

Stoneybrook East Fitness Center - Orlando

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Stoneybrook East Fitness Center - Orlando

Discover Stoneybrook East Fitness Center: A Hub for Families and Fitness Enthusiasts

Stoneybrook East Fitness Center, located in Orlando, Florida, is not just a gym; it's a vibrant community space designed for families and fitness lovers alike. This center is equipped with various ****amenities**** to cater to everyone's needs, making it an ideal destination for your fitness journey.

Family-Friendly Environment

One of the standout features of Stoneybrook East Fitness Center is its commitment to being ****good for kids****. The facility includes a ****clean park**** and a ****nice covered playground****, allowing children to have fun while parents work out. Moreover, this fitness center offers swim lessons, making it a great place to introduce your children to water safety and exercise.

Top-notch Facilities for Everyone

This fitness center boasts a variety of offerings that include a ****basketball court****, ****tennis courts****, and a ****huge swimming pool****. Whether you prefer playing sports or engaging in traditional workouts, there's something for everyone. The center is also equipped with modern weight training machines, free weights, treadmills, and ellipticals, ensuring that your fitness regime can be diverse and enjoyable.

Accessibility Features

Stoneybrook East Fitness Center is designed with ****accessibility**** in mind. It features a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that everyone can enjoy the facilities comfortably. This focus on accessibility demonstrates the center's commitment to inclusivity for all community members.

Membership and Community Engagement

A ****membership is required**** to access the Fitness Center, making it a community hub where residents can connect and support each other's fitness goals. Many members appreciate the friendly and professional staff, who create a welcoming atmosphere. Residents have voiced their satisfaction with the ****clean**** and ****well-maintained**** facilities, which reflect a strong sense of community pride.

Additional Amenities to Enhance Your Experience

In addition to the workout facilities, the center includes a ****sauna**** to help you relax and recover after intense workouts. There are also spaces available for events and family parties, making it a versatile venue for community gatherings. While some members have suggested adding more equipment, the current offerings are generally regarded as excellent for both casual and serious athletes.

Conclusion

Stoneybrook East Fitness Center is more than just a place to work out; it's a hub for community engagement, family activities, and health-oriented lifestyles. With its comprehensive amenities, focus on ****accessibility****, and commitment to cleanliness, it stands out as one of the best fitness centers in Orlando. Whether you're a resident or a guest, the fitness center promises an experience that combines exercise, leisure, and community spirit.

We are at

14351 Stoneybrook Blvd, 32828 Orlando, Florida - United States (US)

The contact line of the respective **Fitness center** is +1407-249-7010

And if you want to send a WhatsApp, you can do so at +1407-249-7010

Visit us during the following hours:

Day	Hours
Monday	9?AM–10?PM
Tuesday	9?AM–10?PM
Wednesday	9?AM–10?PM
Thursday	9?AM–10?PM
Friday	9?AM–10?PM
Saturday	9?AM–10?PM
Sunday	11?AM–9?PM

The website is Stoneybrook East Fitness Center

In case you want to adjust any information that you consider is not correct regarding this web, we kindly request send us a message so that we will correct it promptly. Thanks beforehand thank you very much.

Images



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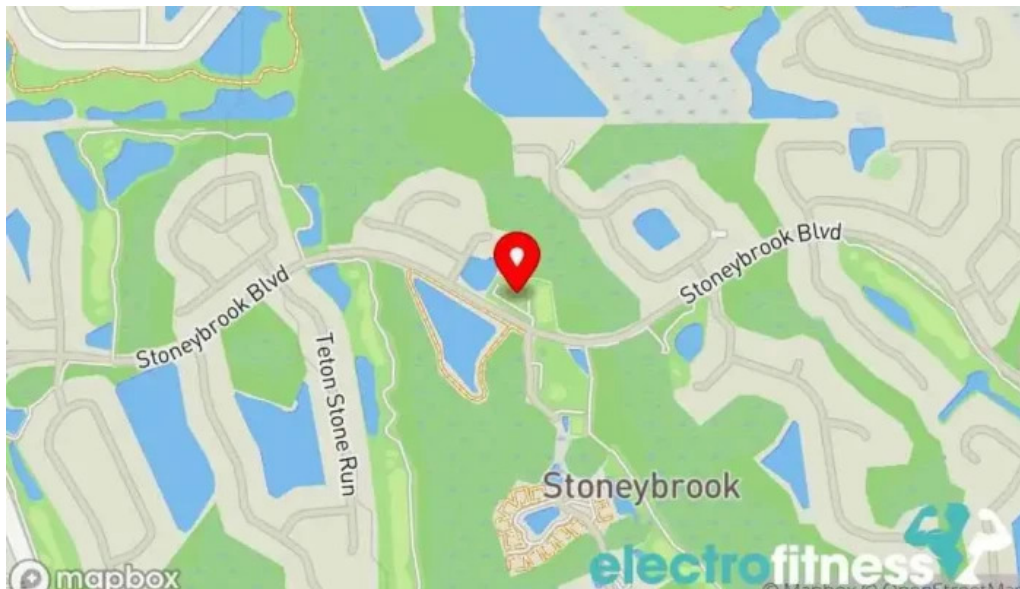
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Tags

Wheelchair-accessible entrance, Basketball court, Accessibility, Wheelchair-accessible car park, Has a tennis court, Planning, Good for kids, Children, Amenities, Membership required, Sauna

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