

Electro Fitness: Best Electro Fitness

### **Ageless Fitness and Vitality Booth Wellness Center - Estero**

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# Ageless Fitness and Vitality Booth Wellness Center - Estero

# Welcome to Ageless Fitness and Vitality Booth Wellness Center in Estero, Florida

Ageless Fitness and Vitality Booth Wellness Center is not just another **fitness center**; it's a sanctuary for health enthusiasts and those on a wellness journey. Located in Estero, Florida, this center provides a range of **on-site services** that cater to various health needs.

## **Amenities and Offerings**

The center is renowned for its exceptional **amenities** including therapeutic modalities such as Halo Therapy, Cryo Compression, and an Infrared Sauna. These offerings have proven beneficial for many visitors, helping to alleviate issues like arthritis and sinus problems. One happy customer noted, "My husband has shown significant improvement regarding sinus issues," showcasing the effectiveness of their services.

#### **Wellness Features**

Among the highlights of Ageless Fitness are its state-of-the-art facilities, which include:
Infrared Sauna: Ideal for relaxation and recovery. Cryotherapy: Great for boosting energy levels and reducing inflammation. Halo Therapy: A unique treatment effective for lung and breathing issues. Visitors can also enjoy Wi-Fi access throughout the facility, making it easy to stay connected even while focusing on wellness.

## **Accessibility and Convenience**

Ageless Fitness goes above and beyond to ensure comfort for all clients. The center features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, reinforcing its commitment to inclusivity. This attention to detail allows everyone to benefit from their wide range of treatments.

## **Active Military Discounts**

As a token of appreciation for service, Ageless Fitness offers **active military discounts**, ensuring that those who serve our country can prioritize their health and wellness without financial strain.

## **Customer Experience and Testimonials**

The testimonials from clients reflect a deep satisfaction with both the services and staff at Ageless Fitness. One visitor enthusiastically mentioned, "The team is caring, compassionate, and efficient," highlighting the supportive environment fostered by professionals like Luke, Mary, and Alyssa. Many patrons have shared their transformative experiences, stating things like, "I love the red light therapy, it has improved my skin pigmentation," and "They provide water, gym shorts, and slippers at no extra cost."

#### Conclusion

Whether you are looking to unwind, recover, or embark on a new fitness

journey, Ageless Fitness and Vitality Booth Wellness Center is the perfect destination. With a welcoming atmosphere, knowledgeable staff, and cutting-edge treatments, it truly stands out as a **hidden gem** in Estero, Florida. Don't miss out on giving yourself the gift of wellness; visit Ageless Fitness today!

#### You can reach us at

10011 Estero Town Commons Place Unit 101A, 33928 Estero, Florida - United States (US)

The contact line of said **Fitness center** is <u>+1239-301-4121</u>
And if you want to send a WhatsApp, you can do so at+1239-301-4121

#### Our business hours are:

Day Hours Monday 7?AM-7?PM Tuesday 8?AM-2?PM Wednesday Closed Thursday 7?AM-7?PM Eriday 7?AM-7?PM Saturday 7?AM-7?PM Sunday 7?AM-7?PM

The website is Ageless Fitness and Vitality Booth Wellness Center

If you wish to update any detail that you consider is incorrect concerning this web, we kindly request deliver a message and we will fix it as soon as possible. With anticipation we appreciate it.

## **Images**



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## **Tags**

Wi-Fi, Accessibility, Wheelchair-accessible car park, On-site services, Offerings, Service options, Active military discounts, Wheelchair-accessible entrance, Amenities, Sauna, Highlights

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indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
porsonal trainer

pharmacy
physical fitness program
physical therapist
physical therapy clinic
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recreation center
rehabilitation center
resort hotel
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