

**evolve fitness pdx - Hillsboro**

hillsboro

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**Evolve Fitness PDX: Your Premier Fitness Center in Hillsboro, Oregon**

Evolve Fitness, located in Hillsboro, Oregon, is not just another gym; it's a community-focused fitness center that prioritizes **\*\*accessibility\*\*** and personalized fitness journeys. This facility is designed to cater to individuals of all fitness levels, ensuring that everyone feels welcome and supported.

**Accessibility Features**

Evolve Fitness is proud to offer a **\*\*wheelchair-accessible car park\*\*** and a **\*\*wheelchair-accessible entrance\*\***, making it easier for individuals with mobility

challenges to access the gym. This commitment to **accessibility** allows clients to focus on their fitness goals without any barriers.

## **Planning Your Fitness Journey**

When you step into Evolve Fitness, you'll notice a unique approach to **planning** your fitness journey. The trainers take the time to understand each client's story, crafting individualized programs that reflect their specific needs and goals. Whether you're looking to regain strength after surgery or simply wish to enhance your overall fitness, the dedicated trainers are ready to assist.

## **Diverse Service Options**

Evolve Fitness offers a range of **service options** designed to fit every lifestyle. With personal training sessions that cater to both beginners and seasoned fitness enthusiasts, clients can choose what works best for them. Furthermore, the option for **online classes** ensures that people can continue their fitness journey from the comfort of their own homes, adapting to various schedules and lifestyles.

## **Exceptional On-Site Services**

The **on-site services** at Evolve Fitness are tailored to meet the needs of all clients. Personal trainers like Clinton and Kelli have been praised for their extensive knowledge and compassionate approaches. For instance, one client shared how Clinton helped her regain strength and mobility after a severe spinal condition, enabling her to perform activities she thought were permanently out of reach. Another testimonial highlighted Kelli's ability to support clients pre- and post-pregnancy, emphasizing the importance of **balance** between work and personal life. These testimonials reflect the quality of service clients can expect.

## **Appointment Required for Personalized Attention**

At Evolve Fitness, an **appointment is required** for personal training sessions. This ensures that each session is tailored specifically to the individual, allowing trainers to provide focused attention and create effective workout plans. This level of detail sets Evolve Fitness apart from larger gyms, where personal interaction may be lacking.

## **A Community that Cares**

One of the standout features of Evolve Fitness is its community atmosphere. Clients frequently mention the friendly environment, where individuals recognize one another and share greetings as they come and go. This sense of community is essential for maintaining motivation and accountability in one's fitness journey. In conclusion, Evolve Fitness in Hillsboro, Oregon, stands out as a premier fitness center that emphasizes accessibility, personalized planning, and a supportive community. Whether you are looking for one-on-one training,

group sessions, or online classes, Evolve Fitness has something to offer everyone. Join today and take the first step towards achieving your fitness goals!

**We are situated in**

8295 NE Evergreen Pkwy, 97124 Hillsboro, Oregon - United States (US)

The contact line of the respective **Fitness center** is +1503-349-4771  
And if you want to send a WhatsApp, you can do so at +1503-349-4771

**Our public attention hours are:**

Day Hours  
Monday  
5?AM–7?PM  
Tuesday  
5?AM–7?PM  
Wednesday  
5?AM–7?PM  
Thursday  
5?AM–7?PM  
Friday  
5?AM–7?PM  
Saturday  
5?AM–7?PM  
Sunday  
5?AM–7?PM

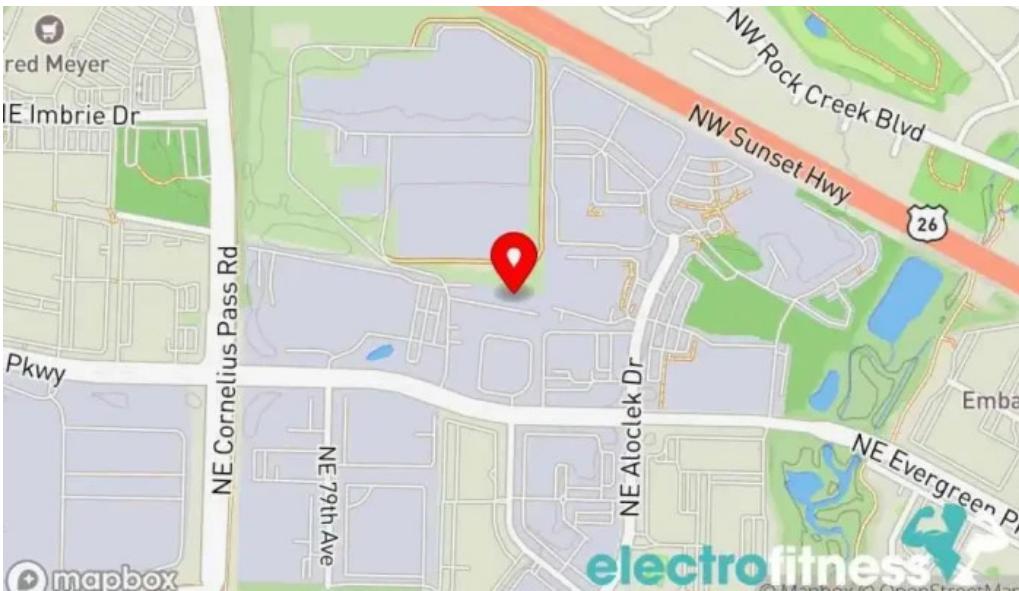
The website is evolve fitness pdx

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**Images**



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*Evolve fitness pdx map*



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*Evolve fitness pdx gym*



*Evolve fitness pdx fitness center*



*Evolve fitness pdx by owner*



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## Tags

*On-site services, Planning, Service options, Online classes, Appointment required, Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance*

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boxing gym
boxing ring
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church
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coworking space
cultural center
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fitness center
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gymnasium school
gymnastics center
gymnastics club
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health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
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martial arts school
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massage therapist
medical group
medical spa
meditation center
metaphysical supply store

muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
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sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic

sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
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wellness program
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