

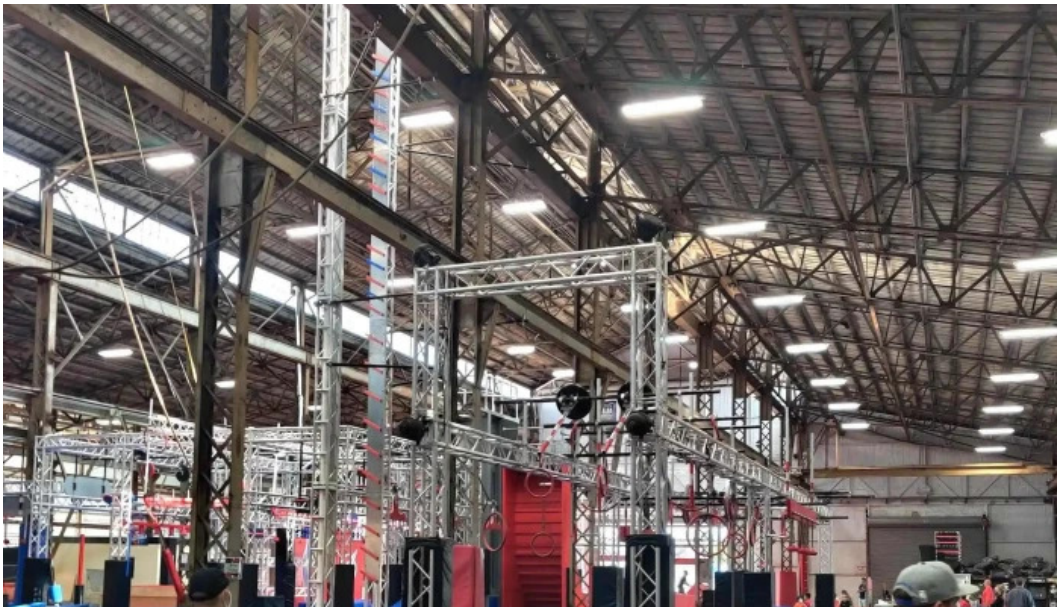
## Traverse Fitness - Richmond

richmond

I'm not a robot   
RECAPTCHA

Published on: 23/03/25	Hits: 544
Comments: 0	See comments
Votes: 68	Score: 4.9

[https://www.electrofitness.com/fitness-center/richmond/traverse-fitness-richmond\\_170052.php](https://www.electrofitness.com/fitness-center/richmond/traverse-fitness-richmond_170052.php)



*richmond*

### *Traverse Fitness - Richmond*

#### **Discover Traverse Fitness: The Ultimate Fitness Center in Richmond, California**

Traverse Fitness is a remarkable fitness center located in Richmond, California, known for its vibrant atmosphere and unique offerings. Designed to cater to both children and adults, Traverse Fitness provides an inclusive space for fitness enthusiasts of all ages. Here are some of the **\*\*highlights\*\*** that make this facility stand out:

#### **A Fun and Engaging Environment**

Traverse Fitness features an **ever-changing American Ninja Warrior course** that invites visitors of all skill levels to test their abilities. From young children to athletic adults, everyone can enjoy the adventure that this facility offers. Parents appreciate the **child care** options and the fact that it's a great place for kids to have fun while staying active.

### **Family-Friendly Amenities**

This fitness center boasts a variety of **amenities** designed to enhance the experience for every visitor. With **gender-neutral toilets** and **wheelchair-accessible entrances**, Traverse Fitness promotes inclusivity and accessibility for all. The **wheelchair-accessible car park** ensures ease of access for individuals with mobility challenges. Additionally, there are plenty of seating options throughout the facility, including picnic tables and couches, making it comfortable for parents who want to watch their kids while enjoying **free Wi-Fi**.

### **Flexible Service Options**

Traverse Fitness understands that flexibility is key. That's why they offer **online classes** that participants can join from home. For those who prefer in-person training, the gym has **open gym times** where coaches are readily available for support and advice. Whether you're signing up for a **small group class** or looking to drop in when it's convenient, Traverse offers various **service options** tailored to fit individual schedules.

