

## Al'z Divine Fitness - Fort Myers

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## Al'z Divine Fitness - Fort Myers

### Discover Al'z Divine Fitness in Fort Myers, Florida

Welcome to **Al'z Divine Fitness**, a veteran-owned fitness center located in the heart of Fort Myers, Florida. This welcoming gym is not just about workouts; it's about building a community that supports and motivates each other towards achieving their health and fitness goals.

### Accessibility for Everyone

Al'z Divine Fitness prides itself on its commitment to **accessibility**. With a wheelchair-accessible car park and entrance, this gym ensures that everyone can participate, regardless of mobility challenges. The team is dedicated to providing a supportive environment where every member feels comfortable and empowered.

## **Personalized Training Experience**

At Al'z Divine Fitness, personal trainer Al takes a tailored approach to fitness. As one satisfied client shared, "Al is very thoughtful about any medical conditions you may have and works around them." Whether you are recovering from an injury or looking to lose weight, Al's personalized training plans are designed to meet your unique needs.

## **Transform Your Health with Online Classes**

The fitness center also offers **online classes** for those who prefer to work out at home or have busy schedules. These classes are designed to fit seamlessly into your life while still providing the motivation and energy of a classroom setting. As one member noted, "I've been working with Al for about 2 years now and lost over 60 lbs. The classes are fun and energetic."

## **A Supportive Community**

What sets Al'z Divine Fitness apart is its family-oriented atmosphere. Members often describe it as a place where they feel supported and encouraged. "He treats everyone like family," one client remarked, highlighting the camaraderie that develops among participants. This positive environment contributes significantly to members' motivation and success.

## **Achieve Your Goals with Proven Results**

Many clients have experienced remarkable transformations through Al's guidance. From significant weight loss to increased strength and energy, the testimonials speak volumes. One individual stated, "I've lost 35 pounds and more than 20 inches in 6 months!" These results are a testament to Al's knowledge of **nutrition** and exercise techniques.

## **Join the Fun at Al'z Divine Fitness**

Whether you are a beginner or a seasoned athlete, Al'z Divine Fitness offers something for everyone. With engaging classes and one-on-one training sessions, there's no better time to get started on your fitness journey. As one devoted member put it, "If you want to exercise but lack motivation, give Al a try."

I guarantee you will not be disappointed!"

Explore the world of fitness at Al'z Divine Fitness and become part of a community that values hard work, dedication, and overall wellness. Your journey to a healthier, happier you starts here!

### Our address is

3903 Dr Martin Luther King Jr Blvd Bay 13, 33916 Fort Myers, Florida - United States (US)

The phone of this **Fitness center** is +1239-878-1971

And if you want to send a WhatsApp, you can do so at +1239-878-1971

### We are open during the following hours:

Day	Hours
Monday	5?AM–6:30?PM
Tuesday	6?AM–12?PM
Wednesday	Closed
Thursday	5?AM–8:30?PM
Friday	5?AM–8:30?PM
Saturday	5?AM–8:30?PM
Sunday	5?AM–8:30?PM

The website is Al'z Divine Fitness

If you require to adjust any data that you think is not correct related to this page, we urge you to deliver a message and we will adjust it quickly. Thanks beforehand we appreciate it.

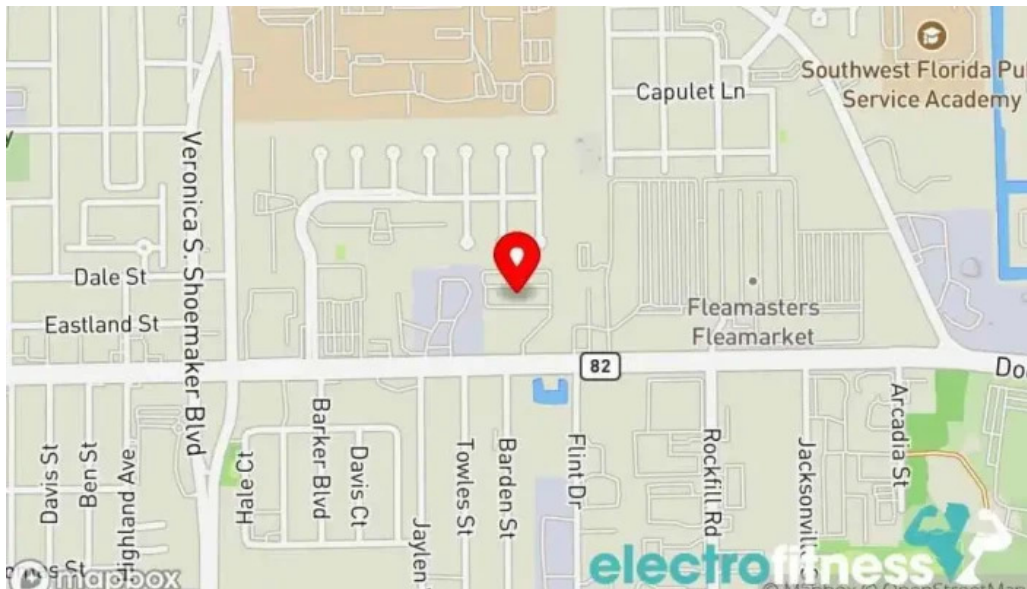
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*Outdoor services, Wheelchair-accessible car park, From the business, Wheelchair-accessible entrance, Service options, Online classes, Identifies as veteran-owned, Accessibility*

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basketball club
basketball court
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boxing gym
boxing ring
buddhist temple
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children's party service
chiropractor
church
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college
community center
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counselor
country club
coworking space
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dance club
dance company
dance school

day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
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elementary school
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fitness equipment wholesaler
food producer
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golf course
golf instructor
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gym
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gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course

indoor lodging
jujitsu school
karate club
karate school
kenel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant

rock climbing
rock climbing gym
rv park
sauna
school
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yoga studio
youth center
youth organization