

Sugarbush Health & Recreation Center (SHaRC) - Warren

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Sugarbush Health & Recreation Center (SHaRC) - Warren

Discover the Sugarbush Health & Recreation Center (SHaRC) in Warren, Vermont

The ****Sugarbush Health & Recreation Center (SHaRC)**** is a hidden gem nestled in the picturesque town of Warren, Vermont. This fitness center offers a diverse range of amenities that cater to the entire family, making it a perfect spot for relaxation and recreation after outdoor adventures.

A Wealth of Amenities

At SHaRC, you will find an impressive selection of amenities designed to keep your body active and refreshed. The center boasts a spacious **gym**, multiple **class studios**, and a variety of indoor and outdoor pools, including heated hot tubs. The facility features a **sauna** and a **steam room**, ideal for unwinding after a long day on the slopes. Notably, there are also **basketball** and **tennis courts**, along with specialized areas for **pickleball**, **squash**, and **raquetball**.

Family-Friendly Atmosphere

SHaRC is not just for adults; it's also **good for kids**! With a dedicated **adventure zone** and swimming lessons available, children can enjoy a fun-filled day while parents take advantage of the adult-only amenities. However, be mindful that the indoor pool can become crowded due to school swim programs and kids' activities.

Planning Your Visit

To fully enjoy what SHaRC has to offer, some **planning** is essential. An **appointment may be required** for certain services such as massages and classes. While a **membership is required** for frequent visitors, day passes are available for those looking to experience the facilities without a long-term commitment.

Accessibility and Inclusivity

The center is committed to **accessibility**, featuring a **wheelchair-accessible car park** and entrance. Although there are some stairs leading to the locker rooms, staff members are always on hand to assist anyone needing help. This dedication to service ensures that everyone feels welcome at SHaRC.

On-Site Services

In addition to fitness facilities, guests can also enjoy **on-site services** like massage therapy. Many reviews highlight the quality of massages provided by skilled therapists, which is the perfect way to relax after an intense day of skiing or other outdoor activities.

Final Thoughts

Despite facing some criticism regarding the aging infrastructure, the **atmosphere** at Sugarbush Health & Recreation Center remains vibrant and friendly. Visitors appreciate the welcoming staff, cleanliness, and the range of activities available. For a **relaxing spa experience** or an invigorating workout, SHaRC stands out as a prime destination in Warren, Vermont. If you're seeking a place that combines fitness, fun, and family-friendly services, look no further than the Sugarbush Health & Recreation Center.

You can visit us at the address:

148 Sports Center Dr, 05674 Warren, Vermont - United States (US)

The contact line of said **Fitness center** is +1802-583-6700

And if you want to send a WhatsApp, you can do so at +1802-583-6700

Visit us during the following hours:

Day Hours
Monday
8?AM–7?PM
Tuesday
8?AM–5?PM
Wednesday
7?AM–7?PM
Thursday
7?AM–7?PM
Friday
7?AM–7?PM
Saturday
7?AM–7?PM
Sunday
7?AM–7?PM

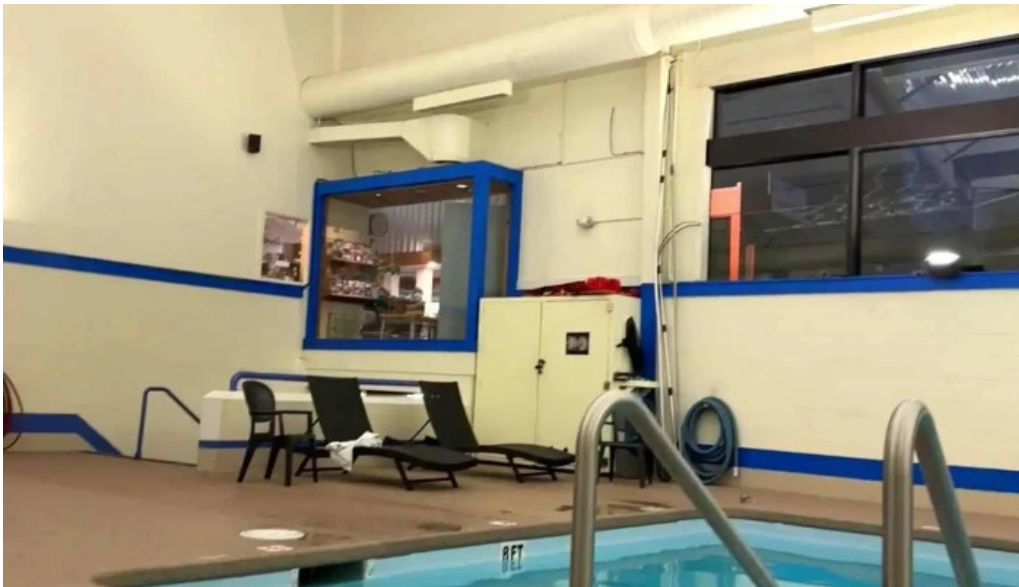
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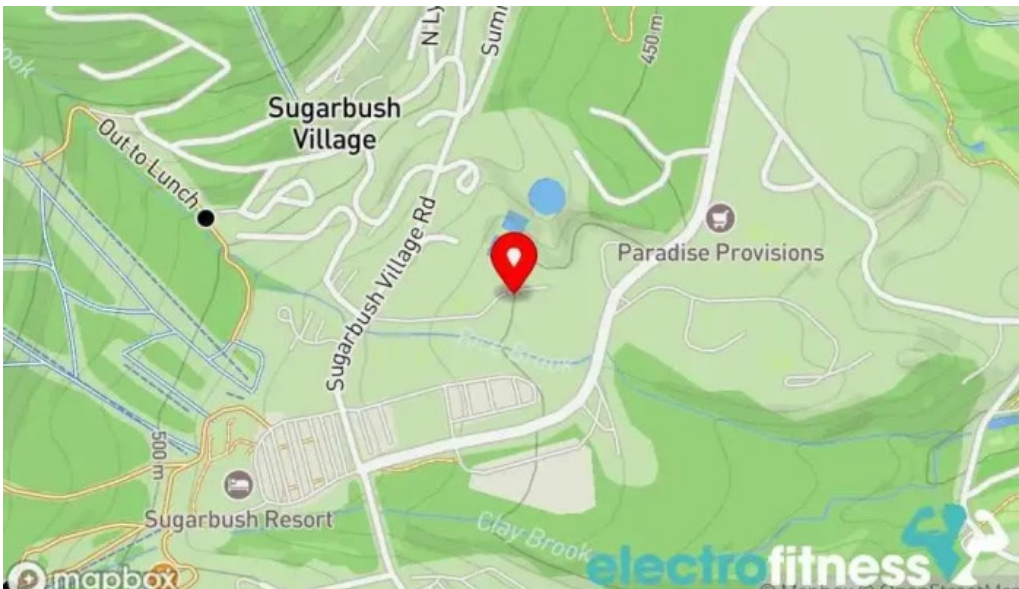
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Tags

Atmosphere, Appointment required, Children, Wheelchair-accessible entrance, Good for kids, Planning, Membership required, Accessibility, Has a tennis court, Wheelchair-accessible car park, Sauna, On-site services, Basketball court, Amenities, Shower, Service options

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