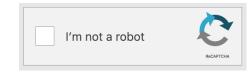


### **Kingsley Field Fitness Center - Klamath Falls**

klamath falls



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# Kingsley Field Fitness Center - Klamath Falls

### Kingsley Field Fitness Center: A Comprehensive Overview

Located in Klamath Falls, Oregon, the \*\*Kingsley Field Fitness Center\*\* is a well-equipped gym that caters to a variety of fitness enthusiasts. With amenities designed to meet diverse needs, this facility is a great choice for anyone looking to achieve their fitness goals.

#### Accessibility Features

One of the standout aspects of Kingsley Field Fitness Center is its commitment

to inclusivity. The \*\*wheelchair-accessible entrance\*\* ensures that everyone can enjoy the benefits of the gym. Additionally, the \*\*wheelchair-accessible car park\*\* provides convenient access for individuals with mobility challenges, making it easier for them to focus on their workouts.

## **Facilities and Equipment**

The fitness center boasts an extensive range of equipment to support a well-rounded training routine. While some equipment may be worn out, it remains serviceable, allowing members to get good training in without compromising their workout experience. The treadmills available are functional, although they have limited settings that direct users towards preset options to reach their fitness goals. This may not suit everyone, but it offers a basic option for cardiovascular workouts.

## Multi-Purpose Spaces

The facility features a \*\*basketball court\*\* designed in a fieldhouse style, which doubles as a venue for racquetball. This multi-purpose space adds versatility to the gym, catering to various interests beyond traditional weightlifting or cardio.

## **CrossFit and Specialty Equipment**

For those interested in high-intensity workouts, the full \*\*CrossFit room\*\* is a highlight. It includes a selection of specialty equipment such as bumper plates, speed ropes, and kettlebells. Other notable equipment includes hex bars, A-bars, barrel bars, a pull-up bar, and even a row machine. The outdoor area features a big tire for unique workout opportunities, enhancing the overall fitness experience.

### **Locker Room Amenities**

Members will find that the \*\*locker room\*\* is equipped with full-size lockers and four showers, though it does have limited space. This can be a consideration during peak hours, but the facility's cleanliness and upkeep ensure a pleasant environment for all.

### Conclusion

Overall, the Kingsley Field Fitness Center is a solid option for fitness enthusiasts in Klamath Falls. With its accessibility features, diverse equipment offerings, and well-maintained facilities, it stands out as a welcoming place for individuals of all fitness levels. Despite some limitations in space and equipment wear, the gym manages to create a clean and inviting atmosphere that rarely feels crowded. Whether you're looking to lift weights, shoot hoops, or engage in CrossFit training, Kingsley Field Fitness Center has something for everyone.

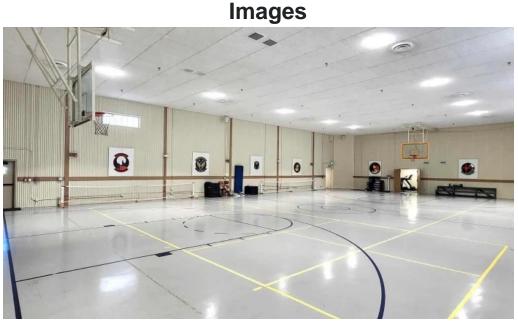
#### The location of our premises is

6820 Reber Ave, 97603 Klamath Falls, Oregon - United States (US)

#### We are available at these times:

Day Hours Monday Open 24 hours Tuesday Open 24 hours Wednesday Open 24 hours Thursday Open 24 hours Eriday Open 24 hours Saturday Open 24 hours Sunday 10:30?AM-12?AM

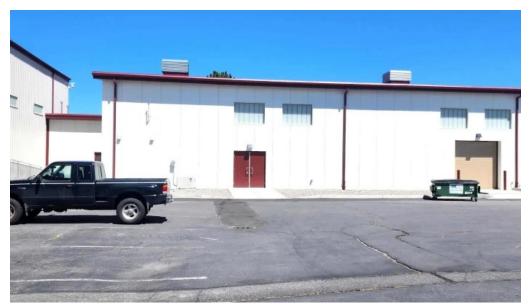
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Kingsley field fitness center videos



Kingsley field fitness center map



Kingsley field fitness center klamath falls



Kingsley field fitness center gym



Kingsley field fitness center fitness center



Kingsley field fitness center area



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# Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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