

American Fitness 24/7 - Murrells Inlet

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American Fitness 24/7 - Murrells Inlet

American Fitness 24/7: A Premier Fitness Center in Murrells Inlet, South Carolina

If you are looking for a place that caters to all your fitness needs, **American Fitness 24/7** is the perfect fitness center for you and your family. Located in Murrells Inlet, South Carolina, this gym has built a reputation for its welcoming **atmosphere**, comprehensive **amenities**, and dedication to inclusivity.

Accessibility: Everyone is Welcome

One of the standout features of American Fitness is its commitment to **accessibility**. The facility provides a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey without barriers. Additionally, the gym is equipped with spacious locker rooms that include large **showers** to accommodate all members comfortably.

A Family-Friendly Environment

This fitness center is not just for adults; it is **good for kids** too! American Fitness offers various programs such as gymnastics and cheer camps, making it an excellent choice for families looking to promote a healthy lifestyle among their children. The supportive atmosphere fosters a sense of community where families can work out together.

Exceptional Amenities

American Fitness 24/7 boasts an impressive array of **amenities** designed to enhance the workout experience. Members can take advantage of:

- A wide selection of free weights and machines
- A dedicated boot camp room
- A sauna for post-workout relaxation
- Free Wi-Fi throughout the facility

Flexible Planning with 24/7 Access

The gym's **24/7** access allows members to plan their workouts around their busy schedules. Whether you are an early riser or prefer late-night sessions, American Fitness accommodates all lifestyles. Some members have noted the benefits of working out during off-peak hours when the gym is less crowded, allowing for a more focused experience.

Personalized Training Options

Many members have found tremendous success through the personal training offerings at American Fitness. Trainers like **Rollin** and **Adam** have received high praise for their dedication and ability to provide tailored fitness plans for novices and advanced athletes alike. Personal training is highly recommended for those looking to regain strength and confidence in their workouts.

Membership Benefits and Offerings

While a **membership is required**, the benefits vastly outweigh the costs. For about \$40 a month, members enjoy unlimited access to all classes, tanning services, and state-of-the-art equipment. The diverse offerings ensure that everyone finds something to suit their fitness goals, whether it's yoga, aerobics,

or strength training.

Join the Community at American Fitness 24/7

In conclusion, American Fitness 24/7 is more than just a gym; it is a community hub for fitness enthusiasts of all ages. The welcoming atmosphere, extensive amenities, and personalized training options make it a top choice in Murrells Inlet. Whether you're looking to get fit, socialize, or improve your overall well-being, this fitness center has something for everyone. Start your fitness journey today!

We are based in

3334 US-17 BUS, 29576 Murrells Inlet, South Carolina - United States (US)

The contact phone of said **Fitness center** is +1843-651-1111

And if you want to send a WhatsApp, you can do so at +1843-651-1111

We are open during the following hours:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

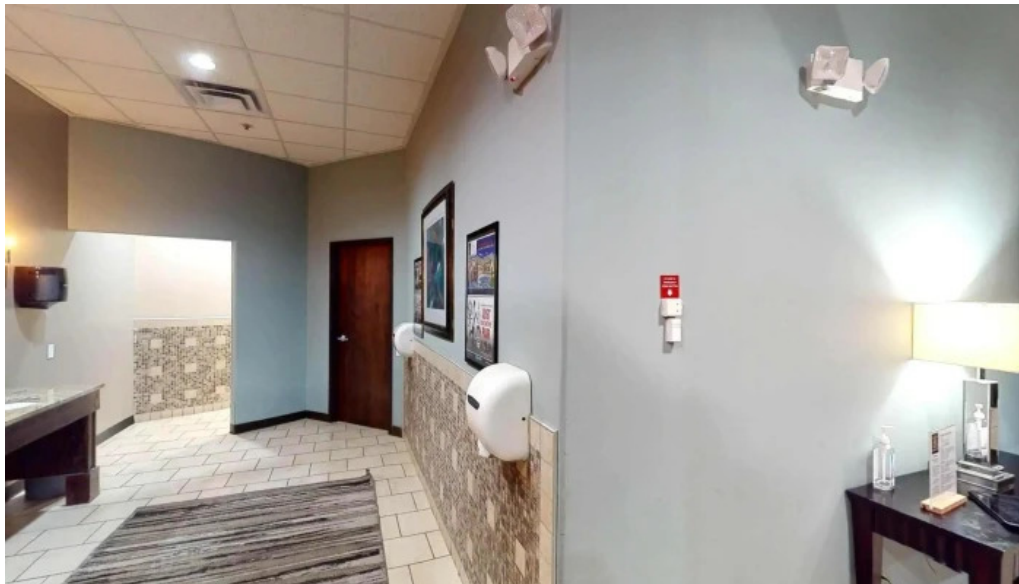
The website is American Fitness 24/7

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Images



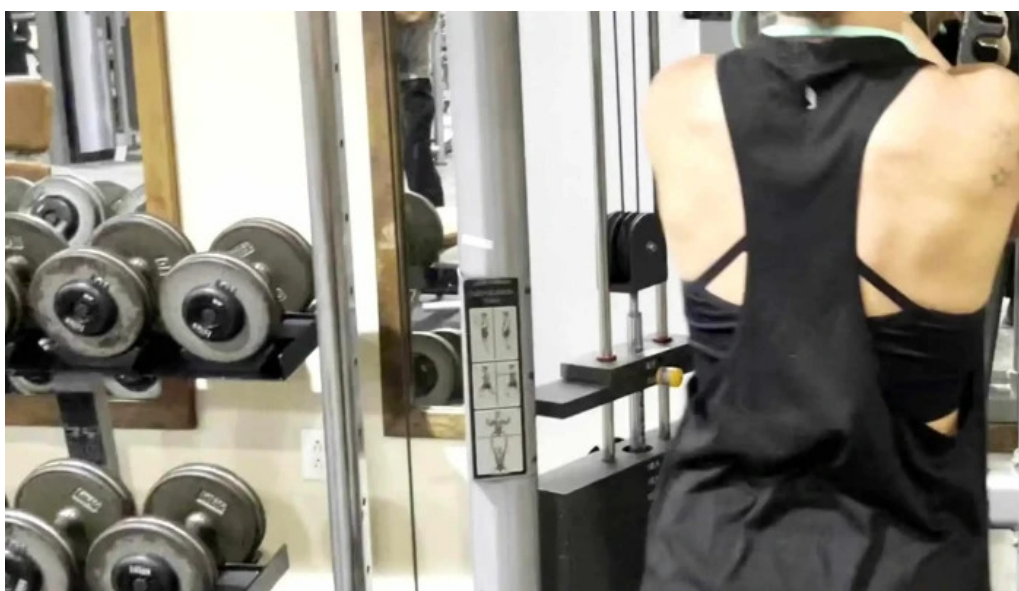
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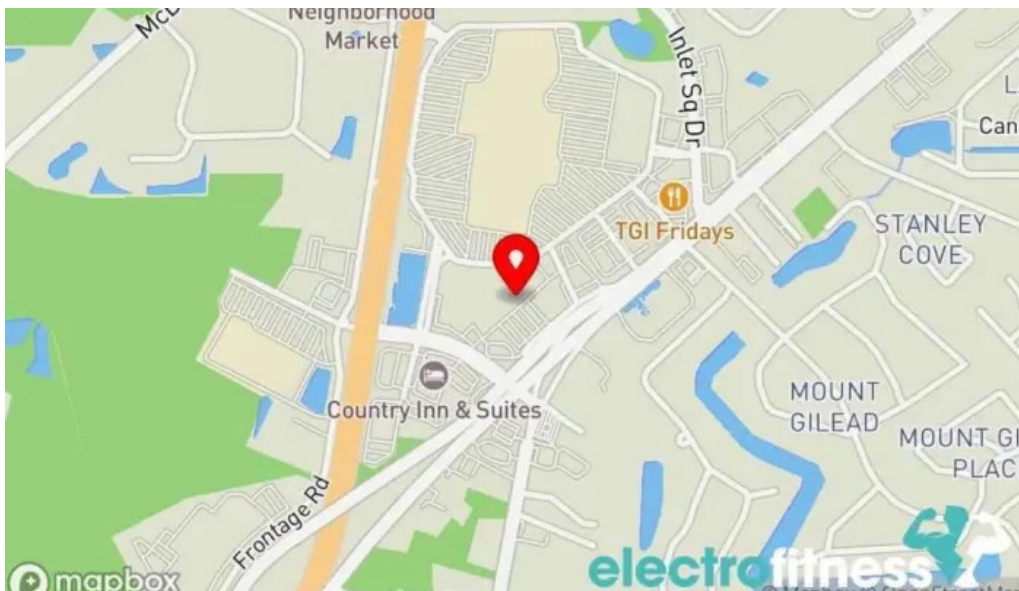
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American fitness 247 location



American fitness 247 how to get there



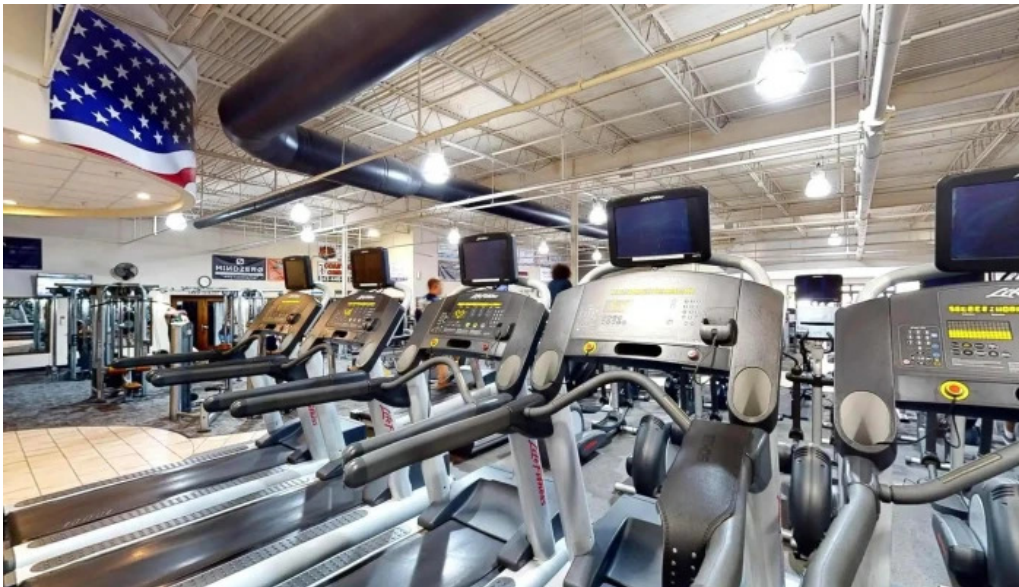
American fitness 247 gym



American fitness 247 fitness center



American fitness 247 by owner



American fitness 247 all



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Tags

Amenities, Wheelchair-accessible entrance, Offerings, Atmosphere, Wi-Fi, Shower, Wheelchair-accessible car park, Membership required, Children, Accessibility, Sauna, Good for kids, Planning

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