

Boutique Fitness Mattapoissett - Mattapoissett

mattapoissett

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Welcome to Boutique Fitness Mattapoissett

Located in the scenic town of Mattapoissett, Massachusetts, **Boutique Fitness** offers a unique fitness experience that caters to individuals of all backgrounds and fitness levels. This women-owned gym is not just a place to work out; it's a community that fosters inclusivity and personal growth.

Amenities That Enhance Your Fitness Journey

Boutique Fitness Mattapoissett provides a range of **amenities** designed to support your fitness goals:

Mobility Room: A specialized area where members can improve their flexibility and strength. **Group Sessions:** Engage in small group workouts that promote camaraderie and motivation. **Personal Training:** Tailored sessions with experienced trainers who focus on individual needs. **Online Classes:** Flexibility in training options, allowing you to join workouts from home. **Wi-Fi:** Stay connected while you work out.

Service Options and Accessibility

All services at Boutique Fitness require an **appointment** to ensure personalized attention for each member. The gym is proudly **LGBTQ+ friendly** and offers **gender-neutral toilets** for added comfort. The facility also features a **wheelchair-accessible car park**, making it easy for everyone to access our services.

Planning Your Fitness Journey

When you join Boutique Fitness, you're not just signing up for a gym; you're becoming part of a supportive community. Members share their journey, and many have transformed their lives through dedication and the guidance of experienced trainers like **Jenn F.** Training sessions are not only effective but also enjoyable, bringing energy and excitement to every workout.

The People Behind Your Success

The coaches at Boutique Fitness Mattapoissett are described as **lovely, helpful, knowledgeable, and supportive.** They meticulously monitor each member's progress, ensuring workouts are safe and effective. With their encouragement, members often feel motivated and empowered to push their limits and achieve their goals.

Join the Community

If you're looking for a supportive environment to kickstart or continue your fitness journey, look no further than Boutique Fitness Mattapoissett. With a membership required, you'll gain access to dedicated trainers, engaging classes, and a welcoming atmosphere that will make you look forward to your workouts.

Discover how Boutique Fitness can help you on your path to wellness. Experience the blend of personalized service, community spirit, and exceptional training today!

You can reach us at

92 North St, 02739 Mattapoisett, Massachusetts - United States (US)

The contact line of this **Fitness center** is +1508-758-4000

And if you want to send a WhatsApp, you can do so at +1508-758-4000

Visit us during the following hours:

Day Hours

Monday
5?AM–6:30?PM

Tuesday

6–10:30?AM

Wednesday

Closed

Thursday

5?AM–7:30?PM

Friday

5?AM–12:30?PM 4–7:30?PM

Saturday

5?AM–7:30?PM

Sunday

5?AM–12?PM 4–7:30?PM

The website is Boutique Fitness Mattapoisett

If necessary to update any detail that you believe is not precise about this page, we urge you to send us a message so that we will fix it promptly. Thank you in advance we appreciate it.

Images



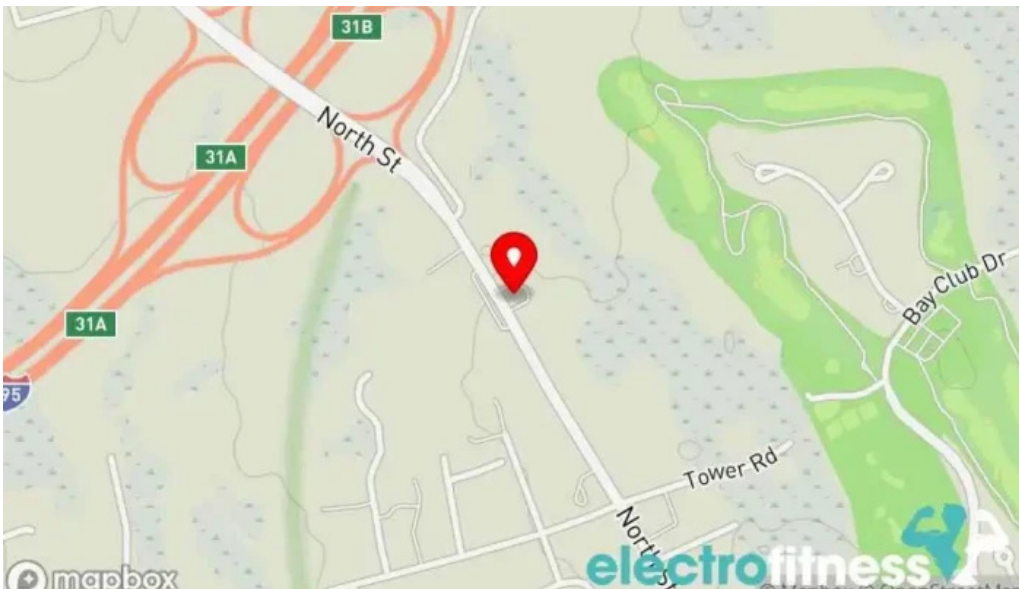
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Boutique fitness mattapoisett gym



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Tags

Amenities, Accessibility, Identifies as women-owned, Wi-Fi, On-site services, Wheelchair-accessible car park, LGBTQ+ friendly, Appointment required, Planning, Crowd, Membership required, From the business, Gender-neutral toilets, Online classes, Service options

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fitness
fitness center
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gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
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shooting range
shopping mall
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spa and health club
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sports club
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sports medicine clinic
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swimming instructor
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