

## TruFit Gym Southern Pines - Southern Pines

southern pines

I'm not a robot   
reCAPTCHA

Published on: 06/03/25	Hits: 1984
Comments: 0	See comments
Votes: 248	Score: 4.1

[https://www.electrofitness.com/fitness-center/southern-pines/trufit-gym-southern-pines-southern-pines\\_157618.php](https://www.electrofitness.com/fitness-center/southern-pines/trufit-gym-southern-pines-southern-pines_157618.php)



*southern pines*

## *TruFit Gym Southern Pines - Southern Pines*

### **TruFit Gym Southern Pines: A Comprehensive Overview**

#### **Accessibility**

TruFit Gym Southern Pines stands out for its **\*\*wheelchair-accessible entrance\*\***, making it a welcoming environment for all members of the community. The gym is designed with accessibility in mind, ensuring that everyone can enjoy their workout experience.

## **Atmosphere**

The **atmosphere** at TruFit Gym is both motivating and friendly. With a focus on community and support, members often find themselves inspired to achieve their fitness goals in this positive environment.

## **Amenities**

TruFit Gym offers a variety of **amenities** that enhance the gym experience. These include a fully-equipped workout area, cardio machines, and free weights, as well as a relaxing **sauna** for post-workout recovery.

## **Shower Facilities**

For those who need to freshen up after their workouts, TruFit Gym provides clean and spacious **shower** facilities. This convenience is particularly appreciated by members who visit the gym during their busy schedules.

## **Wi-Fi Availability**

Members can take advantage of the complimentary **Wi-Fi** offered throughout the gym. This feature allows for a connected workout experience, whether streaming workout videos or staying in touch with friends.

## **Planning for Families**

TruFit Gym is also **good for kids**, offering **child care** services that allow parents to focus on their fitness without worrying about their children's safety. The gym's family-friendly planning makes it an ideal destination for parents looking to stay active.

## **Membership Requirements**

A **membership is required** to access the full range of services at TruFit Gym. Prospective members can choose from various membership options tailored to their individual needs and preferences.

## **Parking Accessibility**

The gym features a **wheelchair-accessible car park** that ensures convenient access for all members. This thoughtful accommodation reflects TruFit's commitment to inclusivity. In conclusion, TruFit Gym Southern Pines is a prime choice for individuals and families seeking a supportive fitness community with ample amenities and accessibility features. Whether you are planning a workout or looking to enroll your children in child care, this gym meets a variety of needs while promoting a healthy lifestyle.

## **Our premises are located at**

*120 W Morganton Rd, 28387 Southern Pines, North Carolina - United States (US)*

The phone of said **Fitness center** is +1910-693-1400

And if you want to send a WhatsApp, you can do so at [+1910-693-1400](https://www.whatsapp.com/business/profile/19106931400)

## Our service hours are:

Day Hours  
Monday  
11?AM–5?PM  
Tuesday  
5?AM–10?PM  
Wednesday  
5?AM–10?PM  
Thursday  
5?AM–10?PM  
Friday  
5?AM–10?PM  
Saturday  
5?AM–8?PM  
Sunday  
7?AM–5?PM

The website is [TruFit Gym Southern Pines](https://www.trufitgym.com/southern-pines)

If you wish to update any element that you believe is not precise concerning this portal, we ask send a message so that we will adjust it as soon as possible. Thanks beforehand we appreciate it.

## Images

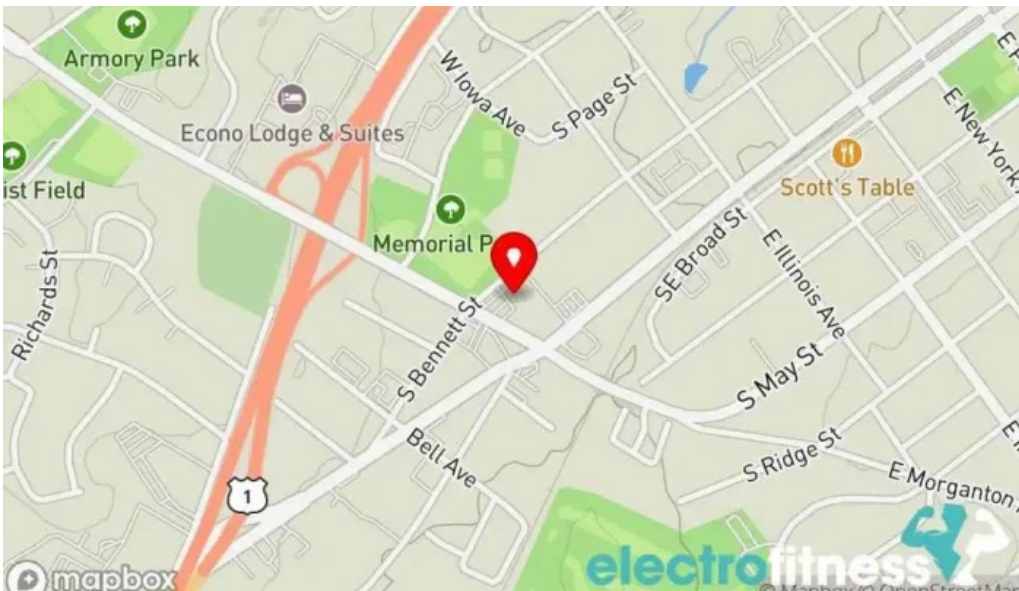


*Trufit gym southern pines street view 360*





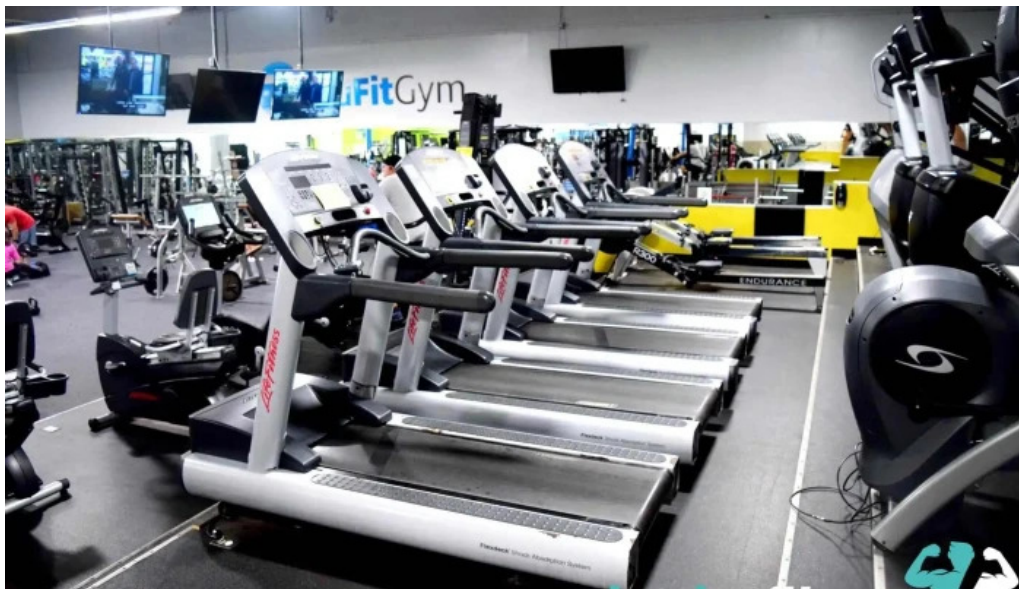
*TruFit gym southern pines southern pines*



*TruFit gym southern pines map*



*Trufit gym southern pines gym*



*Trufit gym southern pines by owner*



*TruFit gym southern pines all*

## Tags

*Children, Accessibility, Wheelchair-accessible car park, Shower, Wi-Fi, Sauna, Planning, Wheelchair-accessible entrance, Membership required, Child care, Good for kids, Amenities, Atmosphere*

## Related content

- 5.0 \* *Swla Tumble & Cheer - Abbeville*
- 5.0 \* *Perfectly You Fitness - Abbeville*
- 4.5 \* *City of Abbeville Gymnasium - Abbeville*
- 5.0 \* *Vermilion Crossfit - Abbeville*
- 4.9 \* *Verse CrossFit - Abbeville*
- 5.0 \* *All In Academy - Abbeville*
- 4.8 \* *Abbeville Health & Fitness - Abbeville*
- 5.0 \* *CrossFit Cayenne - Abbeville*
- 4.7 \* *Snap Fitness Abbeville - Abbeville*
- 4.7 \* *K.a.k. Fitness - Abbeville*

## Categories

community center
convenience store
country club
dollar store
elementary school
fitness center
grocery store
gym
gymnastics center
hotel
martial arts school
personal trainer
physical fitness program
physical therapy clinic
public educational institution
rock climbing gym
school district office
shooting range
sports complex
thrift store
vitamin & supplements store
yoga studio