### **Cost-Effective Parking Solutions**

Parking at Traverse Fitness is hassle-free, with a **free parking lot** available for visitors. Moreover, you can take advantage of **free of charge street parking** nearby. This makes visiting the facility easy and accessible, allowing everyone to focus on their fitness goals without worrying about parking costs.

### **Discounts for Active Military Families**

In recognition of those who serve, Traverse Fitness offers **active military discounts**, further demonstrating their commitment to the community. This thoughtful gesture extends the gym's welcoming atmosphere, making it an inclusive space for families from all walks of life.

### **Encouraging Atmosphere for All Ages**

Kids thrive at Traverse Fitness, thanks to the supportive environment fostered by the passionate coaching staff. The principles of **Positivity, Persistence, Professionalism, and Passion** are integrated into every class, helping to build self-esteem and confidence in young athletes. With exciting events like summer camps and school break camps, going to Traverse Fitness becomes a memorable experience for children.

### **Conclusion: Join the Traverse Community**

With its impressive range of offerings and commitment to inclusivity, Traverse Fitness is undoubtedly one of the best fitness centers in Richmond, California. From its **\*\*outstanding services\*\*** to its family-friendly environment, it empowers visitors to pursue their fitness aspirations in a supportive and engaging space. Whether you're looking to train like a Ninja or simply have fun with your family, Traverse Fitness has something for everyone!

**We are established at**

1 W Barrett Ave, 94801 Richmond, California - United States (US)

The phone of this **Fitness center** is +1818-900-9663

And if you want to send a WhatsApp, you can do so at +1818-900-9663

**Visit us during the following hours:**

- Day Hours
- Monday  
4–8:30?PM
- Tuesday  
4–8:30?PM
- Wednesday  
10?AM–6?PM
- Thursday  
10?AM–6?PM
- Friday  
4–8:30?PM
- Saturday  
4–8:30?PM
- Sunday  
4–8:30?PM

The website is Traverse Fitness

If you require to modify any information that you think is incorrect regarding this page, we ask forward a message and we will handle it at the earliest convenience. Thanks beforehand thank you very much.

