

Time to Rise Fitness - Shillington

shillington

☐ I'm not a robot
 

Published on: 10/05/25	Hits: 320
Comments: 1	See comments
Votes: 40	Score: 4.9

https://www.electrofitness.com/fitness-center/shillington/time-to-rise-fitness-shillington_286618.php



shillington

Time to Rise Fitness - Shillington

Discover Time to Rise Fitness: The Premier Fitness Center in Shillington, Pennsylvania

If you're looking for a top-notch fitness center that caters to all workout styles, ****Time to Rise Fitness**** in Shillington is the place to be. With its impressive variety of equipment and welcoming environment, this gym stands out as one of the best options in the Reading, PA area.

Accessibility at Time to Rise Fitness

One of the key features of Time to Rise Fitness is its commitment to

****accessibility****. The gym boasts a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that everyone can enjoy their fitness journey without barriers. This thoughtful planning makes it an inclusive space where all members can thrive.

A Gym That Meets All Your Needs

Visitors praise Time to Rise Fitness for its quality equipment and clean, spacious facilities. Whether you're into bodybuilding or powerlifting, the gym provides various platforms, Olympic lifting gear, and even turf areas for functional training. Many have noted how the atmosphere is both friendly and motivating, making it an excellent choice for newcomers and seasoned gym-goers alike.

Membership Required for a Personalized Experience

While a ****membership is required****, many agree that it's worth every penny. Members often describe Time to Rise Fitness as their "home away from home." The supportive community created by staff and fellow gym members fosters an environment of encouragement and camaraderie. Whether you're hitting the weights or joining a group fitness class, you'll feel right at home.

Why Choose Time to Rise Fitness?

Here are some reasons why Time to Rise Fitness is the preferred choice for many in the area:

- ****Quality Equipment****: Members appreciate the variety and condition of the equipment available, including unique items like climbing ropes and powerlifting plates.
- ****Welcoming Atmosphere****: The friendly staff and encouraging community make workouts enjoyable and effective.
- ****Clean and Spacious Facilities****: With well-maintained bathrooms and changing areas, members can focus on their workouts without distractions.
- ****Diverse Workout Areas****: From bodybuilding to hybrid CrossFit/plyo rooms, there's something for everyone at this gym.

In summary, if you're serious about fitness and seeking a place that provides a great atmosphere, comprehensive equipment, and a community vibe, look no further than Time to Rise Fitness in Shillington, Pennsylvania. With its accessibility features and welcoming spirit, it's the gym you've been searching for!

We are at

6525 Shillington Plaza, 19607 Shillington, Pennsylvania - United States (US)

The phone of the respective **Fitness center** is +1610-406-5572

And if you want to send a WhatsApp, you can do so at +1610-406-5572

Our business hours are:

Day Hours
Monday
4?AM–10?PM
Tuesday
4?AM–10?PM
Wednesday
4?AM–10?PM
Thursday
4?AM–10?PM
Friday
4?AM–9?PM
Saturday
6?AM–7?PM
Sunday
7?AM–7?PM

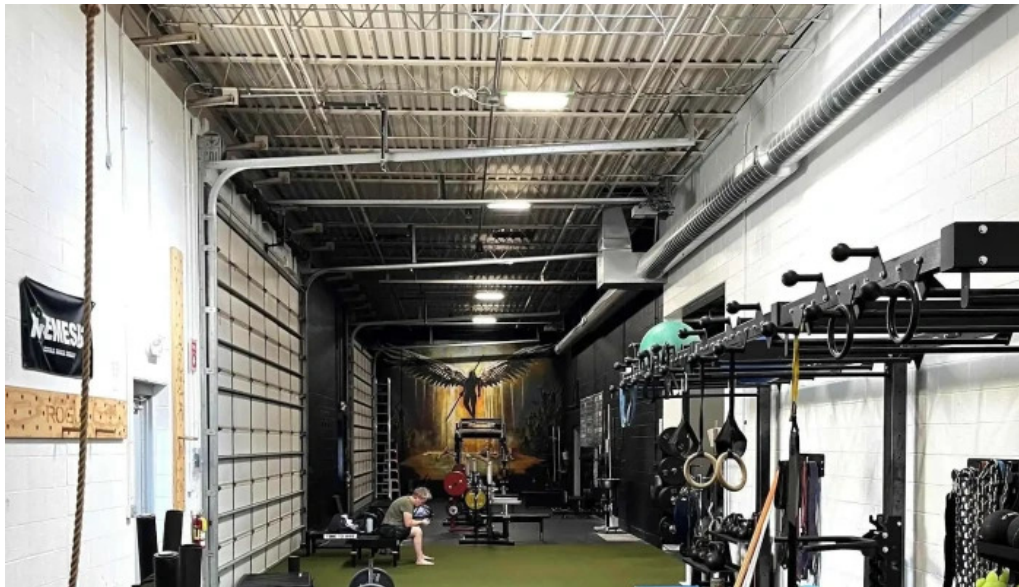
The website is [Time to Rise Fitness](#)

If you wish to update any data that you believe is not precise regarding this portal, please forward a message and we will fix it promptly. With anticipation we appreciate it.

