

## The Union Studios West - Spokane

spokane

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## *The Union Studios West - Spokane*

### **The Union Studios West: A Women-Owned Fitness Center in Spokane, Washington**

The Union Studios West has quickly established itself as a premier fitness center in Spokane, Washington, known for its welcoming atmosphere and an array of on-site services. This women-owned establishment not only focuses on fitness but also emphasizes accessibility and comfort for all its members.

#### **Accessibility and Amenities**

One of the standout features of The Union is its commitment to accessibility.

The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey. Furthermore, patrons will appreciate the inclusion of **gender-neutral toilets** and **showers**, making it a comfortable space for all individuals regardless of gender identity. Parking is often a concern in busy areas, but The Union offers **paid street parking** nearby, providing easy access for those visiting. Although some guests have noted that parking can be tight, the overall convenience of the location makes it worth the visit.

## **Atmosphere and Community Vibes**

Walking into The Union Studios West, you'll immediately feel the positive energy that fills the air. Guests frequently praise the vibrant atmosphere that encourages motivation and camaraderie among members. One visitor mentioned, "I have felt so welcomed there since day 1," highlighting the friendly staff that includes dedicated instructors who foster a sense of community. From lively spin classes led by instructors like Scott, who is celebrated for his **great energy and vibes**, to the calming yoga sessions, each class is designed to cater to various fitness levels while maintaining a supportive environment. The music, lighting, and ambiance contribute to a unique experience that keeps members coming back.

## **Class Variety and Options**

The Union Studios West offers a plethora of **service options**, featuring TRX, SPIN, Total Body Conditioning (TBC), and MAT STRENGTH classes. One enthusiastic member noted, "Incredible variety of classes and instructors!" With such a diverse schedule, there's something for everyone, whether you're a seasoned athlete or just starting your fitness journey. While some feedback suggests adjusting class timings to minimize noise disruptions between yoga and spin sessions, many still express a strong desire to return. The variety of classes keeps the workouts fresh and exciting, making it a perfect place for anyone looking to break a sweat.

## **Why Choose The Union Studios West?**

Choosing The Union Studios West means prioritizing both personal health and community engagement. The emphasis on clean facilities and adherence to safety guidelines further enhances the overall experience. Whether you're celebrating a special occasion with a private class or simply looking to improve your fitness routine, this fitness center has something to offer. In summary, The Union Studios West stands out as more than just a fitness center—it's a community hub where individuals can thrive, thanks to its exceptional amenities, accessibility features, and nurturing atmosphere. So if you find yourself in Spokane, don't miss the opportunity to experience all that The Union has to offer!

## The business is situated at

1309 W 1st Ave, 99201 Spokane, Washington - United States (US)

The contact phone of said **Fitness center** is +1509-838-7625

And if you want to send a WhatsApp, you can do so at +1509-838-7625

The website is The Union Studios West

If you require to change any data that you consider is not correct regarding this site, please send a message so we can we will adjust it promptly. In advance thank you very much.

## Images



*The union studios west videos*

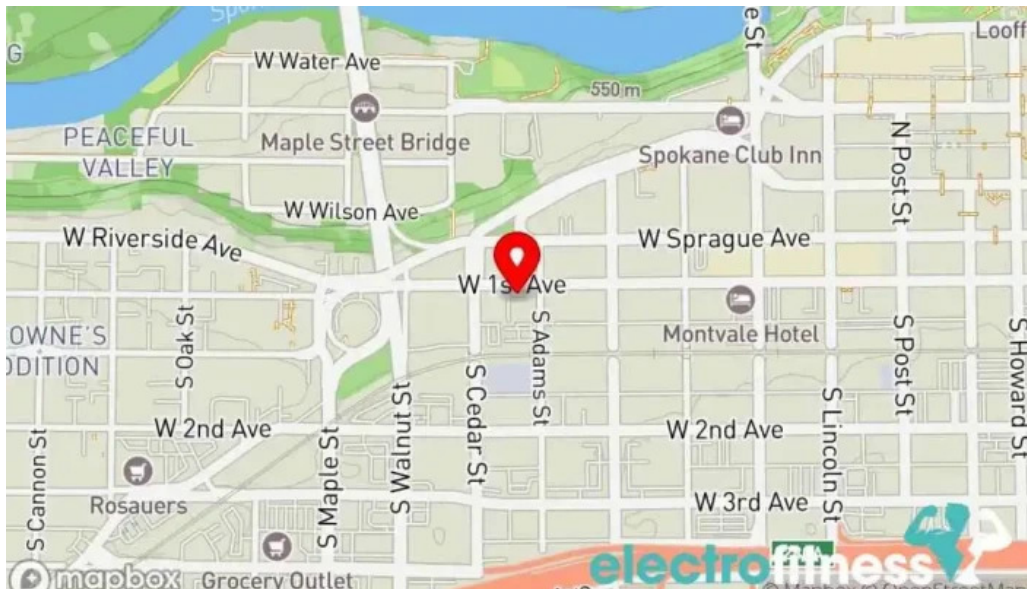


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## Tags

*Service options, Toilet, Wheelchair-accessible entrance, Paid street parking, Amenities, From the business, Wheelchair-accessible car park, On-site services, Identifies as women-owned, Parking, Shower, Gender-neutral toilets, Accessibility, Atmosphere*

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nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
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