

Quest Fitness - Kennebunk

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Discover Quest Fitness: A Premier Fitness Center in Kennebunk, Maine

Quest Fitness offers a vibrant and inclusive atmosphere that caters to all ages and fitness levels. Located in the heart of Kennebunk, this gym is not just a place to work out; it's a community hub designed with the needs of its members in mind.

Amenities That Make a Difference

One of the standout features of Quest Fitness is its commitment to accessibility. The facility boasts ****wheelchair-accessible entrances****,

restrooms, and a **car park** ensuring that everyone can enjoy their experience comfortably. The **gender-neutral toilets** reflect Quest's dedication to inclusivity, making it a **transgender safe space** for all members. Another highlight is the **swimming pool** which provides a refreshing option for lap swimming, complemented by **showers** and a relaxing **sauna** area. These amenities ensure that after an invigorating workout, you can unwind and rejuvenate.

Family-Friendly and LGBTQ+ Friendly

Quest Fitness is truly **good for kids**. They offer classes that cater to younger members, ensuring that families can engage in healthy activities together. The environment is warm and welcoming, fostering a sense of community among all members, including those from the **LGBTQ+** spectrum. The commitment to providing a safe and comfortable space is reflected in the friendly atmosphere that members frequently praise. Many have noted how Quest Fitness embraces diversity and promotes wellness for all individuals, regardless of their background or fitness level.

Classes and On-Site Services

With a variety of **on-site services**, including personal training and diverse exercise classes, Quest Fitness caters to both beginners and advanced athletes. Members consistently rave about the quality of instruction, particularly mentioning how classes led by passionate instructors like Hayley leave them motivated and inspired. The addition of **online classes** has also been a significant advantage, especially during challenging times, allowing members to stay active from the comfort of their homes while maintaining a connection to the gym community.

Highlights and Community Engagement

Despite some challenges regarding crowd control during peak hours, many members appreciate the supportive community at Quest Fitness. The facility is equipped with top-of-the-line machines and weights, and the staff is described as friendly and attentive. Though experiences may vary, the commitment to improvement remains a priority for both staff and management. Quest Fitness continually seeks feedback to enhance member experience, and many patrons express their enjoyment in being part of a gym that listens actively to their needs.

Membership Options

While **membership is required** to access the full suite of services, Quest Fitness offers various affordable plans to fit different budgets. With **active military discounts** available, they ensure that fitness is accessible to all who wish to prioritize their health and well-being.

Final Thoughts

If you're in the Kennebunk area and searching for a comprehensive fitness center, Quest Fitness stands out as a premier choice. With a welcoming atmosphere, excellent amenities, and a focus on community, it's hard to find a fitness center that rivals the offerings of Quest. Whether you're looking to lift weights, swim laps, or take part in engaging classes, Quest Fitness is indeed a gem in Southern Maine. Plan your visit and see firsthand what makes Quest Fitness so special!

We are positioned at

2 Livewell Dr, 04043 Kennebunk, Maine - United States (US)

The phone number of the respective **Fitness center** is +1207-467-3800
And if you want to send a WhatsApp, you can do so at +1207-467-3800

You can visit us at the following hours:

Day	Hours
Monday	5?AM–7?PM
Tuesday	7?AM–6?PM
Wednesday	7?AM–6?PM
Thursday	5?AM–8:30?PM
Friday	5?AM–8:30?PM
Saturday	5?AM–8:30?PM
Sunday	5?AM–8:30?PM

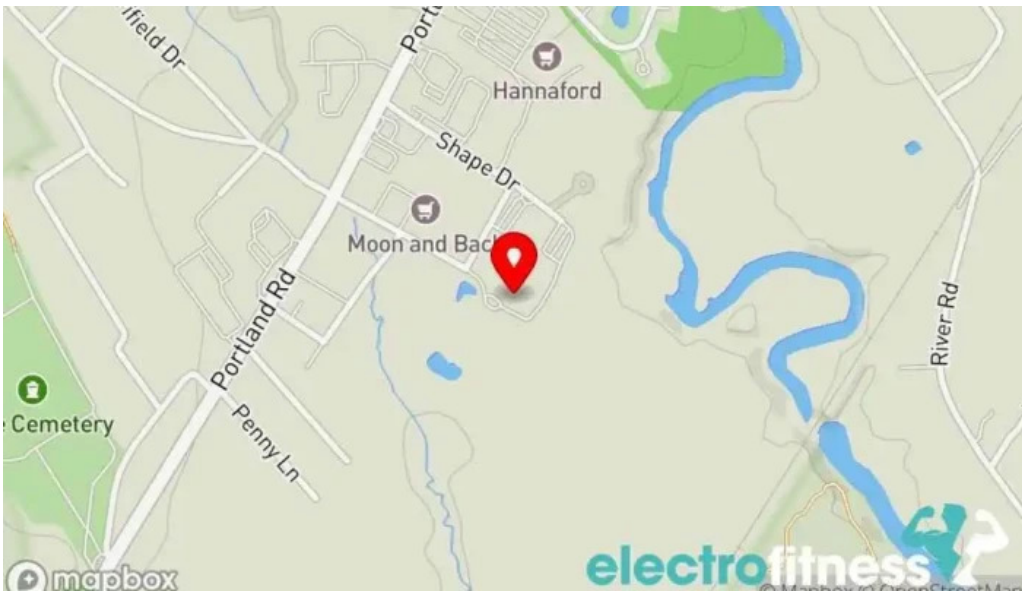
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Quest fitness map



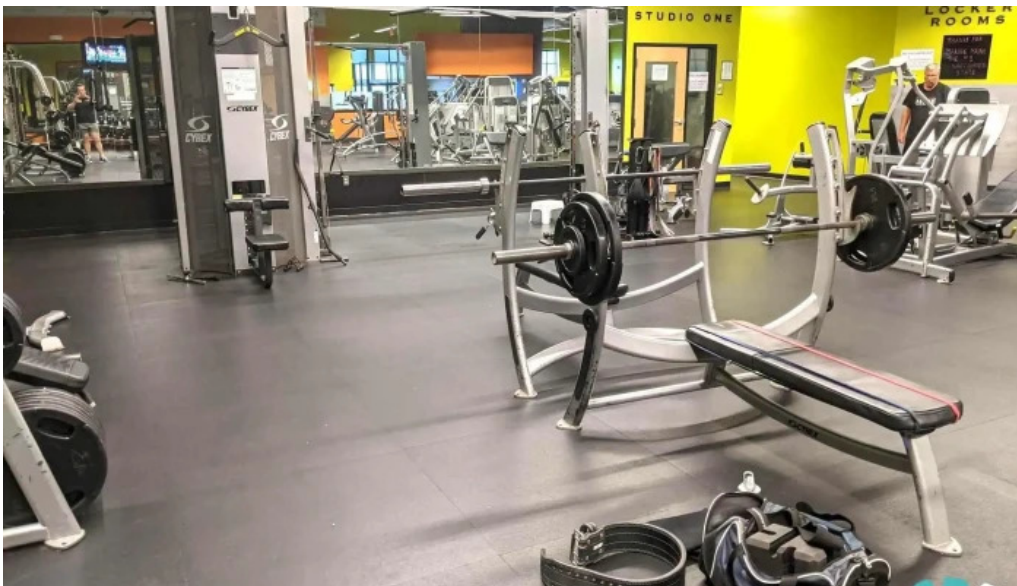
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Quest fitness fitness center



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Tags

Planning, Sauna, Shower, Active military discounts, Atmosphere, Membership required, On-site services, Online classes, Swimming pool, Wheelchair-accessible entrance, Good for kids, Wheelchair-accessible car park, Children, Crowd, Amenities, Highlights, LGBTQ+ friendly, Transgender safe space, Wheelchair-accessible toilet, Accessibility, Gender-neutral toilets, Service options

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