

## **Bft Highlands Ranch - Highlands Ranch**

highlands ranch

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*highlands ranch*

## *Bft Highlands Ranch - Highlands Ranch*

### **BFT Highlands Ranch: Your Fitness Sanctuary in Colorado**

Located in the heart of Highlands Ranch, Colorado, **BFT Highlands Ranch** is not just a gym; it's a community hub that focuses on delivering an exceptional fitness experience. With a variety of **class options** and a welcoming atmosphere, BFT is the perfect place for individuals at any fitness level.

### **On-Site Services and Amenities**

BFT Highlands Ranch offers a range of **on-site services** designed to enhance your workout experience. From personal coaching to group classes, members can enjoy a customized fitness journey. The gym features a **wheelchair-accessible car park** and **gender-neutral toilets**, ensuring everyone feels comfortable and included.

## **Accessibility and Inclusivity**

One of the standout features of BFT Highlands Ranch is its commitment to accessibility. The facility is equipped with wide aisles and spacious workout areas, making it easy for individuals of all abilities to navigate. The friendly staff ensures personalized attention, offering modifications for exercises to accommodate different fitness levels. As noted by many members, this makes the program incredibly **accessible** and enjoyable for everyone.

## **A Variety of Workout Experiences**

The diverse range of **service options** at BFT means that you can always find a class that suits your mood or fitness goals. Whether you're interested in strength training, cardio, or high-intensity interval training (HIIT), there's something for every preference. Members have praised the innovative class formats that keep workouts fresh and engaging.

## **A Community of Support and Motivation**

The sense of community at BFT Highlands Ranch is palpable. Many members have highlighted how supportive the atmosphere is, making it feel more like a family than a gym. Individuals from all walks of life come together to encourage each other, creating an environment that fosters growth and motivation. As noted in various testimonials, the coaches are knowledgeable and engaged, providing tailored feedback to ensure proper form and technique.

## **Conclusion: Why Choose BFT Highlands Ranch?**

If you're seeking a fitness center that prioritizes inclusivity, boasts a variety of **amenities**, and offers top-notch coaching, look no further than BFT Highlands Ranch. With its commitment to creating a positive and supportive environment, it's clear that BFT isn't just about working out—it's about building a community where everyone can thrive. Join us and discover your new fitness home!

## **You will find us at**

*9370 S Colorado Blvd Unit A-14, 80126 Highlands Ranch, Colorado - United States (US)*

The contact phone of this **Fitness center** is +1720-828-8060  
And if you want to send a WhatsApp, you can do so at +1720-828-8060

**We open at the following schedule:**

Day Hours  
Monday  
*5?AM–8?PM*  
Tuesday  
*5?AM–8?PM*  
Wednesday  
*5?AM–8?PM*  
Thursday  
*5?AM–8?PM*  
Friday  
*5?AM–8?PM*  
Saturday  
*7?AM–12?PM*  
Sunday  
*7?AM–12?PM*

The website is BFT Highlands Ranch

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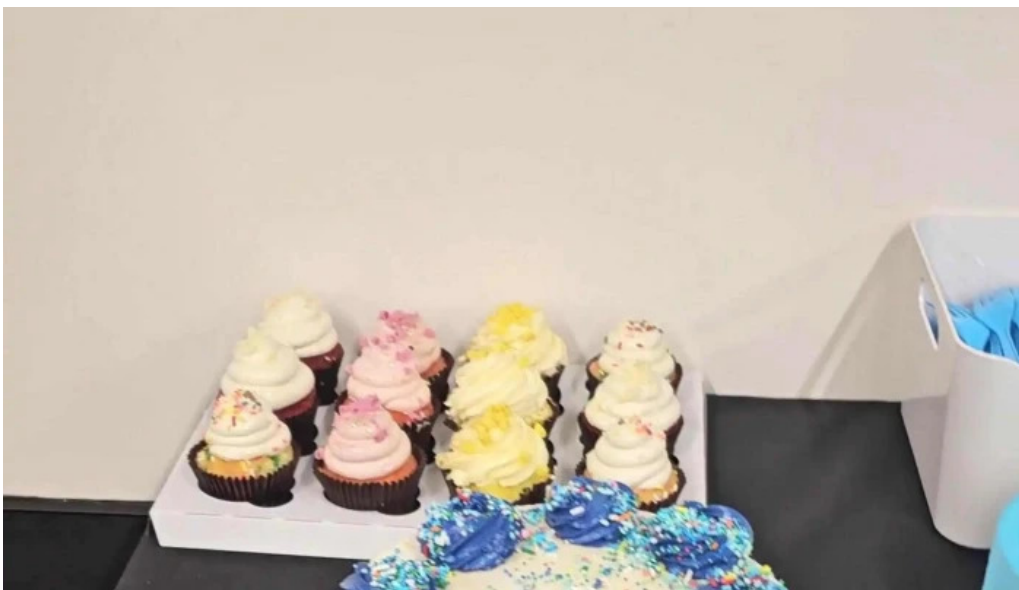
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## Tags

*Service options, Amenities, Gender-neutral toilets, Accessibility, Wheelchair-accessible car park, On-site services*

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amusement park ride



arena
association / organization
athletic club
bar
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boot camp
boxing gym
boxing ring
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chiropractor
church
coffee shop
community center
convenience store
country club
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist

non-profit organization
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization