

Ignition Performance Coaching - Fort Wayne

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Ignition Performance Coaching - Fort Wayne

Welcome to Ignition Performance Coaching in Fort Wayne, Indiana

Ignition Performance Coaching is a ****Black-owned fitness center**** located in the heart of Fort Wayne, Indiana. This facility not only offers a variety of on-site services but also prides itself on its commitment to accessibility, featuring a ****wheelchair-accessible car park**** to ensure all members can enjoy their workouts comfortably.

Appointment Required for Customized Training

Prior to attending classes or personal training sessions, it's important to note that an ****appointment is required****. This allows the coaches to tailor each program according to individual goals and fitness levels. The trainers at Ignition Performance Coaching are dedicated to providing personalized attention to help every client succeed.

Diverse Service Options

From ****online classes**** to in-person training, Ignition Performance Coaching accommodates busy lifestyles by offering flexible scheduling. Whether you're a parent looking to bring your children along or someone pursuing personal fitness goals, there are options for everyone. Classes cater not only to adults but also emphasize being ****good for kids****, making it an ideal environment for family fitness.

Expert Coaches Focused on Results

At Ignition Performance Coaching, you'll find highly skilled trainers like Coach Co, Coach Cadell, and Coliss, who are known for their ****expert knowledge**** in athletic training. They specialize in basketball performance, agility, strength, and endurance enhancement. Clients consistently praise their unique training methods, which focus on accountability and personal growth. Coliss, in particular, has received accolades for his holistic approach to training, ensuring that each session is effective as well as enjoyable. Participants have reported impressive physical transformations, feeling healthier and stronger than ever.

Amenities That Enhance Your Experience

Ignition Performance Coaching is equipped with various ****amenities****, including a ****basketball court****, Wi-Fi access, and spaces for group activities. This allows for a dynamic workout experience, whether you're participating in boot camp classes or engaging in personal training sessions.

Accessibility and Inclusivity

The facility is designed to promote ****accessibility**** for all members. With a wheelchair-accessible car park and welcoming atmosphere, Ignition Performance Coaching aims to create an inclusive environment where everyone feels valued and capable of achieving their fitness goals.

From the Business: A Commitment to Community

Ignition Performance Coaching is not just a fitness center; it is a community hub dedicated to empowering individuals through fitness. The coaches' commitment to supporting clients in reaching their goals is evident in their enthusiastic approach and tailored programs. They understand that health is a journey, and they are here to guide you every step of the way. If you're ready to elevate your fitness journey, become part of the Ignition Performance Coaching family today!

Our business is located at

1518 Gardendale Ave, 46816 Fort Wayne, Indiana - United States (US)

The phone number of said **Fitness center** is +1260-246-1462

And if you want to send a WhatsApp, you can do so at +1260-246-1462

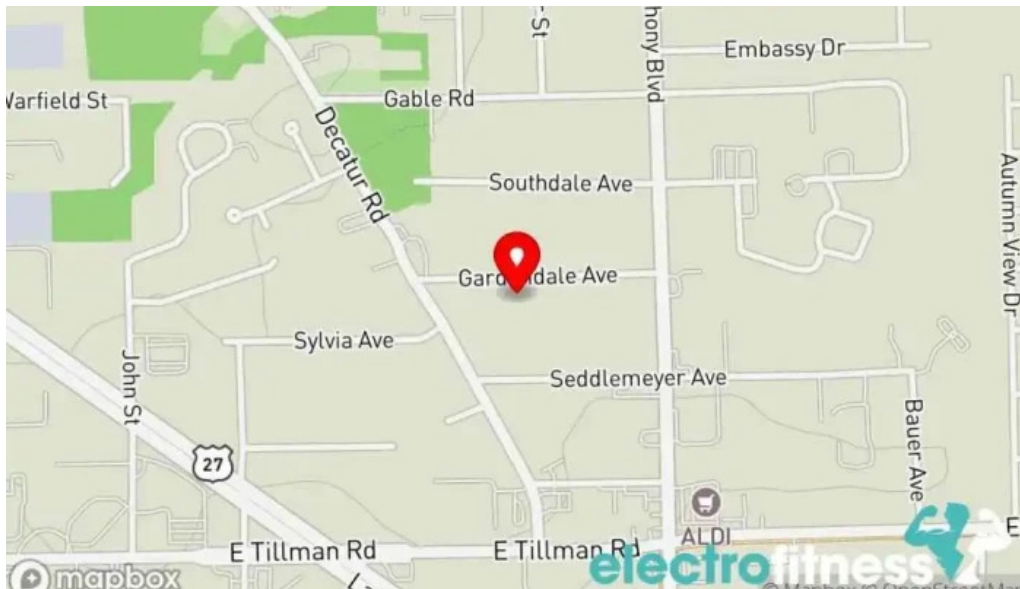
We are open during the following hours:

Day	Hours
Monday	6?AM–9?PM
Tuesday	6?AM–8?PM
Wednesday	6?AM–9?PM
Thursday	6?AM–9?PM
Friday	6?AM–9?PM
Saturday	Closed
Sunday	6?AM–8?PM

The website is Ignition Performance Coaching

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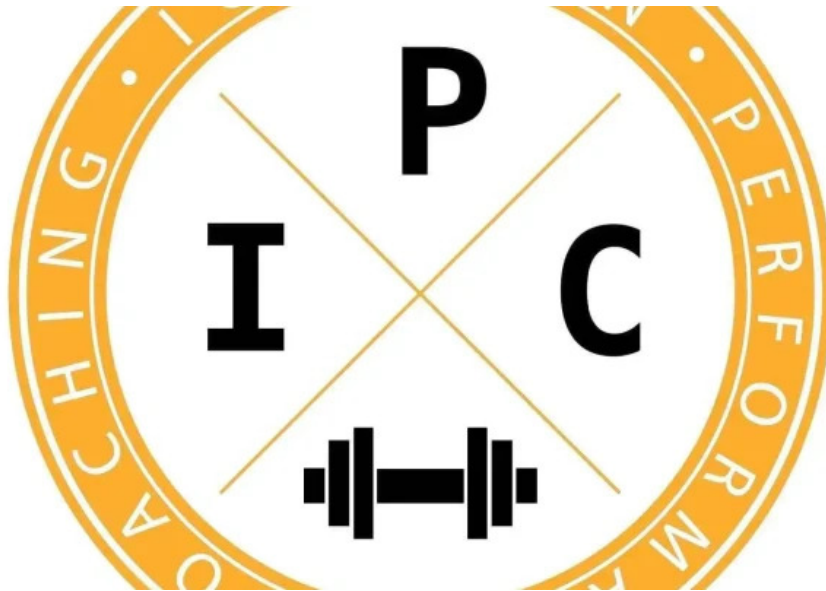
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Ignition performance coaching all

Tags

Accessibility, Children, Good for kids, Appointment required, Service options, Basketball court, Amenities, Online classes, On-site services, Wheelchair-accessible car park, From the business, Planning, Wi-Fi, Identifies as Black-owned

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