

## Empower Lagree - Victorville

victorville

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victorville

### *Empower Lagree - Victorville*

#### **Discover Empower Lagree Fitness Center in Victorville, California**

If you're seeking a fitness center that combines challenge, community, and exceptional instruction, look no further than **Empower Lagree** in Victorville, California. This fitness gem is known for its dynamic workouts that push you to your limits while maintaining a supportive atmosphere.

#### **A Wheelchair-Accessible Fitness Experience**

At Empower Lagree, accessibility is a priority, offering a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**. This commitment ensures that everyone can enjoy the benefits of their fitness programs, making it an inclusive environment for all members of the community.

## **Why Choose Empower Lagree?**

The classes at Empower Lagree are designed to challenge you both mentally and physically. As one visitor noted, "Every workout is challenging and makes you want to keep coming back. I'm hooked!" Instructors like JT and Kristin use their energy and expertise to create engaging sessions that motivate you to meet your fitness goals.

## **Supportive Atmosphere**

The camaraderie among members and instructors sets Empower Lagree apart. As many have mentioned, the atmosphere is not only supportive but also fun. One member described it perfectly: "The good pain known as the shakes!" This highlights how the workouts, though intense, foster a sense of enjoyment and accomplishment.

## **Exceptional Instruction**

Empower Lagree boasts phenomenal instructors who provide personalized attention, ensuring that every participant gets the most out of each session. With descriptions like "fun," "bubbly," and "super cute," it's clear that the instructors bring more than just expertise; they bring enthusiasm and motivation.

## **Transform Your Fitness Journey**

Many clients have reported a significant transformation in both their physical ability and mental strength after joining. One enthusiast shared, "A whole other level of working out that also helps reduce all your usual aches and pains." This speaks to the effectiveness of the Lagree method—challenging yet rewarding.

## **Join the Empower Lagree Community**

If you want to elevate your fitness routine and be part of a welcoming community, come and experience Empower Lagree. With excellent accessibility features and a commitment to helping individuals achieve their health goals, you are sure to find a place where you can thrive. **Do yourself a favor and go get your shakes in!**

**The business is situated at**

12401 Hesperia Rd # 2, 92395 Victorville, California - United States (US)

## **We are open during the following hours:**

Day Hours  
Monday

5:45–7:15?AM 9:15–11:45?AM

Tuesday

8:30–9:45?AM

Wednesday

6–7:15?AM 7:45–9?AM 6:30–7:45?PM

Thursday

6–7:15?AM 7:45–9?AM 4:15–5:30?PM 7–8:15?PM

Friday

6–7:15?AM 7:45–9?AM 6:30–7:45?PM

Saturday

6–7:15?AM 7:45–9?AM 4:15–5:30?PM

Sunday

6–7:15?AM 7:45–9?AM

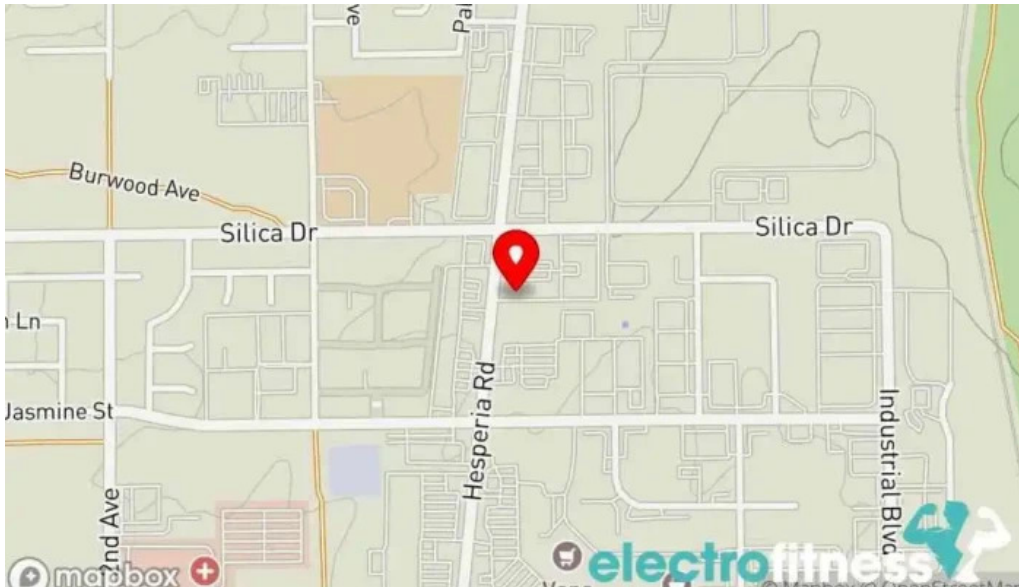
The website is [Empower Lagree](#)

