

Xtreme Fitness of Westchester - Mt Vernon

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Xtreme Fitness of Westchester - Mt Vernon

Xtreme Fitness of Westchester: A Comprehensive Overview

Located in Mount Vernon, New York, **Xtreme Fitness** is a fitness center that boasts extensive offerings for fitness enthusiasts. With three floors filled with a wide variety of equipment, it caters to both serious weightlifters and those looking to maintain an active lifestyle.

Amenities and Equipment

The gym features an impressive array of machines and free weights, ensuring that members can find **equipment for every body part**. Highlights include:
Extensive weightlifting equipment Sauna in the ladies' locker room Free Wi-Fi access Diverse cardio options including treadmills and stairmasters A boxing area and group classes
While Xtreme Fitness is often praised for its selection of machines, many reviews mention that some equipment is outdated or requires repair. Maintenance issues have raised concerns among members about safety and hygiene.

Membership and Pricing

With affordable membership plans, **Xtreme Fitness** provides competitive pricing that appeals to budget-conscious fitness enthusiasts. Special **active military discounts** are also available, making it an attractive option for service members. However, a membership is required to use most services, and there have been mixed reviews regarding customer service experiences during the signup process.

Online Classes and Services

Xtreme Fitness offers a variety of **online classes**, catering to those who prefer at-home workouts. This is particularly beneficial for members looking to maintain their fitness routine outside of the gym environment.

Planning Your Visit

Before heading to Xtreme Fitness, it's wise to plan your visit. Free parking is available nearby; however, many reviews indicate that the parking lot can be inconvenient and is not always well-maintained. Access involves navigating through staircases that some members describe as less than pristine.

Community Feedback

Members of Xtreme Fitness express a range of opinions about their experiences. Many appreciate the sheer volume of equipment available, allowing them to avoid long wait times. Some have highlighted cleanliness issues, particularly in the bathrooms and common areas. Regular maintenance appears to be a concern. Customer service experiences vary widely, with some patrons reporting unwelcoming staff attitudes while others praise friendly interactions.

Conclusion

Xtreme Fitness of Westchester is a gym that has the potential to cater well to

bodybuilding and fitness enthusiasts. While its **amenities** and **offerings** are commendable, attention to cleanliness and maintenance could significantly enhance the overall experience. Whether you're planning to work out regularly or just looking for a day pass, this gym promises something for everyone.

The business is situated at

156 Gramatan Ave, 10550 Mt Vernon, New York - United States (US)

The contact line of the mentioned **Fitness center** is +1914-665-2811

And if you want to send a WhatsApp, you can do so at +1914-665-2811

We look forward to seeing you at:

Day	Hours
Monday	8?AM–8?PM
Tuesday	5?AM–12?AM
Wednesday	5?AM–12?AM
Thursday	5?AM–12?AM
Friday	5?AM–12?AM
Saturday	5?AM–10?PM
Sunday	8?AM–8?PM

If you wish to adjust any information that you believe is incorrect about this portal, we urge you to send a message so that we will handle it as soon as possible. In advance thanks.