**Images**



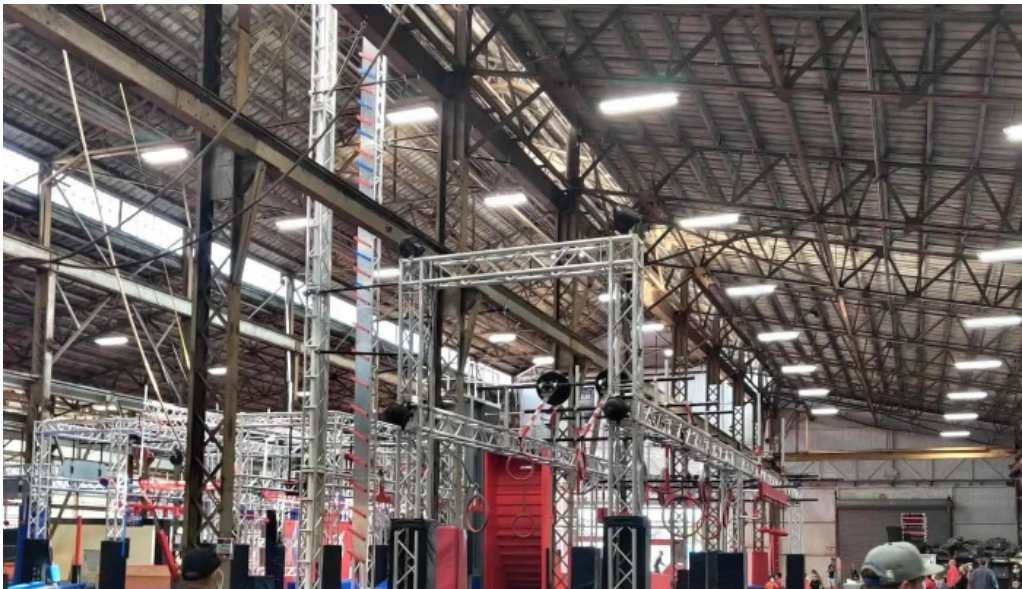
*Traverse fitness where*



*Traverse fitness videos*



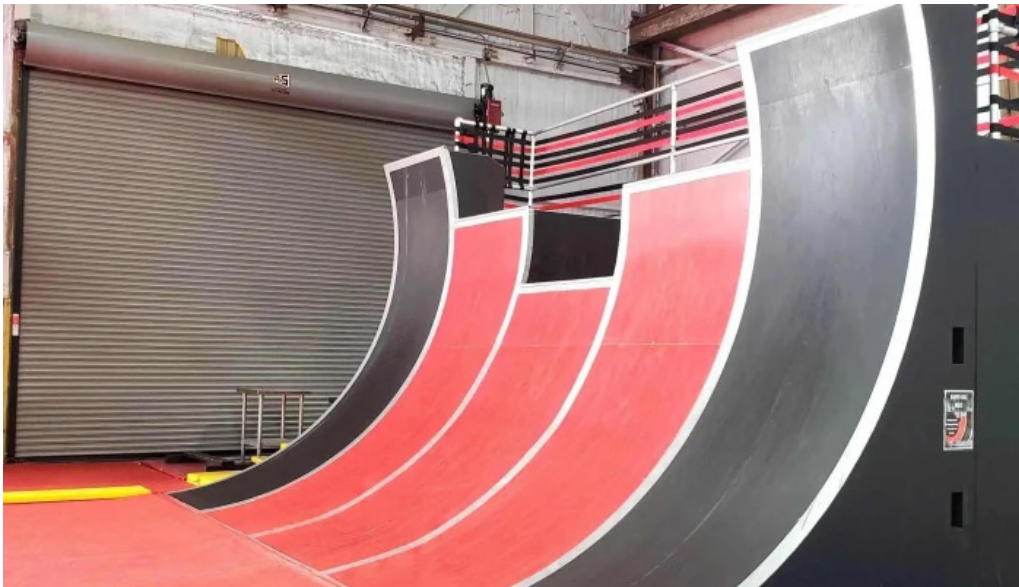
*Traverse fitness street view 360deg*



*Traverse fitness richmond*



*Traverse fitness reviews*



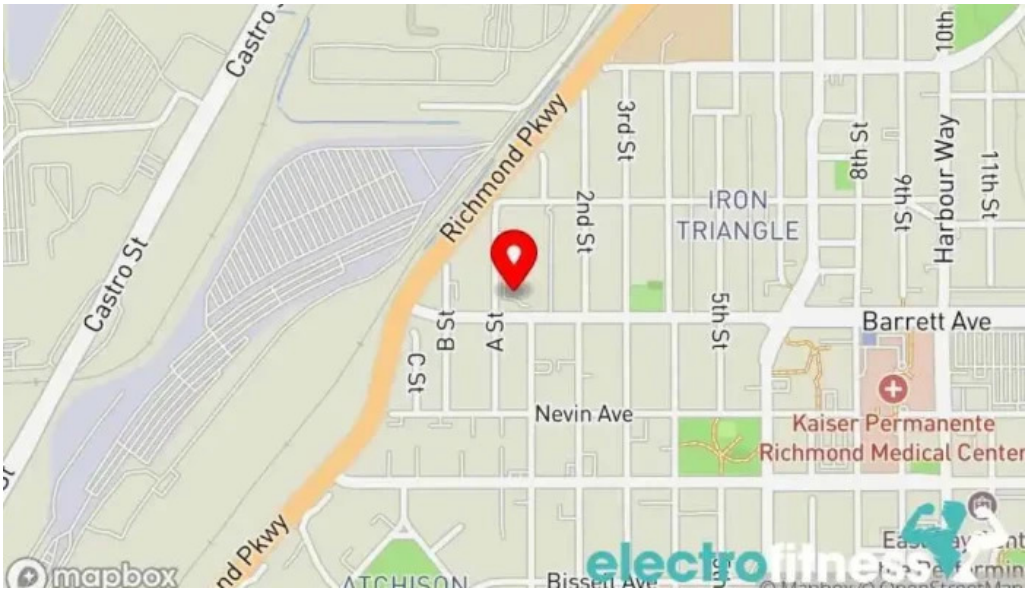
*Traverse fitness promotion*



*Traverse fitness prices*



*Traverse fitness photos*

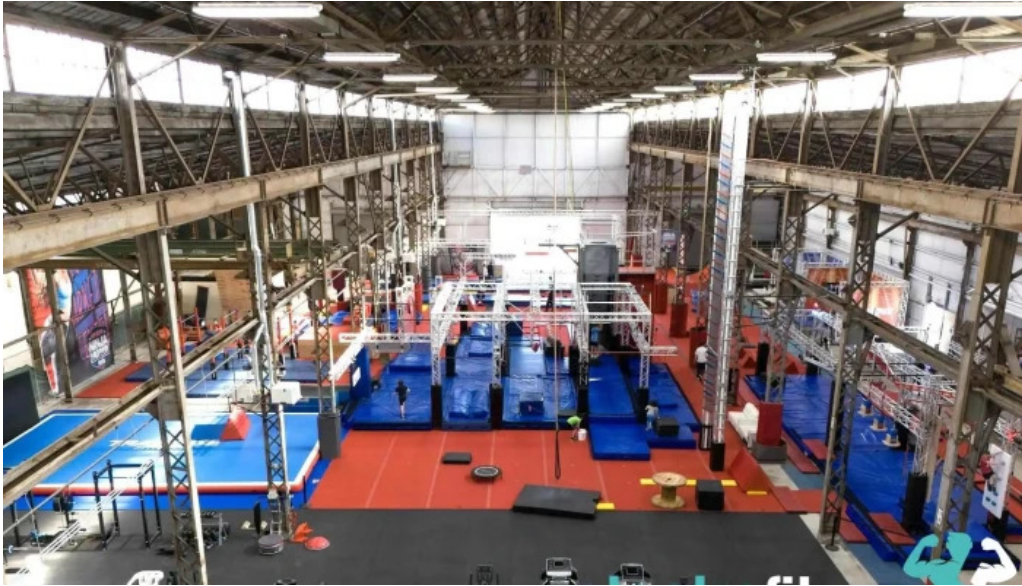


*Traverse fitness map*

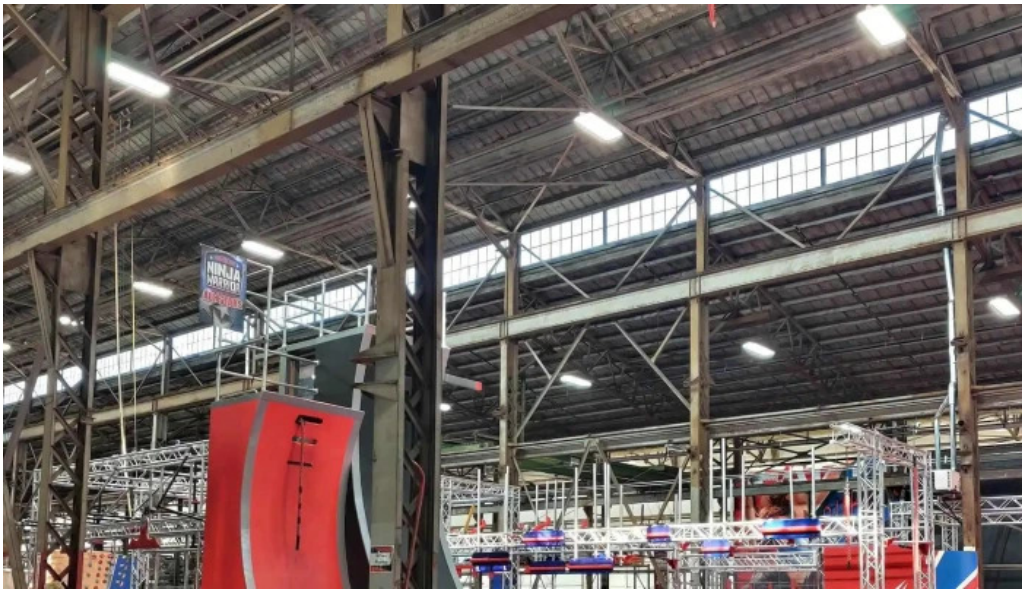


*Traverse fitness how to get there*

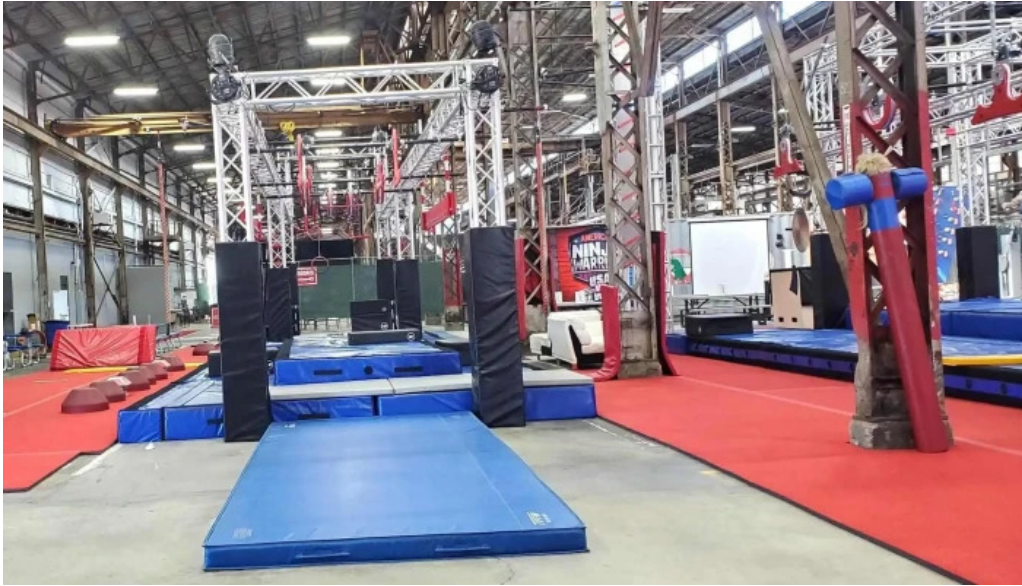




*Traverse fitness gym*



*Traverse fitness fitness center*



*Traverse fitness catalog*



*Traverse fitness by owner*



*Traverse fitness all*

## Tags

*Wheelchair-accessible entrance, Free parking lot, Accessibility, Highlights, Amenities, Active military discounts, Free of charge street parking, Wheelchair-accessible toilet, Parking, Children, Toilet, Online classes, Gender-neutral toilets, Wheelchair-accessible car park, Service options, On-site services, Good for kids, Child care*

## Related content

---

4.4 \* *Planet Fitness - Richmond*

---

4.7 \* *Family FitnessWorks - Richmond*

---

4.2 \* *Spenga - Valparaiso*

---

4.8 \* *Maxim Gym Kickboxing and Fitness - Hobart*

---

4.8 \* *Lakeland Fitness & Golf Llc - Woodruff*

---

4.8 \* *MainStreet Commons - Absarokee*

---

5.0 \* *Hotworx - Southern Pines, Nc - Southern Pines*

---

3.7 \* *Portage Township Ymca - Portage*

---

4.9 \* *Arc Fitness - Indianapolis*

---

4.7 \* *Wild River Fitness - Osceola*

## Categories

amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boxing gym
boxing ring
church
coffee shop
community center
convenience store
country club
dollar store
elementary school
exercise equipment store
fitness center
golf club
grocery store
gym
gymnastics center
hair salon
health consultant
hospital
hotel
indoor cycling
jujitsu school
karate school
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
non-profit organization
park
personal trainer
physical fitness program
physical therapy clinic
pilates studio
public educational institution
recreation center

rock climbing gym
school district office
self defense school
shooting range
sports club
sports complex
sports medicine clinic
sports school
tennis club
thrift store
vitamin & supplements store
wellness center
yoga studio