

Westford Regency Health Club - Westford

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Westford Regency Health Club - Westford

Welcome to Westford Regency Health Club in Westford, Massachusetts

The Westford Regency Health Club is a community hub for fitness enthusiasts in Westford, offering various amenities and services designed to cater to all members. Whether you're planning a workout, looking to swim, or relax in the sauna, this facility provides a comprehensive fitness experience.

Amenities That Cater to Everyone

One of the standout features of the Westford Regency Health Club is its

extensive **amenities**. The club boasts a **swimming pool**, which is particularly appealing for families, as it offers designated family swim times. While some patrons have noted that the pool has been closed in the past, many still appreciate its presence when operational, especially with its saltwater feature that is gentler on the skin compared to traditional chlorine pools. For parents, the club is indeed **good for kids**, offering childcare services, which are both affordable and convenient, allowing parents to focus on their workouts without worrying about their children. However, it is essential to plan ahead since the class schedules can be more convenient when coordinated with childcare services.

Accessibility for All Members

The Westford Regency Health Club ensures that its facilities are inclusive. It features a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, making it easier for all community members to access the gym. However, feedback indicates that some areas, such as locker rooms, require more attention to cleanliness and maintenance.

Sauna Experience and Cleanliness

The **sauna** is meant to be a relaxing retreat after a vigorous workout. Unfortunately, reviews have pointed out cleanliness issues within the sauna and steam room, affecting the overall experience. Potential members should consider this aspect when planning their visit, especially if they prioritize hygiene.

Membership Insights

While a **membership is required** to enjoy the various benefits of the health club, the pricing has raised some concerns among long-time members. With recent price increases, some feel that the value may not match the cost, especially considering the aging equipment and facility maintenance issues highlighted in reviews. Many members value the classes, personal training, and the overall atmosphere, so it's worth evaluating the offerings before committing.

Conclusion

In conclusion, the Westford Regency Health Club offers a range of amenities and programs suited for various fitness levels and needs. While there are areas needing improvement, particularly concerning cleanliness and equipment updates, it remains a vital part of the Westford fitness community. If you're looking for a place that caters to both physical fitness and family needs, it might just be worth a visit.

We are located at

Westford REGENCY, 219 Littleton Rd, 01886 Westford, Massachusetts - United States
(US)

The phone of the mentioned **Fitness center** is +1978-850-4931

And if you want to send a WhatsApp, you can do so at +1978-850-4931

You can visit us at the following hours:

Day Hours
Monday
5?AM–9?PM
Tuesday
5?AM–9?PM
Wednesday
7?AM–4?PM
Thursday
7?AM–4?PM
Friday
5?AM–9?PM
Saturday
5?AM–9?PM
Sunday
5?AM–9?PM

The website is Westford Regency Health Club

If you wish to update any data that you believe is not precise regarding this web, we ask forward a message so that we will handle it quickly. With anticipation we appreciate it.

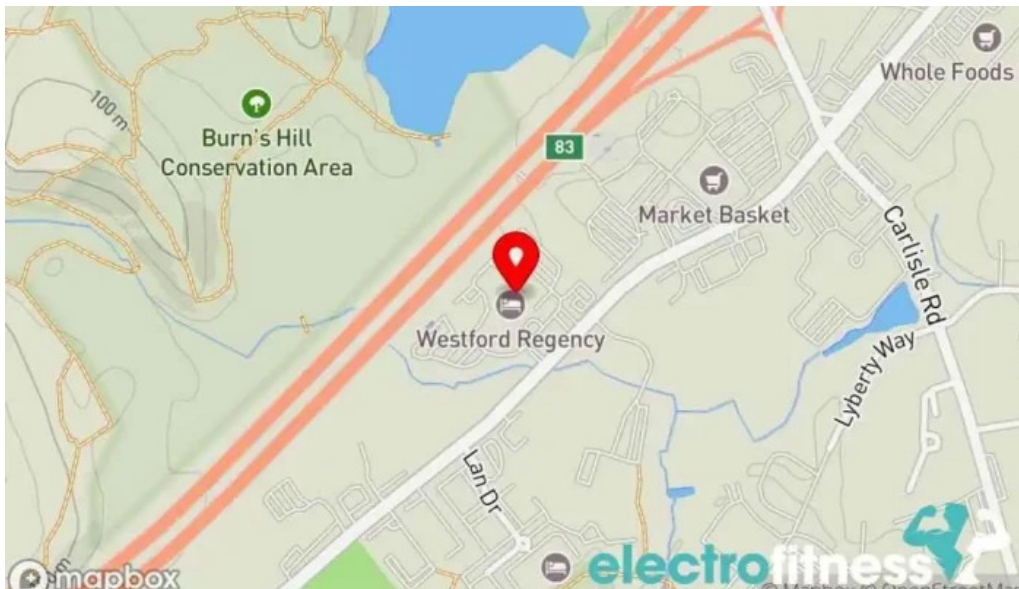
Images



Westford regency health club westford



Westford regency health club street view 360deg



Westford regency health club map

8 AM Yo Bob	8 AM Yoga Christa	8 AM Yoga Tara	8:30-9:00 Step Express Angela	8 AM Weight Lift Andy	8:00 AM Barre Kathy	
9:15 AM Weight Lift Christa	9:15 Step Combo Angela	9:15 ZUM-POP Sally	9:15 Strong Angela	9:15 Yoga Bob	9:15 Step Combo Angela	9:00 Zumba Jin
					10:30 Zumba/Yoga Jing/ Bob	
					Jing 12/17, 12/28 Bob 12/17, 12/21	→ Katy
5:30 PM Bootcamp Andy	5:30 Barre Katy	5:30 Step Combo Angela	5:30 Bootcamp Angela	5:30 PM Zumba Toning Jing		
6:30 PM Slow Flow Yoga Karen	6:30 PM ZUM-POP Amanda		6:30 Yoga Bob			

Westford regency health club fitness center



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Tags

Sauna, Planning, Accessibility, Wheelchair-accessible car park, Swimming pool, Amenities, Good for kids, Children, Wheelchair-accessible entrance, Membership required

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gymnastics center
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health spa
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