

Ami Health & Fitness - Holmes Beach

holmes beach

☐ I'm not a robot



RECAPTCHA

Published on: 01/06/25	Hits: 1016
Comments: 0	See comments
Votes: 127	Score: 4.8

https://www.electrofitness.com/fitness-center/holmes-beach/ami-health-fitness-holmes-beach_364536.php



holmes beach

Ami Health & Fitness - Holmes Beach

Explore AMI Health & Fitness: Your Ideal Gym in Holmes Beach, Florida

If you're visiting Anna Maria Island and looking to maintain your fitness routine, ****AMI Health & Fitness**** is the perfect destination. Located in Holmes Beach, this gym offers a unique combination of amenities, accessibility, and a welcoming environment for all fitness enthusiasts.

Accessibility Features That Matter

One of the standout features of AMI Health & Fitness is its commitment to

accessibility. The **wheelchair-accessible car park** and **wheelchair-accessible entrance** ensure that everyone can enjoy their workout without barriers. This dedication to inclusion makes it an ideal choice for individuals of all abilities.

A Women-Owned Fitness Center

AMI Health & Fitness proudly identifies as a **women-owned business**, providing a supportive space for everyone, especially women looking for a comfortable and empowering workout environment.

What Makes AMI Health & Fitness Stand Out?

Based on numerous reviews from satisfied customers, AMI Health & Fitness has several qualities that contribute to its stellar reputation:

- **24-Hour Access**: Many users appreciate the convenience of being able to work out whenever it fits their schedule, thanks to the **24-hour key card access**.
- **Well-Maintained Facility**: The gym is described as “meticulously and immaculately maintained,” which is crucial for those who prioritize cleanliness and hygiene in a workout space.
- **Variety of Equipment**: From ample cardio machines to a full dumbbell and kettlebell set, the gym provides everything you need. Reviewers especially love the barbell area, featuring two squat rack/deadlift platform combos—perfect for barbell enthusiasts.
- **Friendly Staff**: The welcoming and accommodating staff are often highlighted in reviews. Whether you're a local or just visiting, they make every effort to ensure your experience is enjoyable, helping with anything from membership setups to personal training.

Community Vibes and Flexibility

AMI Health & Fitness offers a sense of community that's hard to find elsewhere. Many visitors note that it feels like a "home away from home" where you can meet like-minded fitness buddies. The flexible membership options cater to both short-term visitors and long-term members, making it easy to keep up with your fitness goals while enjoying your stay on the island.

Customer Testimonials

Here are some snippets of what members say about their experiences at AMI Health & Fitness:

- “The week-long membership option was perfect. 24/7 access is a must for me!”
- “I spent two days here and had a great workout with personalized training sessions.”
- “As a frequent visitor, I can confidently say this gym is a great asset to the Anna Maria community!”

Conclusion

For anyone in Holmes Beach, AMI Health & Fitness is more than just a gym; it's a thriving community that prioritizes accessibility, cleanliness, and member satisfaction. Whether you're a local or just passing through, make sure to check

out AMI Health & Fitness for an excellent workout experience.

You can find us at

5364 Gulf Dr, 34217 Holmes Beach, Florida - United States (US)

The contact phone of the respective **Fitness center** is +1941-778-5446

And if you want to send a WhatsApp, you can do so at +1941-778-5446

Our business hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is AMI Health & Fitness

If necessary to change any data that you consider is incorrect concerning this portal, we urge you to forward a message and we will handle it promptly. Thanks beforehand thanks for your cooperation.

