

## Altitude Sport Performance - Sonora

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## Altitude Sport Performance - Sonora

### Altitude Sport Performance: A Unique Fitness Center in Sonora, California

Altitude Sport Performance stands out as a premier fitness center in Sonora, California, offering tailored training programs for individuals of all ages and skill levels. With a focus on accessibility and personal growth, this gym provides an inclusive environment that encourages everyone to reach their fitness goals.

#### Accessibility Features

The fitness center prioritizes accessibility with features such as a **\*\*wheelchair-accessible car park\*\*** and a **\*\*wheelchair-accessible entrance\*\***.

This ensures that all individuals, regardless of mobility challenges, can easily access the facilities and benefit from the exceptional training services offered.

## **Expert Coaching and Personalized Training**

One of the standout aspects of Altitude Sport Performance is the incredible coaching provided by Chris, an experienced personal trainer. Clients have praised him for his extensive knowledge and ability to tailor workouts that meet individual needs. As one client noted, "I've been working out for 30 years and I've never come across anyone more knowledgeable than Chris." This level of expertise is invaluable, especially for those recovering from injuries or looking to enhance their performance.

## **Aging and Athletic Development**

Chris's coaching extends to various age groups—from competitive sports kids as young as 12 to college athletes. His ability to adapt programs accordingly makes him a sought-after trainer in the field. One satisfied client remarked, "If you want results, reach out to Chris," highlighting the effectiveness of his personalized approach.

## **A Community Focused on Growth**

At Altitude Sport Performance, the atmosphere is supportive and encouraging. Chris and his crew are described as amazing certified athletic trainers who are dedicated to helping each person achieve their goals. Whether you are a young athlete striving to excel in sports or an adult focusing on personal fitness aspirations, this gym cultivates a community of improvement and motivation.

## **Conclusion**

In summary, Altitude Sport Performance is not just a gym; it's a transformative space for individuals looking to enhance their physical capabilities in an accessible environment. With expert trainers like Chris leading the way, achieving your fitness goals has never been more attainable. If you are in Sonora, California, and seeking a unique personal training experience, Altitude Sport Performance is the place to be.

## **You will find us at**

132 N Washington St, 95370 Sonora, California - United States (US)

The phone number of this **Fitness center** is +1209-352-6822

And if you want to send a WhatsApp, you can do so at +1209-352-6822

The website is Altitude Sport Performance

If you wish to alter any detail that you believe is not precise about this web, we ask send

us a message and we will correct it as soon as possible. Thanks beforehand we appreciate it.

## Images

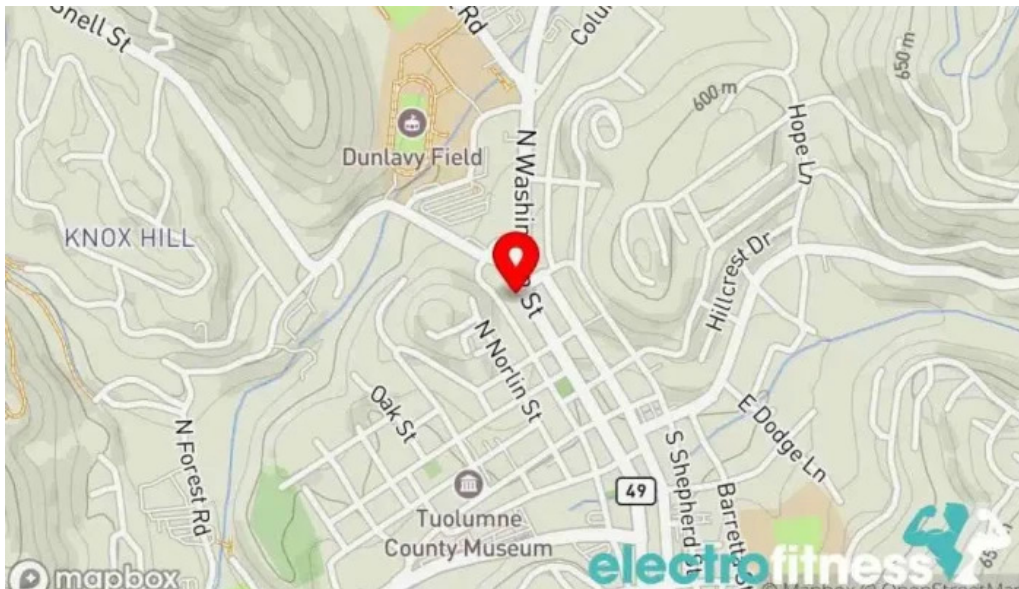


*Altitude sport performance street view 360deg*



*Altitude sport performance sonora*





*Altitude sport performance map*



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## Tags

*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

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## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service

chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club

gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot



parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
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social club
software company
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spa and health club
sporting goods store
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sports massage therapist
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sports school
summer camp organizer

supermarket
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swimming instructor
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taekwondo school
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thrift store
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water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
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yoga instructor
yoga studio
youth center
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