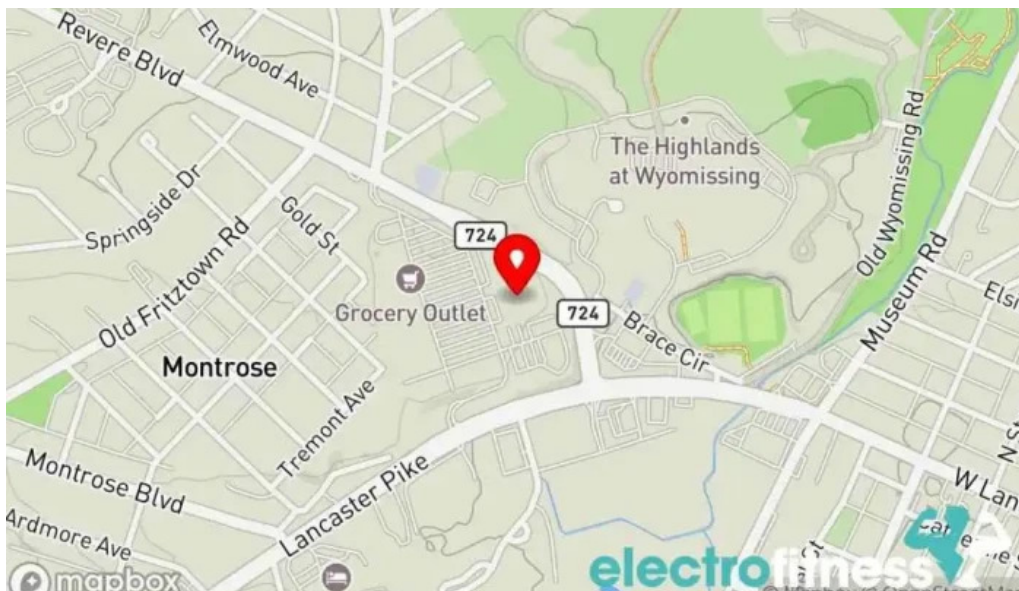
Images



Time to rise fitness shillington



Time to rise fitness number



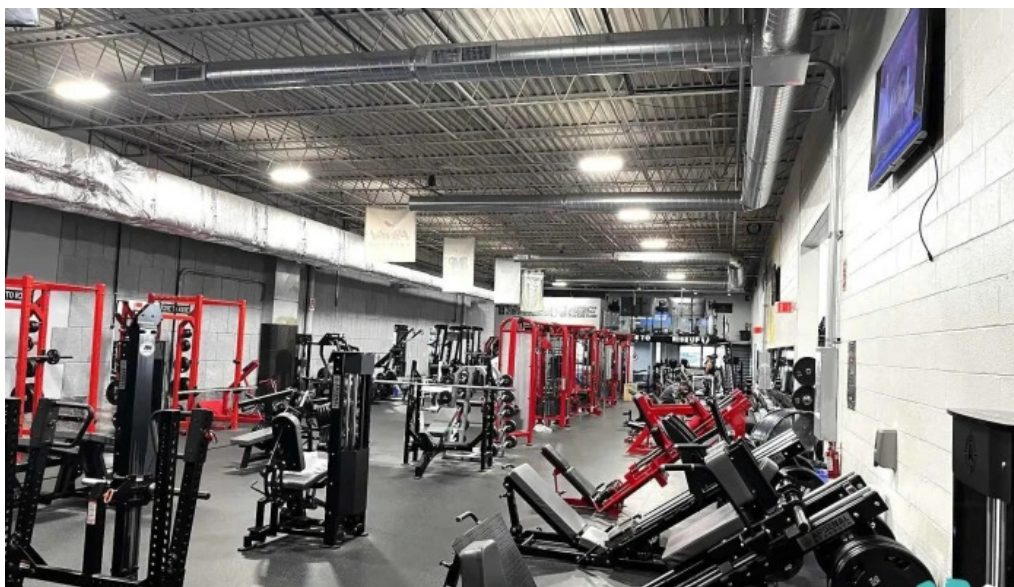
Time to rise fitness map



Time to rise fitness gym



Time to rise fitness fitness center



Time to rise fitness all

Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Planning, Accessibility, Membership required

Related content

4.5 * *Rise Bodyworks - Alameda*

4.4 * *Planet Fitness - Shillington*

5.0 * *I Rise Fitness - Acton*

5.0 * *Rise Fitness - Akron*

3.7 * *Life Time - Framingham*

4.5 * *Gym Time - Alabaster*

4.0 * *Life Time - Broomfield*

3.8 * *Life Time - Dallas*

4.2 * *Life Time - Tempe*

3.9 * *Life Time - Westminster*

Comments

Diane Hernandez

10-05-25 08:55

This gym is a real gem! The atmosphere is so welcoming, and the trainers really know their stuff. The equipment may not be top of the line, but it gets the job done just fine. It's definitely the perfect spot to break a sweat and get your workout in!

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
counselor
country club
coworking space
cultural center
dance company

dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist

medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist

sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization