

F.i.t.t. By K - New Bedford

new bedford

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F.i.t.t. By K - New Bedford

Discover F.I.T.T. by K: New Bedford's Premier Fitness Center

F.I.T.T. by K, located in New Bedford, Massachusetts, is not just another fitness center; it's a vibrant community that champions women's empowerment through fitness. With an array of dynamic classes led by dedicated trainers, this gym has become a haven for those seeking a supportive and energizing workout environment.

Accessibility: A Commitment to Everyone

One of the standout features of F.I.T.T. by K is its **wheelchair-accessible car

park**. The facility prioritizes accessibility, ensuring that everyone can take advantage of the transformative power of fitness. Whether you're coming for a personal training session or joining a group class, you can enjoy a stress-free experience, knowing that the space is designed with inclusivity in mind.

A Variety of Classes to Keep You Engaged

At F.I.T.T. by K, monotony is simply not an option. Members praise the variety of classes offered, including strength training, reformer Pilates, trampoline workouts, booty strength, abs, and boxing. As one satisfied member noted, "Every class is different, so you never get bored." The energy brought by the trainers, particularly Kaitlin, enhances the experience, making each session fun and invigorating.

A Welcoming Community

The sense of camaraderie at F.I.T.T. by K is palpable. Many members have described the environment as welcoming and kind, where women feel empowered to challenge themselves. "You go at your own pace," one member shared, emphasizing that progress is about personal growth. This supportive atmosphere fosters relationships that extend beyond the gym, contributing to a holistic fitness journey.

Transformational Experiences

Joining F.I.T.T. by K is more than just signing up for a gym; it's about embarking on a transformational journey. As mentioned by long-term members, the gym provides not only physical changes but also boosts in confidence and mental well-being. "This place allows its members to achieve their goals and have a fantastic time," highlighted one user, showcasing the dual focus on fitness and personal development.

Encouraging Trainers Make All the Difference

Trainers like Kaitlin are frequently praised for their motivation and support. Newcomers often remark on the welcoming nature of the instructors and fellow members alike. One first-time attendee noted how "the vibes were immaculate" and felt compelled to sign up after just one session. Such encouragement makes the intimidating gym experience approachable and enjoyable.

Join the F.I.T.T. by K Experience

With a variety of classes, a commitment to accessibility, and a positive, judgment-free zone, F.I.T.T. by K is an excellent choice for anyone looking to enhance their fitness journey. Whether you're a seasoned athlete or just starting, this fitness center invites you to be part of a community that celebrates every achievement, big or small. In summary, if you're in the New Bedford area and seeking a fitness center that prioritizes accessibility and offers a diverse range of classes in a supportive environment, F.I.T.T. by K should be your top

choice. Join today and discover the empowering world of fitness!

The business is situated at

321 Dartmouth St, 02740 New Bedford, Massachusetts - United States (US)

We are open during the following hours:

Day Hours
Monday
5–9:30?AM
Tuesday
8–10?AM
Wednesday
Closed
Thursday
5?AM–8?PM
Friday
5?AM–8?PM
Saturday
5?AM–8?PM
Sunday
5?AM–8?PM

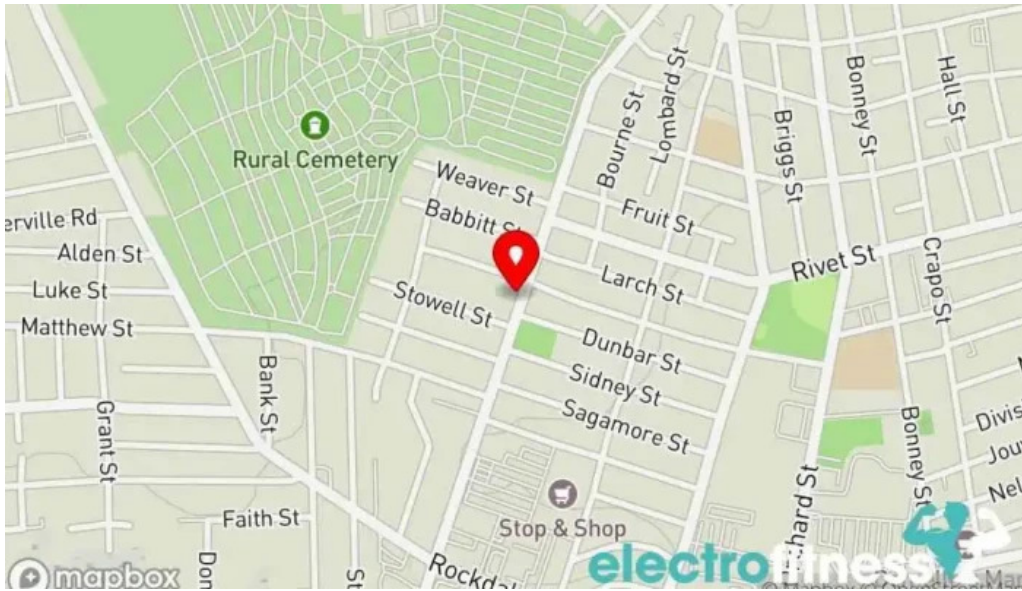
The website is [F.I.T.T. By K](#)

If you need to update any detail that you think is not correct about this site, we ask forward a message so we can we will handle it promptly. In advance thanks.

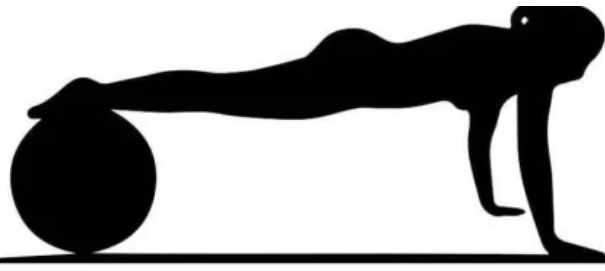
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Fitt by k map



F.I.T.T. BY K

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