

Electro Fitness: Best Electro Fitness

## **Spincity - Spokane**

spokane



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spokane

# Spincity - Spokane

# Welcome to Fitness Center SpinCity in Spokane, Washington!

If you're searching for an invigorating fitness experience, look no further than \*\*SpinCity\*\*. This vibrant fitness center is more than just a place to work out; it's a community that welcomes individuals of all fitness levels.

# **Accessibility and Convenience**

One of the standout features of SpinCity is its \*\*wheelchair-accessible car park\*\*, ensuring that everyone can participate in the exciting world of spin classes. The convenient location makes it easy for members to fit a workout into

their busy schedules.

### **Enthusiastic Instructors and Empowering Atmosphere**

At SpinCity, you're not just another face in the crowd. Members rave about the \*\*incredibly enthusiastic and empowering group of instructors\*\* who make every class enjoyable and motivating. The owner often greets attendees personally, fostering a warm and inviting environment.

#### A Unique Experience for All

SpinCity has something for everyone. A couple shared their contrasting experiences, highlighting how the flashy lights, loud music, and dark atmosphere appealed to her love for spin classes. Meanwhile, he, a newcomer to spinning, enjoys the cardio challenge and the ability to control resistance while adding fun arm motions during workouts.

## **Small Classes, Big Impact**

The studio's setup for smaller class sizes enhances the experience, allowing for personalized attention, especially beneficial for those attending their first class. The \*\*challenging yet rewarding classes\*\* ensure you get a great workout without feeling overwhelmed.

### **Fun and Encouraging Community**

What truly sets SpinCity apart is its community. Members consistently describe the atmosphere as \*\*fun and encouraging\*\*. Whether you're a beginner or a seasoned athlete, the supportive environment empowers everyone to push their limits. Many users report having a blast while working out, hardly noticing the effort due to the engaging setup.

## Why Choose SpinCity?

With awesome music, energetic staff, and a welcoming vibe, SpinCity is the perfect place to mix fun with fitness. As one happy member noted, "It really is a crazy good time!" Whether you're looking to join a class or just want to check out the facilities, SpinCity is highly recommended. In conclusion, SpinCity is not just another gym; it's a community of like-minded individuals dedicated to fitness, fun, and inclusivity. Don't miss out on the chance to become part of this incredible fitness journey!

#### The premises are located at

1215 N Monroe St, 99201 Spokane, Washington - United States (US)

The phone of the respective **Fitness center** is <u>+1509-919-4824</u> And if you want to send a WhatsApp, you can do so at<u>+1509-919-4824</u>

## Our public attention hours are:

Day Hours Monday

5:15-7?AM 6:30-7:30?PM

Tuesday

5:15-7?AM 6-7?PM

Wednesday

5:15-7?AM 6-7?PM

Thursday

9-11?AM

Friday 10:13-11:15?AM

Saturday

5:15-7?AM 6-7?PM

Sunday

5:15-7?AM 6-7?PM

#### The website is SPINCITY

If you need to adjust any element that you think is incorrect related to this site, we kindly request send us a message so that we will fix it quickly. Thank you in advance thanks.

# **Images**



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Spincity map



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# **Tags**

Wheelchair-accessible car park, Accessibility

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dance school
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rock climbing gym
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sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket

swimming facility
swimming instructor
swimming school
tennis club
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training centre
vitamin & supplements store
weight loss service
weightlifting area
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wellness program
women's personal trainer
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