

Powerhouse Gym Miami - Miami

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Powerhouse Gym Miami: A Comprehensive Overview

Welcome to Powerhouse Gym Miami, a fitness center where every detail is tailored for an exceptional workout experience. Located in the heart of Miami, this gym stands out for its ****spacious environment****, modern facilities, and commitment to inclusivity.

A Welcoming Atmosphere

At Powerhouse Gym, you will find a welcoming ****atmosphere**** that embraces diversity. This facility is not only ****LGBTQ+ friendly**** but also a ****transgender**

safe space**, ensuring everyone feels comfortable while working towards their fitness goals. The staff is known for being friendly and attentive, with special mentions of individuals like Laura and Brandon who go above and beyond to create a welcoming environment.

Accessibility Features

Powerhouse Gym is dedicated to providing a truly inclusive experience. With features such as **wheelchair-accessible seating**, a **wheelchair-accessible entrance**, and a **wheelchair-accessible car park**, this gym ensures that all members can enjoy their time here without barriers. The facilities also include **toilets** and **showers** that are accessible, promoting comfort for everyone.

A Range of Amenities

This fitness center offers a vast array of **amenities** designed to enhance your workout. From top-notch fitness equipment to a **sauna** that helps you unwind post-workout, everything you need for an effective training session is available. Members rave about the heated yoga room, providing an additional layer of relaxation and fitness options. Additionally, amenities such as free **Wi-Fi** make it easy to stay connected while you sweat it out. Whether you're looking to hit the weights or try a new fitness class, Powerhouse Gym has you covered.

Membership and Discounts

To maintain its high-quality environment and services, a **membership is required** at Powerhouse Gym. The level of service you receive, however, makes it worthwhile. There are also **active military discounts** available, showing appreciation for those who serve.

Highlights of Powerhouse Gym

Here are some highlights based on member experiences: - **Spacious Layout**: Members appreciate the wide areas, which ensure that even during peak hours, the gym never feels overcrowded. - **Well-Maintained Equipment**: A diverse range of equipment is consistently kept in excellent condition, catering to various workout preferences. - **Community Vibe**: The positive ambiance and supportive crowd make every visit enjoyable, motivating individuals to reach their fitness goals.

Planning Your Visit

When planning to visit Powerhouse Gym, consider off-peak hours to avoid crowds. While the gym is spacious, visits during busy times can lead to high demand for equipment. On weekends, many members desire more class options, so it's worth checking the schedule ahead of time. In conclusion, if you're seeking a **fitness center** that combines quality equipment,

accessibility, and a positive atmosphere, Powerhouse Gym Miami is an excellent choice. Whether you're a local or just visiting, this gym is dedicated to supporting your fitness journey.

We are located at

450 NW 1st Ave Suite 200, 33128 Miami, Florida - United States (US)

The contact phone of said **Fitness center** is +1786-615-6631

And if you want to send a WhatsApp, you can do so at +1786-615-6631

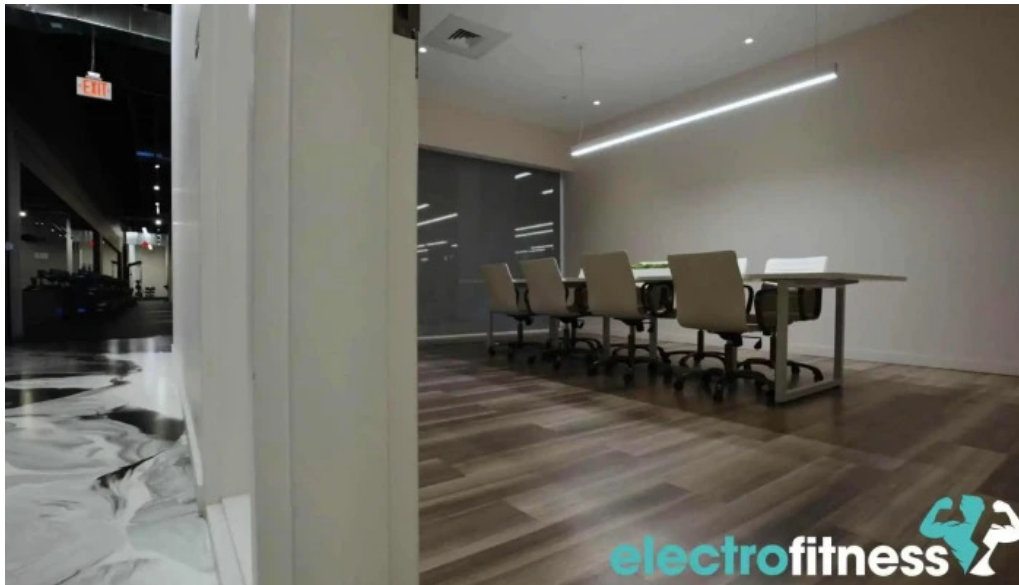
We are available at these times:

Day	Hours
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Tuesday	7?AM–10?PM
Wednesday	7?AM–8?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–11?PM

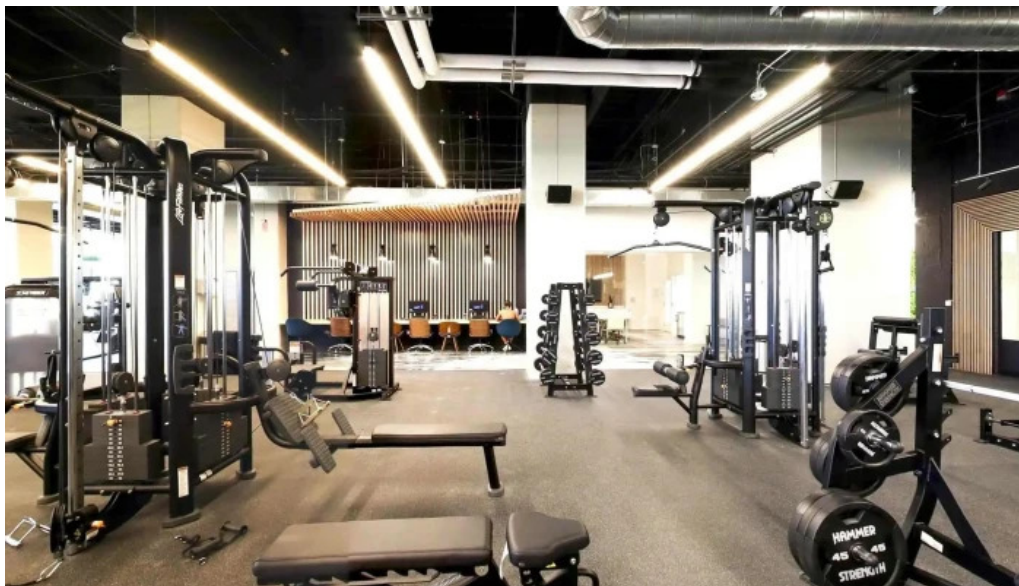
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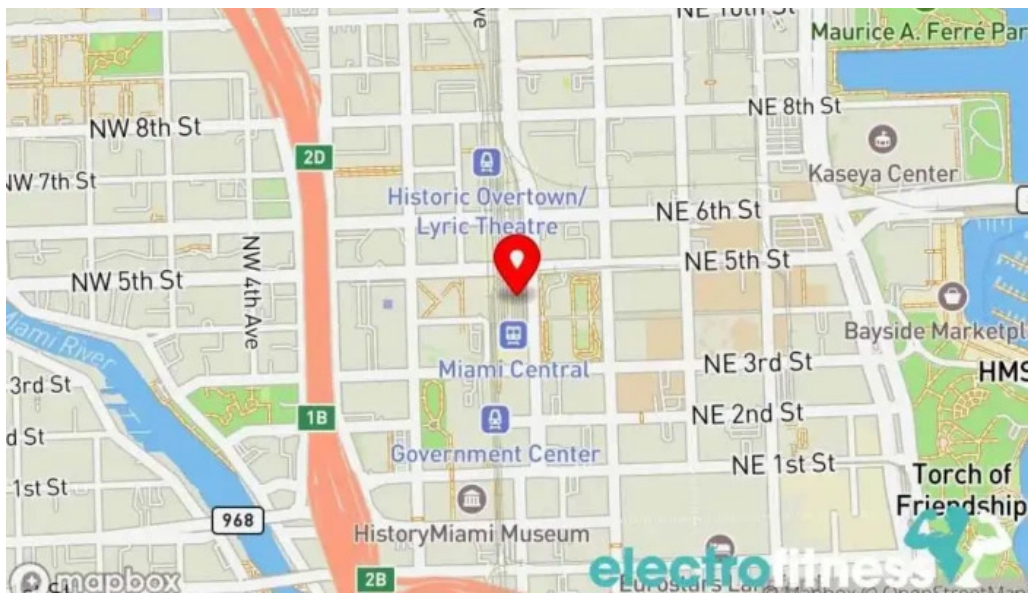
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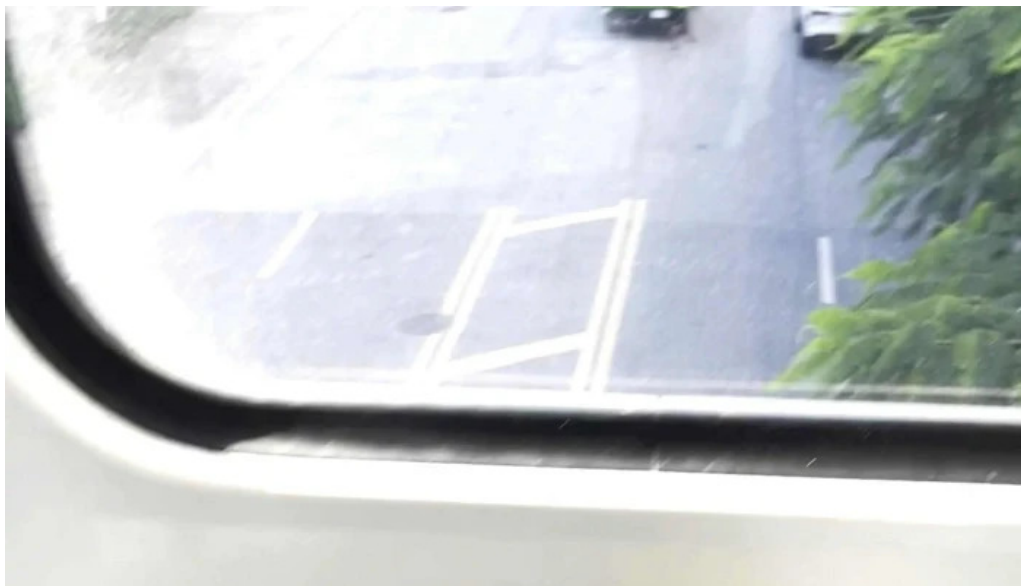
