

## LONGevity Fitness - Fort Wayne

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## *LONGevity Fitness - Fort Wayne*

### Welcome to LONGevity Fitness: Your Inclusive Fitness Center in Fort Wayne, Indiana

At LONGevity Fitness, we pride ourselves on being a welcoming and inclusive fitness center dedicated to helping you achieve your fitness goals. Our space offers a variety of **service options**, including personalized one-on-one sessions and dynamic small group classes, all led by experienced trainers who are committed to your progress.

## Accessibility and On-Site Services

Our facility is designed with accessibility in mind. We have a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can enjoy our services. Additionally, we provide **gender-neutral toilets** to create a comfortable environment for all individuals.

## A Supportive Environment for All

From the moment you step into LONGevity Fitness, you will feel welcomed like part of the family. The gym culture here is incredibly inclusive, adaptable, and fun. We cater to various fitness levels, offering modifications to accommodate personal needs, making each workout accessible and engaging. Our clients have praised the trainers for their ability to normalize modifications and foster confidence.

## Comprehensive Amenities

In addition to our diverse classes, we offer **on-site services** that go beyond just physical training. Trainers at LONGevity focus on overall wellness, providing nutritional guidance tailored to your individual requirements. This holistic approach ensures that you not only meet your fitness goals but also improve your quality of life.

## Online Classes for Flexibility

To enhance your experience, we also provide **online classes**, allowing you the flexibility to train from home. Whether you're looking to enhance your strength, mobility, or overall fitness, LONGevity Fitness has something to suit your needs.

## LGBTQ+ Friendly and Women-Owned

LONGevity Fitness proudly identifies as a **women-owned** business and is **LGBTQ+ friendly**. We embrace diversity and ensure that all individuals feel safe and respected within our community. Our trainers are dedicated to creating an environment where everyone can thrive, regardless of background or identity.

## Join Our Thriving Community

The crowd at LONGevity Fitness is diverse, with members spanning different ages and fitness levels. Many of our long-term clients have expressed that they found a sense of belonging and support that is often missing in larger gyms. With affordable pricing and evident results, it's easy to see why so many people

recommend us.

## Conclusion

LONGevity Fitness goes above and beyond in every aspect of the fitness journey. If you're looking for a place that prioritizes personal attention, offers a diverse range of workouts, and fosters a caring community, look no further. Sign up for a class or two and experience the difference at LONGevity Fitness. You'll not only feel better but also love yourself more than ever!

### You can find us at

7127 W Jefferson Blvd, 46804 Fort Wayne, Indiana - United States (US)

The phone of said **Fitness center** is +1260-739-7270

And if you want to send a WhatsApp, you can do so at +1260-739-7270

### You can visit us at the following hours:

Day	Hours
Monday	5?AM–7?PM
Tuesday	5?AM–7:30?PM
Wednesday	5?AM–7?PM
Thursday	5?AM–5:30?PM
Friday	8–11?AM
Saturday	Closed
Sunday	5?AM–7:30?PM

The website is LONGevity Fitness

If necessary to alter any detail that you consider is incorrect regarding this page, we urge you to send us a message so that we will adjust it at the earliest convenience. Thanks beforehand thanks for your cooperation.

## Images

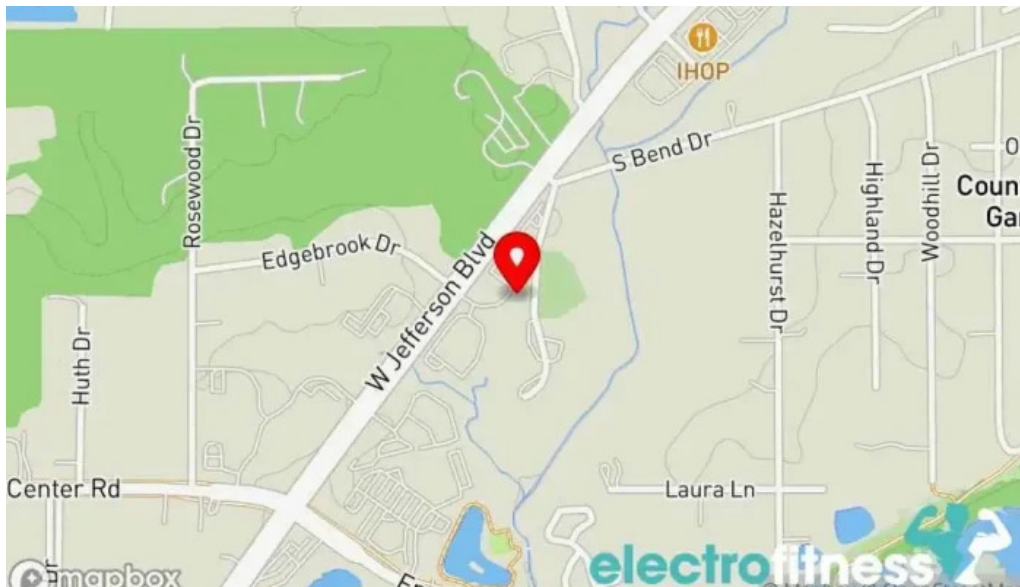


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## Tags

*Wheelchair-accessible car park, Amenities, Gender-neutral toilets, On-site services, Online classes, Crowd, Accessibility, Service options, From the business, Wheelchair-accessible entrance, LGBTQ+ friendly, Identifies as women-owned*

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basketball court
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boxing gym
boxing ring
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college
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convenience store
counselor
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coworking space
cultural center
dance company
dance school
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disc golf course
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educational institution



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firearms academy
fitness
fitness center
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health food store
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hiking area
hospital
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indoor cycling
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karate club
karate school
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medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym

non-profit organization
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parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
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pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
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sports club
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