


Quik Fit 24/7 - Greenbrier

greenbrier

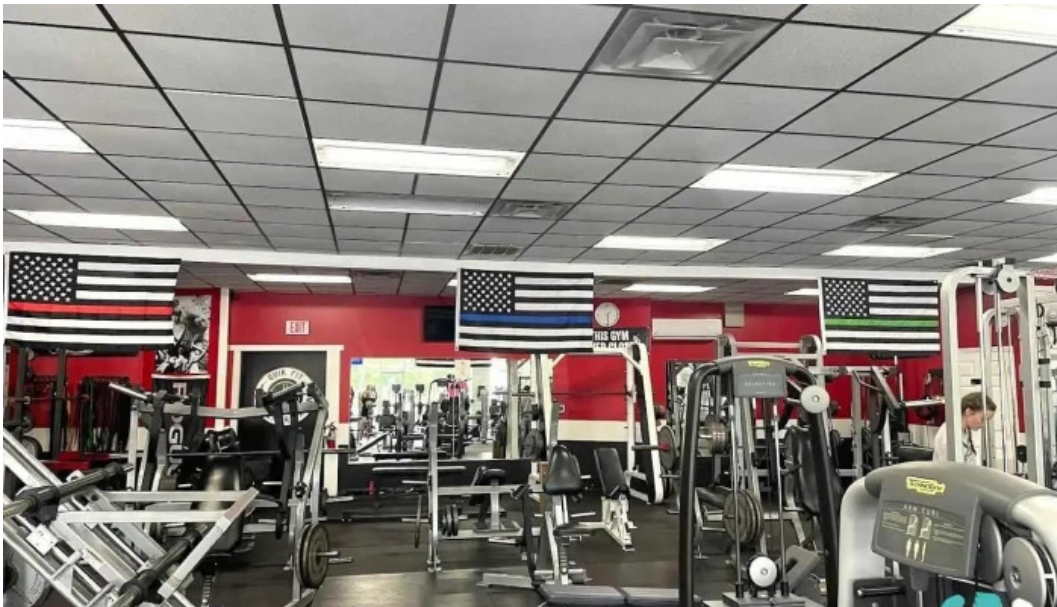
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Quik Fit 24/7 - Greenbrier

Quik Fit 24/7: Your Fitness Destination in Greenbrier, TN

Welcome to Quik Fit 24/7, a premier fitness center located conveniently in Greenbrier, TN. This gym is designed to cater to all your workout needs, offering various amenities that make it an attractive choice for fitness enthusiasts and beginners alike.

Membership Required

To enjoy the wide range of facilities at Quik Fit, a membership is required. With affordable options available, you can gain access to a community that fosters

motivation and support. The gym is committed to providing an inclusive environment, making it easy for everyone to start or continue their fitness journey.

Accessibility Features

Quik Fit acknowledges the importance of accessibility. The facility includes a ****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****, ensuring that all members can easily access the gym. Additionally, all users will find a ****toilet**** that is also wheelchair accessible, making it a comfortable space for everyone.

Highlights of Quik Fit 24/7

One of the standout features of Quik Fit is its commitment to 24/7 accessibility. Members can enjoy the flexibility of working out at any time of day, which is especially convenient for those with busy schedules. Furthermore, the gym offers complimentary ****Wi-Fi**** so you can stay connected while you train.

Special Discounts

Quik Fit proudly offers ****active military discounts**** as part of its commitment to supporting those who serve. With these discounts, military personnel and their families can enjoy the benefits of the gym at reduced rates.

Amenities and Equipment

Quik Fit is equipped with a variety of cardio machines, free weights, and weight training machines, catering to all fitness levels. Although some reviews mention the need for improved maintenance on certain machines, many members appreciate the diverse equipment available. The gym has evolved under the new management of Nate, which has positively transformed the facility into a well-functioning space for fitness enthusiasts. Members have reported a clean and organized environment, contributing to a pleasant workout experience. While there are suggestions for adding specific equipment like a hip thrust machine, the current layout maximizes the space effectively.

Planning Your Visit

For those planning to visit Quik Fit, the location offers convenience with a short drive for many residents in the area. The friendly staff, including Vicky and Karla, are dedicated to assisting new members through the signup process. Overall, Quik Fit 24/7 is more than just a gym; it's a community focused on inclusivity and support. While some feedback indicates a desire for improvements in equipment maintenance and additional amenities, the overall sentiment is positive, particularly regarding the staff's approachability and willingness to help. Whether you're looking to maintain your fitness routine or begin a new journey, Quik Fit 24/7 provides a welcoming atmosphere to achieve your health and wellness goals. Consider joining today!

You can visit us at the address:

2354 Highway 41 South, 2354 US-41, 37073 Greenbrier, TN - United States (US)

The contact phone of the mentioned **Fitness center** is +1615-257-9172

And if you want to send a WhatsApp, you can do so at +1615-257-9172

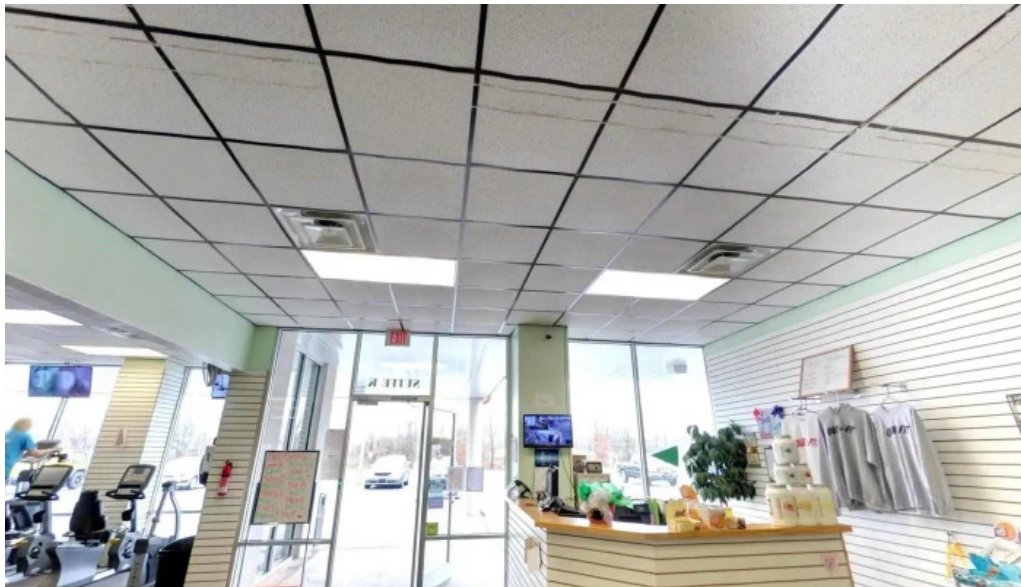
Our opening hours are:

Day	Hours
Monday	8:30?AM–7:30?PM
Tuesday	8:30?AM–7:30?PM
Wednesday	8:30?AM–7:30?PM
Thursday	8:30?AM–3:30?PM
Friday	9?AM–1?PM
Saturday	Closed
Sunday	8:30?AM–7:30?PM

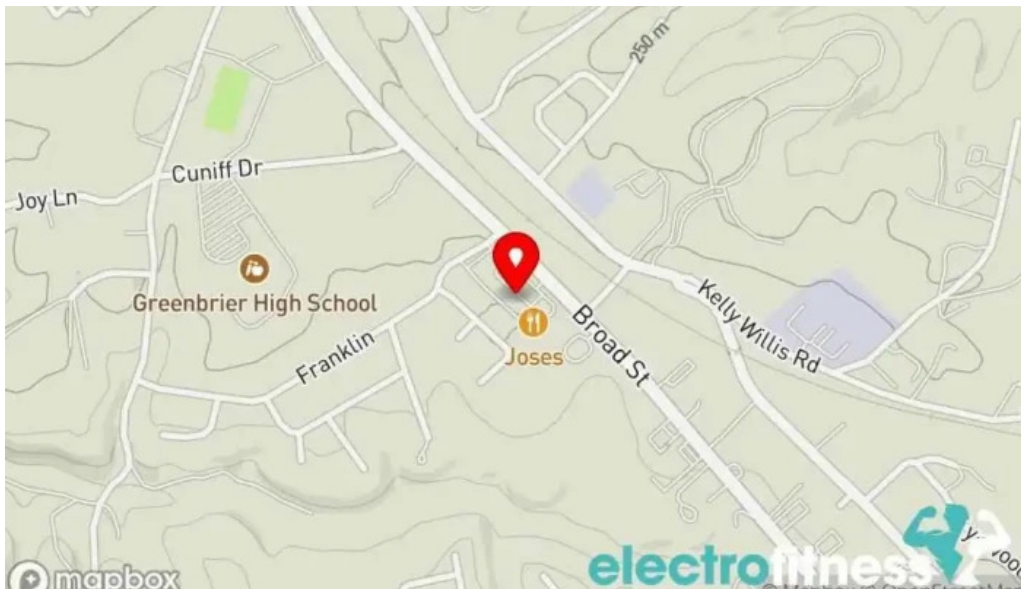
The website is Quik Fit 24/7

If necessary to change any detail that you think is incorrect concerning this page, we ask send us a message and we will fix it at the earliest convenience. In advance we appreciate it.

Images



Quik fit 247 street view 360deg



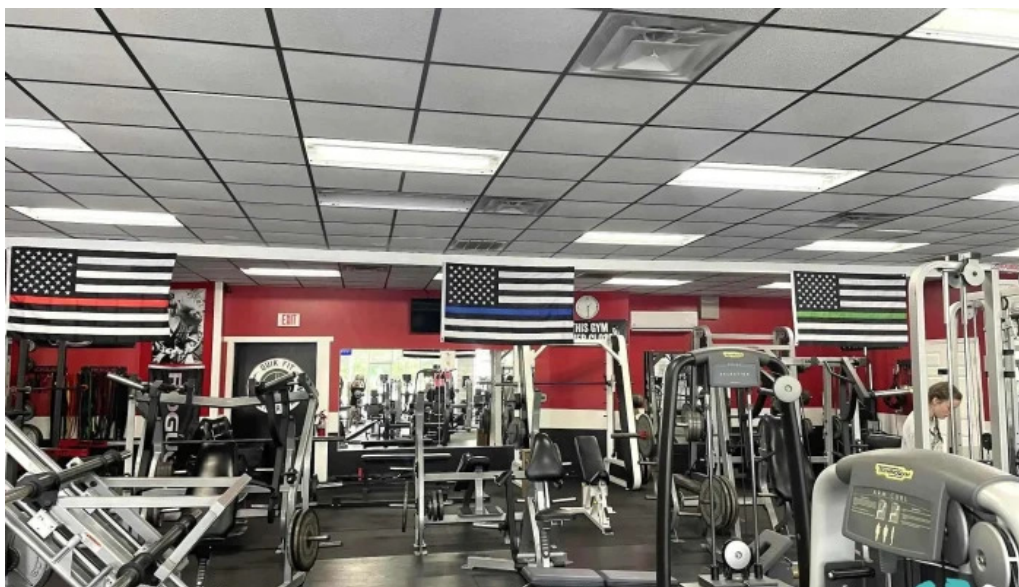
Quik fit 247 map



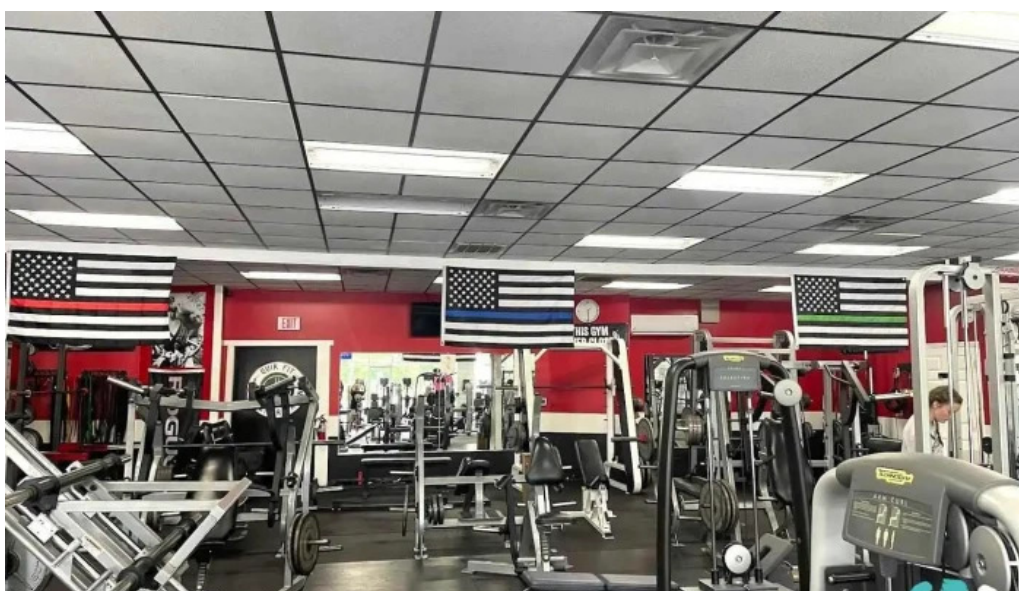
Quik fit 247 gym



Quik fit 247 by owner



Quik fit 247 all



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Tags

Toilet, Wi-Fi, Amenities, Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park, Highlights, Membership required, Active military discounts, Planning

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