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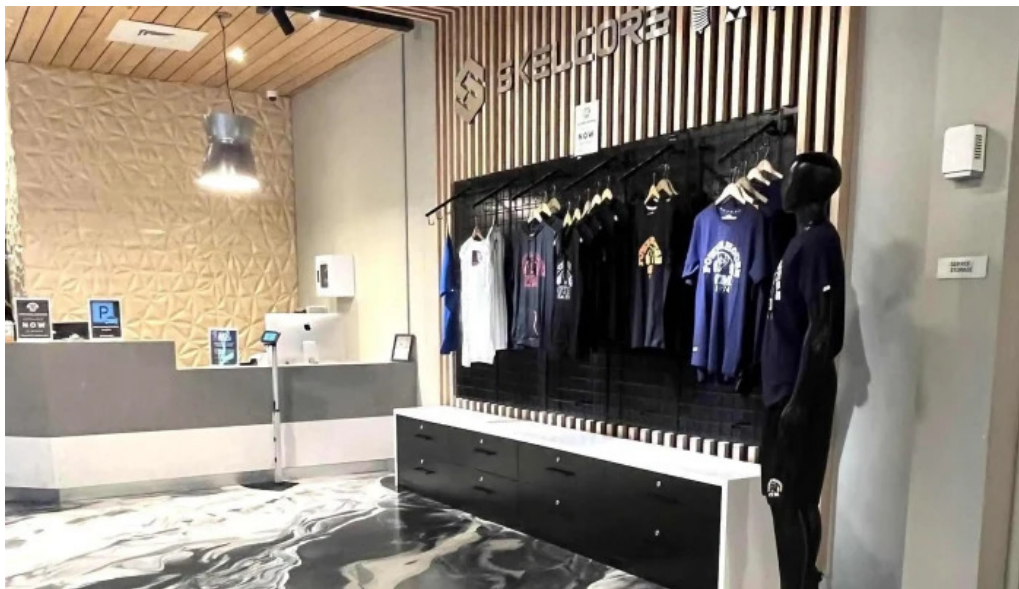
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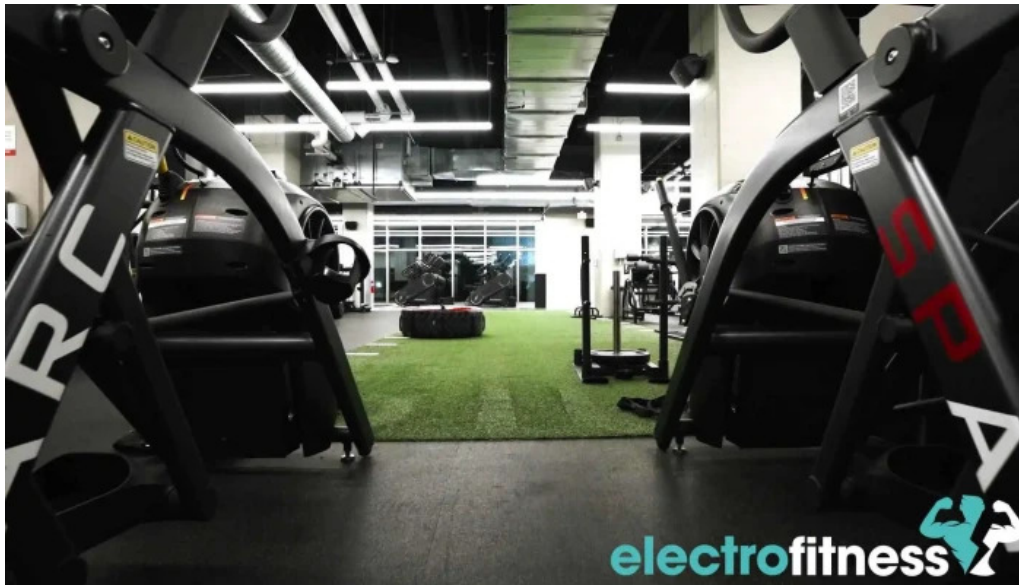
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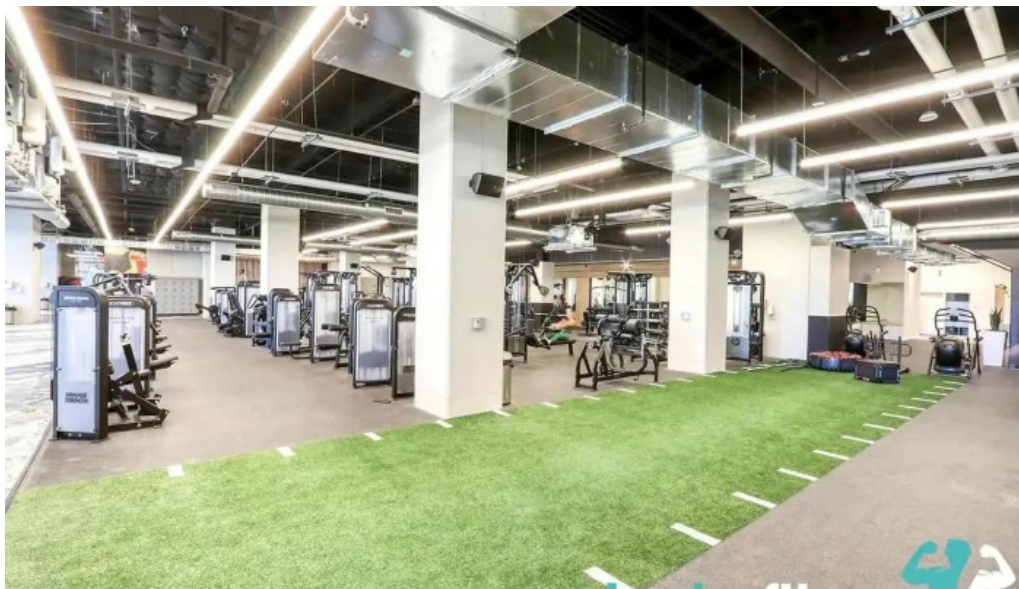
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Tags

Toilet, Wheelchair-accessible entrance, Wheelchair-accessible car park, Highlights, Planning, Accessibility, Sauna, Membership required, Shower, Wi-Fi, Active military discounts, Transgender safe space, Atmosphere, Crowd, LGBTQ+ friendly, Wheelchair-accessible seating, Amenities

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