

Southern Pines CrossFit - Southern Pines

southern pines

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Exploring Southern Pines CrossFit: A Comprehensive Guide

Southern Pines CrossFit in Southern Pines, North Carolina, is not just another fitness center; it's a community-focused facility designed to cater to a diverse range of individuals.

Accessibility Features

One of the standout features of Southern Pines CrossFit is its ****wheelchair-accessible entrance****. This commitment to ****accessibility****

ensures that everyone can participate in their fitness journey. Additionally, they offer a **wheelchair-accessible car park**, making it convenient for those with mobility challenges.

Inclusive Environment

Southern Pines CrossFit prides itself on being a **transgender safe space** and **LGBTQ+ friendly**. The inclusive atmosphere creates a welcoming environment for all patrons, ensuring a sense of belonging for everyone.

Services Offered

The fitness center provides a variety of **outdoor services**, allowing members to enjoy workouts in a natural setting. For families, the center is also **good for kids**, offering **child care** services so parents can focus on their fitness goals while their children are taken care of.

Parking and Accessibility

In terms of **parking**, Southern Pines CrossFit offers **free of charge street parking** along with a **free parking lot**, making it easy for members to visit without the stress of finding a spot.

On-Site Amenities

The facility also boasts various **on-site services** such as high-speed **Wi-Fi**, ensuring that members can stay connected before or after their workouts.

Membership Requirements

While a **membership is required** to access the full range of amenities and services, the investment is worthwhile for those looking to join a supportive fitness community.

Planning Your Visit

When planning your visit to Southern Pines CrossFit, consider the crowd. The center attracts a vibrant community of fitness enthusiasts, so check the schedule for peak times and plan accordingly. In conclusion, Southern Pines CrossFit is a unique fitness center that caters to the needs of all individuals, ensuring accessibility, inclusivity, and a supportive environment for a healthier lifestyle.

The location of our premises is

610 S Bennett St, 28387 Southern Pines, North Carolina - United States (US)

We look forward to seeing you at:

Day Hours

Monday

12-2PM

Tuesday

5AM-7:30PM

Wednesday

5AM-7:30PM

Thursday

5AM-7:30PM

Friday

5AM-7:30PM

Saturday

5AM-7:30PM

Sunday

8AM-11:30PM

The website is [Southern Pines CrossFit](#)

If you require to update any information that you think is not precise about this page, we ask send a message so we can we will handle it as soon as possible. In advance thanks for your cooperation.

Images



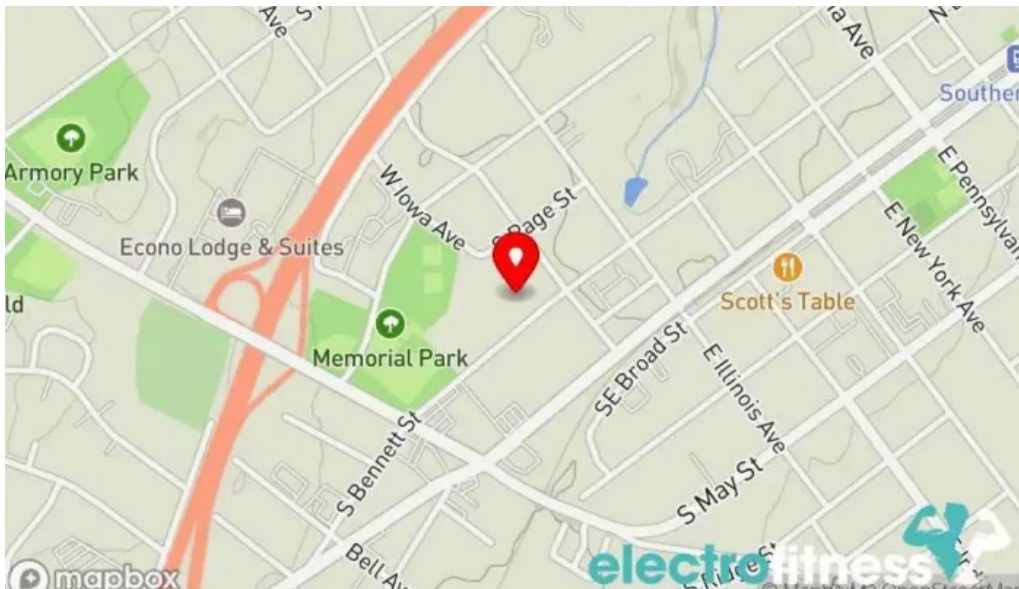
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Tags

Outdoor services, Good for kids, Wi-Fi, Planning, Crowd, Children, Wheelchair-accessible car park, Parking, Transgender safe space, Free parking lot, Child care, Free of charge street parking, LGBTQ+ friendly, Service options, Amenities, Wheelchair-accessible entrance, Accessibility, On-site services, Membership required

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