

Gap Fitness Studios - Malakoff

malakoff

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Welcome to GAP Fitness Studios in Malakoff, Texas

GAP Fitness Studios is not just an ordinary fitness center; it is a community-oriented establishment that prioritizes inclusivity and accessibility. This women-owned business has redefined the fitness experience for many residents in Malakoff.

Accessibility Features

One of the standout features of GAP Fitness Studios is its commitment to **accessibility**. The studio boasts a **wheelchair-accessible car park**, ensuring that all visitors can easily access the facilities without any hindrance. This thoughtful design choice demonstrates the studio's dedication to creating a welcoming environment for everyone.

Wheelchair-Accessible Entrance

Upon arrival, guests will find a **wheelchair-accessible entrance** that facilitates easy entry into the studio. This feature is essential for ensuring that all members, regardless of mobility challenges, can participate in fitness activities and enjoy the various programs offered.

Women-Owned Business Commitment

Identifying as a **women-owned** establishment, GAP Fitness Studios empowers women in the community by providing a safe space for fitness and wellness. The studio fosters a supportive atmosphere where individuals can come together to achieve their health goals, build confidence, and cultivate friendships.

From the Business

At GAP Fitness Studios, the focus extends beyond just physical fitness; it encompasses overall well-being. The staff is dedicated to providing personalized support and guidance, ensuring that every member feels valued and motivated on their fitness journey. With a variety of classes and programs available, everyone can find something that suits their needs.

Join the GAP Fitness Community

If you're in Malakoff, Texas, and looking for a fitness center that prioritizes accessibility and inclusivity while being proudly **women-owned**, look no further than GAP Fitness Studios. Experience the difference that a supportive community can make in your fitness journey today!

You will find us at

110 E Mitcham St, 75148 Malakoff, Texas - United States (US)

The contact line of said **Fitness center** is +1682-478-6633

And if you want to send a WhatsApp, you can do so at +1682-478-6633

Our business hours are:

Day Hours
Monday

Closed

Tuesday

8:30–11?AM 5:30–8?PM

Wednesday

Closed

Thursday

Closed

Friday

8:30–11?AM

Saturday

Closed

Sunday

8:30–11?AM 5:30–8?PM

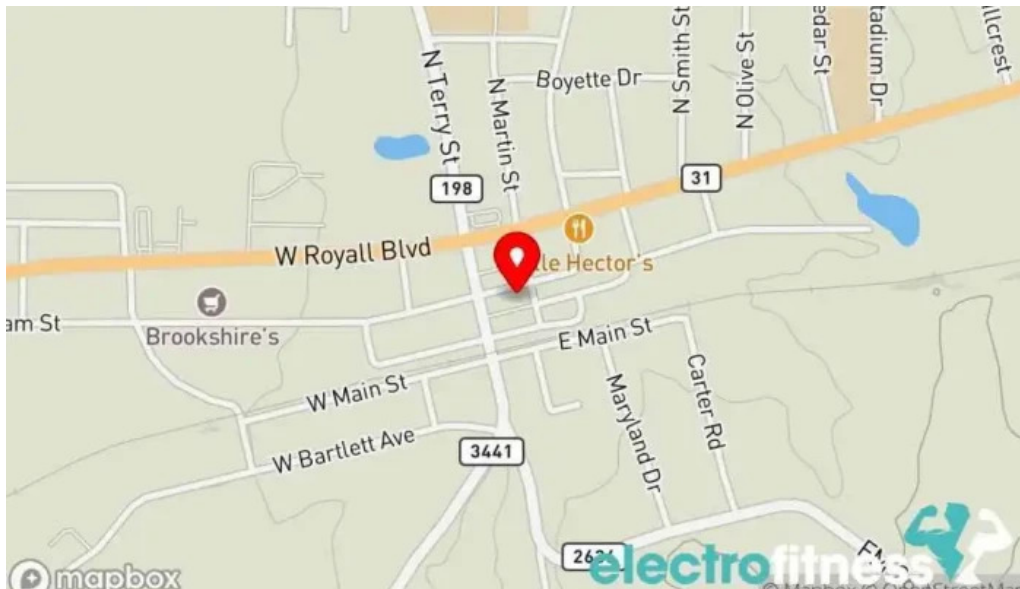
The website is [GAP Fitness Studios](#)

If you require to alter any data that you feel is incorrect regarding this page, please send us a message and we will fix it at the earliest convenience. Thanks beforehand thank you very much.

Images



Gap fitness studios street view 360deg



Gap fitness studios map



Gap fitness studios malakoff



Gap fitness studios by owner



Gap fitness studios all

Tags

Accessibility, Identifies as women-owned, Wheelchair-accessible car park, Wheelchair-accessible entrance, From the business

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jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist

outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
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parking lot
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pharmacy
physical fitness program
physical therapist
physical therapy clinic
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