Images



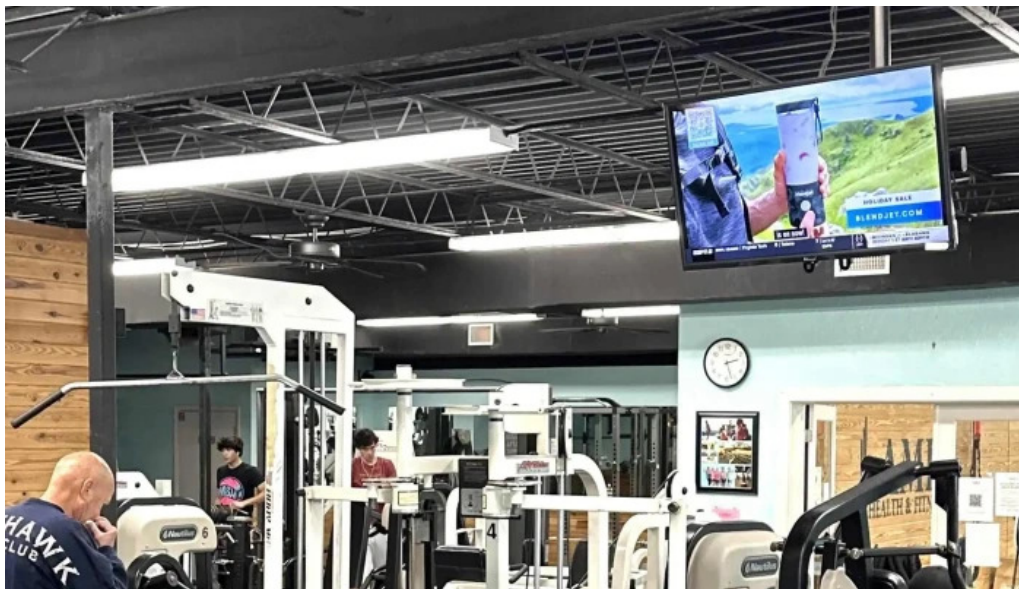
Ami health fitness videos



Ami health fitness street view 360deg



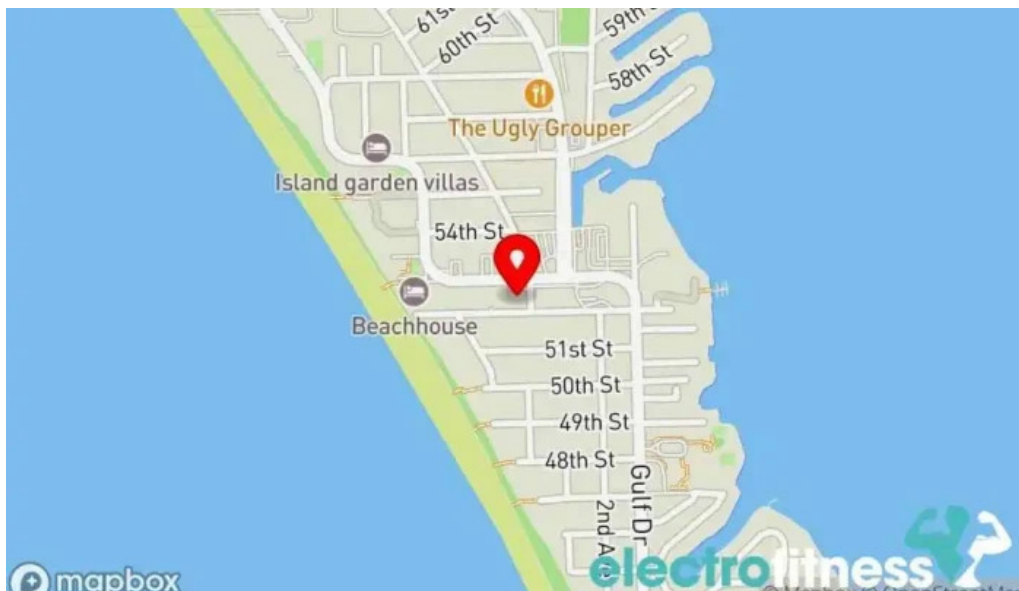
Ami health fitness prices



Ami health fitness phone



Ami health fitness near me



Ami health fitness map



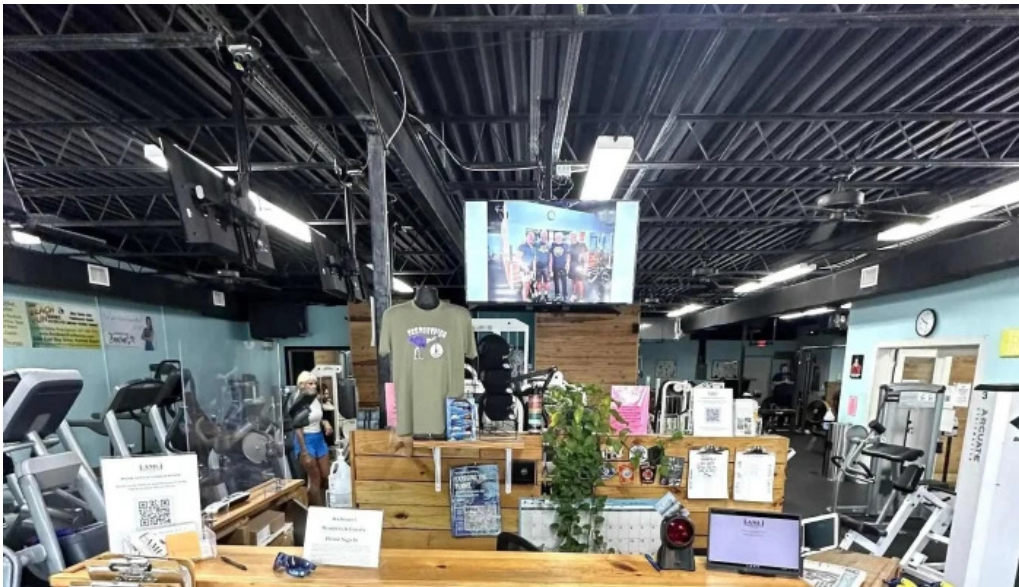
Ami health fitness holmes beach



Ami health fitness gym



Ami health fitness fitness center



Ami health fitness discounts



Ami health fitness comments



Ami health fitness all



Ami health fitness address

Tags

Identifies as women-owned, Wheelchair-accessible car park, Wheelchair-accessible entrance, From the business, Accessibility

Related content

3.7 * *Holmes Boxing - Santa Fe*

3.6 * *Crunch Fitness - South Beach - Miami Beach*

4.6 * *Barry's Miami Beach - Miami Beach*

4.5 * *Pal Gym Miami Beach - Miami Beach*

4.9 * *Sweat440 Fitness Miami Beach - Miami Beach*

4.8 * *Hiperfit Miami Beach - Miami Beach*

4.4 * *Beach Hill Self Equipment Gym - Alpena*

4.5 * *Renaissance ClubSport Aliso Viejo Laguna Beach Hotel - Aliso Viejo*

5.0 * *Lake Tahoe Yoga Beach Classes - Glenbrook*

4.7 * *Edison's Smart Fitness - North Myrtle Beach*

Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
athletic track
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community college
community health centre
convenience store
corporate office

counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
equestrian facility
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
general hospital
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant

health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
hypnotherapy service
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist

physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shoe store
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
specialized clinic
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor

swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
truck stop
university
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization