

## One More Gym - Valparaiso

valparaiso

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## *One More Gym - Valparaiso*

### **Welcome to One More Gym in Valparaiso, Indiana**

One More Gym is not just a fitness center; it is a community that promotes health and wellness for everyone. This **women-owned** business is dedicated to providing an inclusive environment where individuals can thrive.

### **Highlights of One More Gym**

Accessibility: One More Gym features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that all members can easily

access the facilities. Amenities: The gym offers various amenities such as a **swimming pool**, showers, and Wi-Fi to enhance your workout experience. Good for Kids: With specific programs designed for **children**, One More Gym is **good for kids** and encourages family fitness.

## **Membership and Services**

Membership is required to access the services, ensuring that we maintain a safe and organized environment for all members. One More Gym also offers **active military discounts** to support those who serve our country.

## **Planning Your Visit**

The **atmosphere** at One More Gym is welcoming and motivating, making it easier to achieve your fitness goals. You can enjoy the various **on-site services** that cater to different fitness levels and preferences.

## **Service Options**

Whether you're a beginner or an experienced athlete, One More Gym provides diverse **service options** to meet your needs. From group classes to personal training, there's something for everyone.

## **Conclusion**

One More Gym in Valparaiso, Indiana, is a perfect place to start or continue your fitness journey. With its focus on accessibility, family-friendly programs, and supportive atmosphere, it stands out as a premier fitness destination.

## **Our premises are located at**

*1805 E Lincolnway, 46383 Valparaiso, Indiana - United States (US)*

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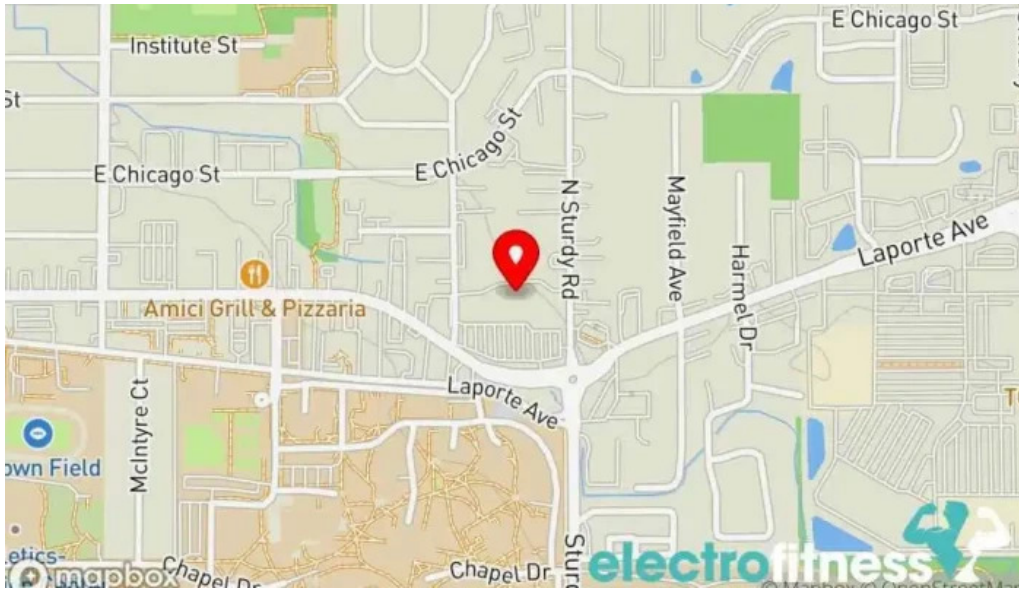
## **Images**



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## Tags

*Wi-Fi, On-site services, Wheelchair-accessible entrance, Service options, Shower, Atmosphere, Amenities, Highlights, Active military discounts, Accessibility, Children, From the business, Planning, Membership required, Good for kids, Wheelchair-accessible car park, Identifies as women-owned, Swimming pool*

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