

Alex Bales Strength & Wellness - Valparaiso

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Alex Bales Strength & Wellness - Valparaiso

Welcome to Alex Bales Strength & Wellness

Located in the heart of Valparaiso, Indiana, **Alex Bales Strength & Wellness** is committed to providing a comprehensive fitness experience for everyone. Our center is designed with accessibility in mind, ensuring that all individuals, regardless of their physical abilities, can achieve their fitness goals.

Accessibility Features

At Alex Bales Strength & Wellness, we pride ourselves on offering a variety of **accessibility** features:

Wheelchair-accessible car park: Our parking area is designed to accommodate individuals with mobility challenges, making it easy to access our facilities. **Wheelchair-accessible entrance:** The entrance to our fitness center is equipped with ramps and appropriate door widths to ensure a smooth entry for all members.

Why Choose Us?

Our mission is to create an inclusive environment where everyone feels welcome. We not only focus on physical strength but also on overall wellness. Join us at **Alex Bales Strength & Wellness** and take advantage of our accessibility features while working towards your personal fitness goals.

Get Started Today

Visit us in Valparaiso, Indiana, and experience a fitness center that prioritizes **accessibility** and inclusivity. Together, let's make fitness achievable for everyone!

Our business is found at

1155 Marsh St suite a, 46385 Valparaiso, Indiana - United States (US)

The contact phone of the respective **Fitness center** is +1219-999-2055
And if you want to send a WhatsApp, you can do so at +1219-999-2055

Our public attention hours are:

Day Hours
Monday
7?AM–7?PM
Tuesday
7?AM–7?PM
Wednesday
7?AM–7?PM
Thursday
7?AM–7?PM
Friday
7?AM–7?PM
Saturday

8?AM–12?PM

Sunday

Closed

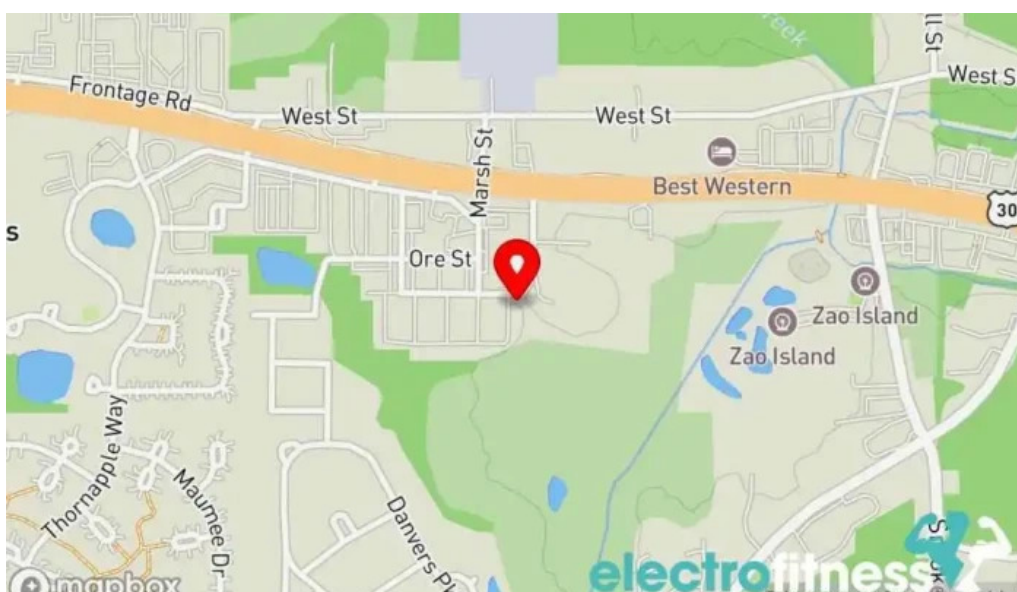
The website is [Alex Bales Strength & Wellness](#)

If you need to update any element that you think is not accurate regarding this page, we ask send us a message and we will fix it at the earliest convenience. In advance thanks.

Images



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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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