If you wish to update any data that you consider is incorrect concerning this page, we urge you to forward a message so that we will adjust it quickly. In advance thanks.

## **Images**



*Empower lagree victorville*



*Empower lagree map*



*Empower lagree fitness center*



*Empower lagree by owner*



*Empower lagree all*

## Tags

*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

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**4.7 \*** [Bold Lagree Fitness Studio - Walnut Creek](#)

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**5.0 \*** [Tone Fitness Studio - Meridian](#)

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| <b>5.0 *</b> | <i>Swty Studios - Lafayette</i>                      |
| <b>5.0 *</b> | <i>Studio Ex Cycle &amp; Group Fitness - Hyannis</i> |
| <b>5.0 *</b> | <i>Hyperthrive Athletics Texas - Abilene</i>         |
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## Categories

|                            |
|----------------------------|
| academic department        |
| acupuncture clinic         |
| amusement park ride        |
| animal feed store          |
| arena                      |
| association / organization |
| athletic club              |
| auditorium                 |
| bar                        |
| basketball club            |
| body shaping class         |
| boot camp                  |
| boxing club                |
| boxing gym                 |
| boxing ring                |
| children's party service   |
| chiropractor               |
| church                     |
| club                       |
| coffee shop                |
| community center           |
| convenience store          |
| counselor                  |
| country club               |
| coworking space            |
| dance school               |
| day spa                    |
| dollar store               |
| elementary school          |



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| exercise equipment store       |
| firearms academy               |
| fitness                        |
| fitness center                 |
| golf club                      |
| golf course                    |
| golf instructor                |
| grocery store                  |
| gym                            |
| gymnastics center              |
| hair salon                     |
| health consultant              |
| health food restaurant         |
| health spa                     |
| hiking area                    |
| hospital                       |
| hotel                          |
| indoor cycling                 |
| jujitsu school                 |
| karate club                    |
| karate school                  |
| kennel                         |
| kickboxing school              |
| kinesiologist                  |
| kinesiotherapist               |
| martial arts club              |
| martial arts school            |
| massage therapist              |
| meditation center              |
| non-profit organization        |
| nutritionist                   |
| park                           |
| personal trainer               |
| pharmacy                       |
| physical fitness program       |
| physical therapist             |
| physical therapy clinic        |
| pickleball court               |
| pilates studio                 |
| private golf course            |
| public educational institution |
| recreation center              |

|                             |
|-----------------------------|
| rehabilitation center       |
| rock climbing gym           |
| school district office      |
| self defense school         |
| shooting range              |
| shopping mall               |
| spa                         |
| spa and health club         |
| sporting goods store        |
| sports club                 |
| sports complex              |
| sports medicine clinic      |
| sports school               |
| summer camp organizer       |
| supermarket                 |
| swimming instructor         |
| swimming school             |
| tennis club                 |
| thrift store                |
| training centre             |
| vitamin & supplements store |
| weight loss service         |
| weightlifting area          |
| wellness center             |
| wellness program            |
| women's personal trainer    |
| yoga instructor             |
| yoga studio                 |
| youth organization          |