

## Pine Brook Fitness - New Rochelle

new rochelle

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### *Pine Brook Fitness - New Rochelle*

## Discover Pine Brook Fitness: Your Ultimate Fitness Center in New Rochelle, New York

If you are searching for a comprehensive **fitness center** that caters to various needs and interests, look no further than **Pine Brook Fitness**. Located in New Rochelle, this facility offers a variety of classes and amenities suitable for all ages.

## Planning Your Visit

Pine Brook Fitness is an easy-to-reach **fitness center**, although GPS might be needed to find it. The facility provides ample parking, including a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring everyone can enjoy their fitness journey with ease.

## Offerings and Amenities

One of the highlights of Pine Brook Fitness is its exciting range of offerings. With classes like Zumba, rock climbing, and personalized workouts available, there is something for everyone. For families, there are special **Zumba classes for children**, making it a great place for **children** to stay active while having fun. The facility also features a **tennis court** and multiple gyms equipped with various fitness machinery, catering to all levels of experience. Whether you are looking for high-intensity cardio or a more relaxed exercise routine, Pine Brook Fitness has you covered.

## Accessibility and Comfort

In addition to its extensive list of amenities, Pine Brook Fitness prioritizes **accessibility**. The facility is designed to ensure that all members, including those with mobility challenges, can easily navigate the space. They have clean **toilets** and comfortable amenities throughout the center, including Wi-Fi for added convenience.

## Online Classes and Service Options

As part of its commitment to client satisfaction, Pine Brook Fitness also offers **online classes**, providing flexibility for those who prefer exercising from home or can't make it to the center. It is important to note that some classes may require an **appointment** to ensure personalized attention and optimal training experiences.

## Why Choose Pine Brook Fitness?

With dedicated staff and a vibrant community, Pine Brook Fitness stands out. Members rave about the fantastic instructors and the energy of the classes. Despite occasional management hiccups, the overall experience remains uplifting, making it a fantastic place for fitness enthusiasts of all kinds. Join Pine Brook Fitness today to enjoy an inclusive environment where fun, health, and community meet!

**The location of our business is in**

130 Rhodes St, 10801 New Rochelle, New York - United States (US)

The phone number of this **Fitness center** is +1914-636-1019

And if you want to send a WhatsApp, you can do so at +1914-636-1019

### **We are available at these times:**

Day Hours  
Monday

9?AM–8?PM

Tuesday

9?AM–10:30?PM

Wednesday

9?AM–10:30?PM

Thursday

9?AM–10:30?PM

Friday

9?AM–10:30?PM

Saturday

9?AM–10:30?PM

Sunday

9?AM–8?PM

The website is Pine Brook Fitness

If you require to update any information that you feel is not accurate regarding this portal, we ask send a message so that we will handle it quickly. Thanks beforehand thanks.

## **Images**

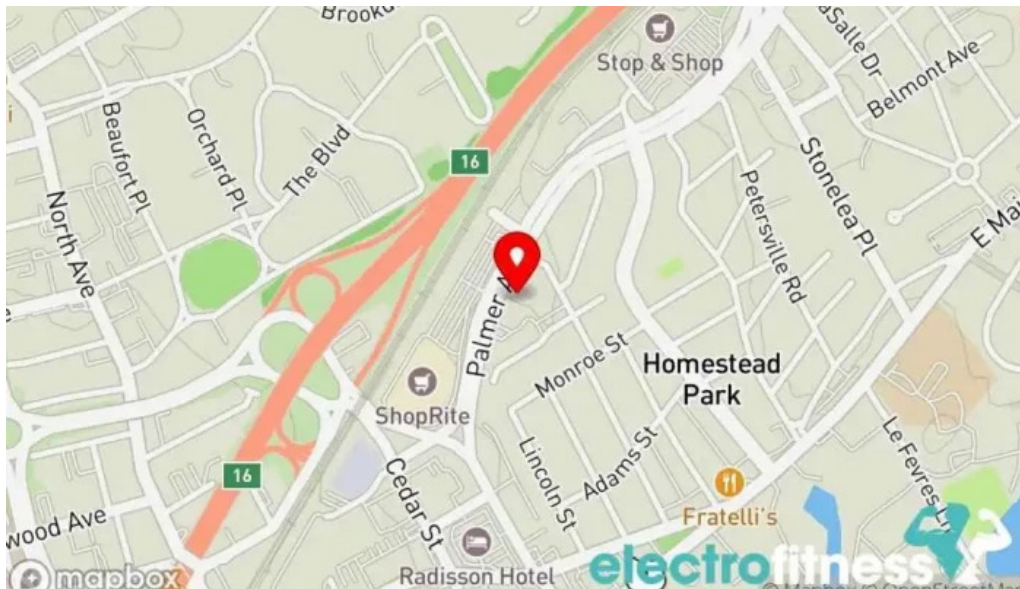


*Pine brook fitness street view 360deg*



*Pine brook fitness new rockhelle*





*Pine brook fitness map*



*Pine brook fitness gym*



**EVERYONE DANCES FOR FREE  
ON SUNDAY 5/26!!!!**

**SUNDAY'S @ 9AM  
THE STUDIOS AT  
PINE BROOK FITNESS  
130 RHODES STREET  
NEW ROCHELLE NY**

**\$15 PER CLASS  
5 CLASS PASS FOR \$55  
CLASSPASS STUDIO PARTNER**

*Pine brook fitness fitness center*



*Pine brook fitness by owner*



*Pine brook fitness all*

## Tags

*Wheelchair-accessible car park, Good for kids, Wi-Fi, Offerings, Appointment required, Children, Wheelchair-accessible entrance, Accessibility, Service options, Has a tennis court, Sauna, Toilet, Amenities, Planning, Online classes*

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**3.9 \*** *Onelife Fitness - Bethesda - Bethesda*

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**5.0 \*** *Vermont Sport & Fitness Club - Rutland*

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**4.3 \*** *The Edge Sports & Fitness - South Burlington*

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**3.8 \*** *Match Point Sports & Fitness - Griffith*

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**4.6 \*** *The Aspen Hill Club - Silver Spring*

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**4.2 \*** *Life Time - Tempe*

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**3.9 \*** *Life Time - Centennial*

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
disability services and support organization



disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group

medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club

sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization