

## Pittsburgh Training & Fitness Center - Pittsburgh

pittsburgh

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## *Pittsburgh Training & Fitness Center - Pittsburgh*

### Discover Pittsburgh Training & Fitness Center

If you're searching for a welcoming and well-equipped gym in Pittsburgh, Pennsylvania, look no further than the **\*\*Pittsburgh Training & Fitness Center\*\***. This facility has garnered rave reviews from members for its friendly staff, cleanliness, and exceptional equipment.

### Accessibility Features

One of the standout features of Pittsburgh Training & Fitness is its commitment

to **accessibility**. The gym boasts a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can enjoy their fitness journey without barriers.

### **Amenities That Inspire**

Pittsburgh Training & Fitness Center is dedicated to providing an excellent experience for all members. The gym is equipped with a wide variety of machines, including cable machines, free weights, squat racks, and functional fitness equipment like echo bikes and ski ergs. Members often express excitement about the abundance of equipment available, stating, "If you can think it, they have it!" Moreover, the facility offers **Wi-Fi**, allowing you to stay connected while you work out or follow your favorite fitness routines online.

### **Personalized Training and Planning**

The center takes pride in its **personal training** services, with trainers like Chris helping clients meet their individual goals. Many members have shared stories of their progress and success since starting their personal training sessions, emphasizing how trainers listen to their needs and help structure effective **diet and exercise programs**.

### **Membership Requirements**

To access all these fantastic amenities and personalized training options, a **membership is required**. Whether you're a local looking for a regular spot to train or a visitor wanting to drop in, Pittsburgh Training & Fitness Center is perfect for anyone looking to start their fitness journey.

### **Conclusion: Your Fitness Journey Awaits**

With its clean environment, friendly atmosphere, and unmatched variety of equipment, the **Pittsburgh Training & Fitness Center** stands out as one of the best gyms in the area. Many members express their satisfaction, stating that it is the ideal place for both new and experienced gym-goers alike. If you're in Pittsburgh, visiting this fitness center might just be the step you need to transform your fitness routine.

### **Our location is in**

230 Alpha Dr, 15238 Pittsburgh, Pennsylvania - United States (US)

The contact line of the mentioned **Fitness center** is +1412-963-9000

And if you want to send a WhatsApp, you can do so at +1412-963-9000

### **Our opening hours are:**

Day Hours  
Monday  
4?AM–11?PM  
Tuesday  
4?AM–11?PM  
Wednesday  
4?AM–11?PM  
Thursday  
4?AM–11?PM  
Friday  
4?AM–11?PM  
Saturday  
4?AM–11?PM  
Sunday  
4?AM–11?PM

The website is [Pittsburgh Training & Fitness Center](#)

If you wish to alter any element that you feel is not correct related to this site, please send us a message so we can we will handle it quickly. In advance thank you very much.

## Images



*Pittsburgh training fitness center videos*

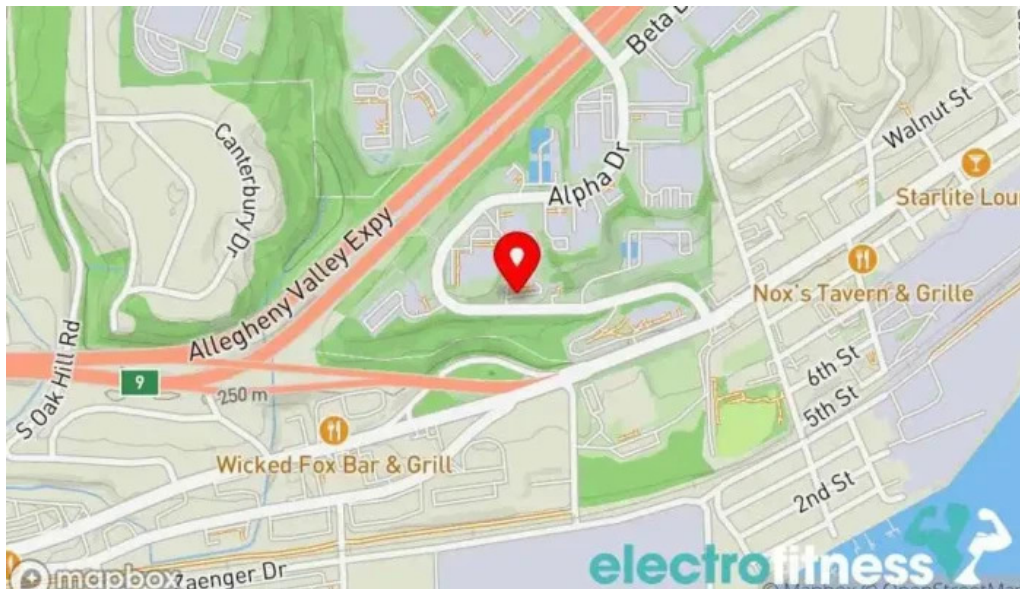




*Pittsburgh training fitness center street view 360deg*



*Pittsburgh training fitness center pittsburgh*



*Pittsburgh training fitness center map*



*Pittsburgh training fitness center gym*





*Pittsburgh training fitness center fitness center*



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## Tags

*Wheelchair-accessible car park, Membership required, Planning, Amenities, Accessibility, Wheelchair-accessible entrance, Wi-Fi*

## Related content

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**4.0 \*** *La Fitness - Pittsburgh*

4.4 *	Platinum Fitness Center - Pittsburgh
4.3 *	La Fitness - Pittsburgh
4.7 *	Anytime Fitness - Pittsburgh
4.1 *	La Fitness - Pittsburgh
4.7 *	Union Fitness - Pittsburgh
4.8 *	Exercise Warehouse - Pittsburgh

## Comments

<b>Johnny Hill</b>	09-05-25 06:48
<i>I must say, the fitness center is quite spanking clean and brand spanking new!</i>	

<b>Nicholas Patterson</b>	09-05-25 16:18
<i>I just registered yesterday. Let me tell you, the gym owner is a real top bloke and it's clear he's completely committed to his gym. The equipment here is truly top-notch, some of the best I've ever come across in any gym!</i>	

<b>Mark Reyes</b>	09-05-25 04:15
<i>The gym has a fantastic vibe with friendly owners, trainers, and gym-goers! It's always spotless, and the equipment is top-of-the-line, brand spanking new! They have everything you could ever need or want in a fitness center. If you're looking to kickstart a training program, chat with owner Chris - it'll transform your life! ??????????</i>	

<b>Louis Kelly</b>	09-05-25 18:08
<i>I must say, this gym is absolutely brilliant! The staff is incredibly friendly and supportive, and the gym is consistently spotless. The range of equipment is top-notch, and they are constantly updating their machines and enhancing the facility.</i>	
<i>I began my personal training sessions with Chris in November 2023, and the progress I've made since then is truly remarkable. He really took the time to understand my fitness goals and tailored a diet and exercise plan to help me achieve them. I cannot recommend Pittsburgh Training and Fitness Center enough to anyone in search of a fantastic gym experience.</i>	

## Categories

academic department
acupuncture clinic

after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy



fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park

parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school

tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization