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The Fitt House - Fort Myers

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The Fitt House - Fort Myers

The FITT House: A Transgender Safe Space and LGBTQ+ Friendly Fitness Center in Fort Myers, Florida

The FITT House stands out as a **welcoming environment** for everyone, focusing on inclusivity and support for all members of the community, including those identifying as transgender and members of the LGBTQ+ community. As a **women-owned** business, The FITT House prides itself on providing a safe space where individuals can feel comfortable while pursuing their fitness goals.

Amenities and On-Site Services

The facility offers a variety of **amenities** designed to enhance your workout experience. Members can enjoy: - **Wheelchair-accessible entrance** - **Wheelchair-accessible car park** - **Gender-neutral toilets** - **Wheelchair-accessible toilet** These features ensure that all guests, regardless of mobility challenges, can access the facilities with ease and comfort.

Service Options Tailored to Your Needs

The FITT House provides numerous **service options**, including personalized training sessions and group classes. This adaptability is particularly evident from client feedback: "I love the vibe inside. Coach Jami is a great trainer. I don't like exercising alone. Everyone there are nice and help each other out." This supportive atmosphere fosters camaraderie, making it easier for members to stay motivated throughout their fitness journey.

Active Military Discounts and Accessibility

For active military personnel, The FITT House proudly offers **discounts**, recognizing their service and dedication. The center's commitment to accessibility also caters to diverse needs, ensuring an enjoyable experience for all patrons.

Class Schedule and Highlights

While The FITT House offers many **fitness classes**, some members have expressed a desire for expanded scheduling options. One participant noted: "It would be nice if the yoga classes were more available to people that work standard hours; a weekend class would be nice." Despite this feedback, many clients still rave about the quality of instruction they receive. Diana Korsak mentioned, "Superb instruction by Heather Jones... Bravo and my sincere gratitude."

Join the Community at The FITT House

In conclusion, The FITT House offers a unique fitness experience in Fort Myers, ensuring a **compassionate atmosphere** for all, especially for those looking for a **LGBTQ+ friendly** environment. With ongoing support from exceptional trainers and a community that feels like family, it's no wonder that members are enthusiastic about their fitness journeys. Whether you are just starting or are an experienced fitness enthusiast, The FITT House is the perfect place to thrive. Explore their **online classes** and take the first step toward a healthier lifestyle today!

We are situated in

14120 Palm Beach Blvd, 33905 Fort Myers, Florida - United States (US)

The contact phone of the respective **Fitness center** is <u>+1239-887-4582</u> And if you want to send a WhatsApp, you can do so at<u>+1239-887-4582</u>

We look forward to seeing you at:

Day Hours Monday

5:30?AM-5?PM

Tuesday

8-9?AM

Wednesday

Closed

Thursday

5:30?AM-7?PM

Eriday 5:30?AM-7:15?PM

Saturday

5:30?AM-7?PM

Sunday

5:30?AM-7?PM

The website is **The FITT House**

In case you want to modify any element that you think is not precise concerning this portal, we kindly request send a message so we can we will handle it at the earliest convenience. In advance we appreciate it.

Images



The fitt house videos



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The fitt house gym



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Tags

Crowd, Transgender safe space, On-site services, Active military discounts, Highlights, From the business, Gender-neutral toilets, Wheelchair-accessible car park, Wheelchair-accessible entrance, LGBTQ+ friendly, Accessibility, Amenities, Wheelchair-accessible toilet, Toilet, Service options, Identifies as women-owned, Online classes

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massage therapist
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medical group
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metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot

personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
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recreation center
rehabilitation center
resort hotel
restaurant
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rv park
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school
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