feel welcome. The camaraderie among members and staff creates a support system that boosts motivation. Clients rave about how they look forward to coming in rather than dreading their workouts.

### **Experience the Difference**

Customers have shared transformative experiences at Let's Move Fitness, attributing their success to the dedication of our coaches and the supportive environment. Whether you're looking to lose weight, build strength, or simply maintain a healthy lifestyle, our coaches provide the right techniques and encouragement every step of the way.

### **Join Us Today!**

If you're looking for a supportive fitness community with excellent coaching, personalized workouts, and an understanding of your goals, look no further than Let's Move Fitness. With a commitment to accessibility and a wide range of services, we invite you to join us and experience the uplifting vibe for yourself. Don't wait—your fitness journey begins here!

### **Our location is in**

7910 Atlantic Ave, 90201 Cudahy, California - United States (US)

The contact line of this **Fitness center** is +1310-991-6176

And if you want to send a WhatsApp, you can do so at +1310-991-6176

If you wish to update any element that you believe is not precise concerning this page, please forward a message so that we will correct it at the earliest convenience. Thank you in advance thanks.

## Images



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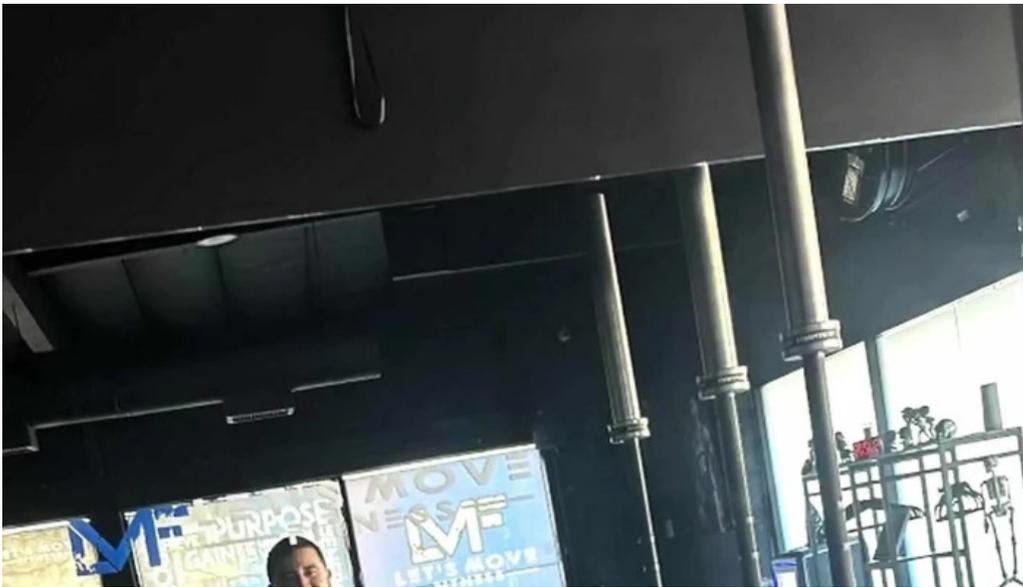
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## Tags

*Service options, Wheelchair-accessible car park, Wheelchair-accessible entrance, Online classes, On-site services, Accessibility*

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**5.0 \*** *Let's Get Fit Personal Training Llc - Allen Park*

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<b>4.9 *</b>	<i>Raw Fit Miami - Miami</i>
<b>4.7 *</b>	<i>MPower Gym - Miami</i>
<b>5.0 *</b>	<i>Ltff (a Personal Fitness, Exercise Lifestyle &amp; Training Company) "Llewellyn the Fit Foodie" - Alameda</i>

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academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop

college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel

indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna

school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
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swimming school
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wellness program
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yoga instructor
yoga studio
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