Images



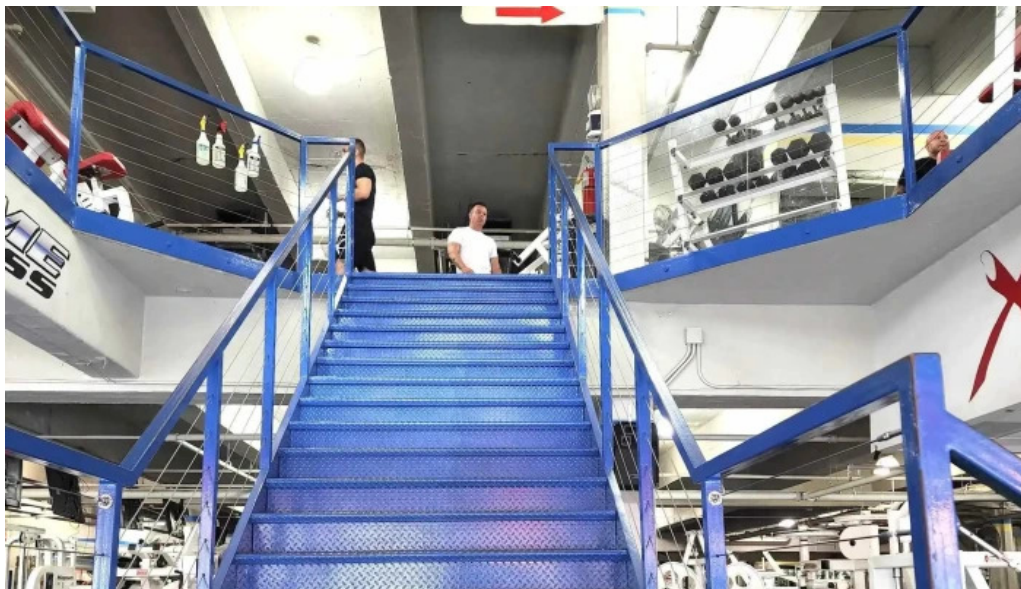
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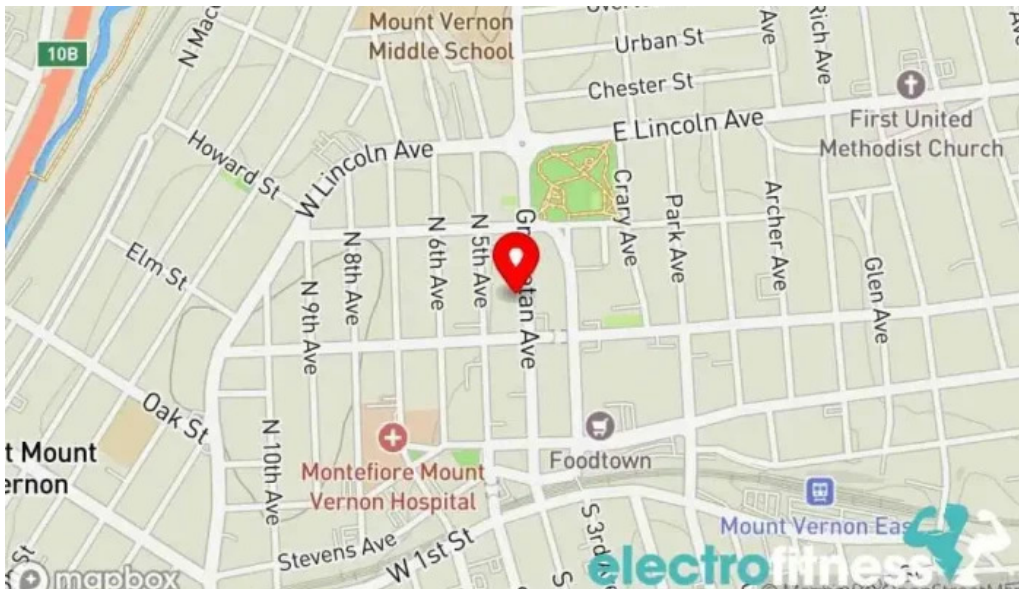
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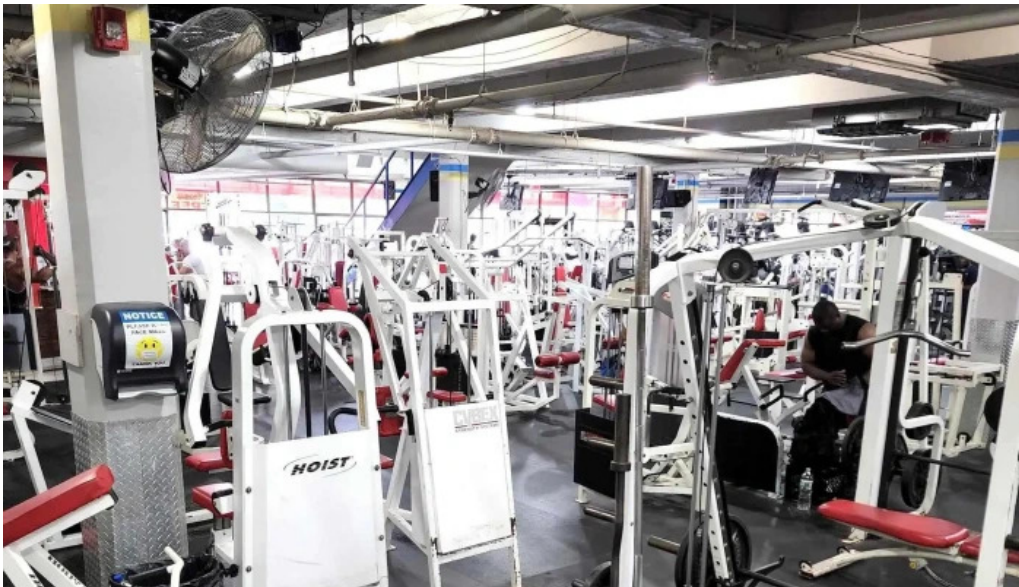
Xtreme fitness of westchester fitness center



Xtreme fitness of westchester discounts



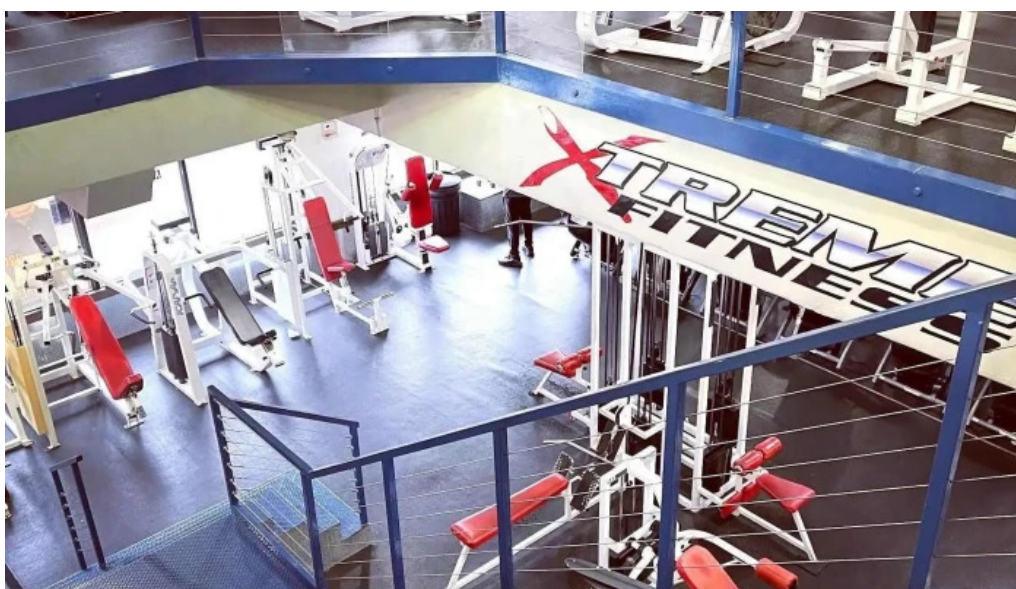
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Tags

On-site services, Wi-Fi, Service options, Membership required, Amenities, Planning, Sauna, Active military discounts, Online classes, Highlights, Offerings

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